

105SC SENTINEL



CHILDHOOD CANCER SEPTEMBER

Is your Club raising awareness or holding an event to offer funds to help children affected by cancer? If so, please contact Lion Paula Thorpe at

childhood.cancer
@lions105sc.org.uk



Guernsey president Lion Rob Holder at the commissioning of one of six Adult Talking Benches sponsored by the Guernsey Lions

With this edition:

☀️ A four page supplement to celebrate Wokingham Lions' Golden Anniversary

☀️ A Youth Exchange - a supplement showing the experiences involved with International Youth Exchange



The International Association of Lions Clubs

District 105SC

District Governor 2024 - 2025 ♦ Lion Sandra Manktelow

✉️ dg@lions105sc.org.uk ♦ www.lions105sc.org.uk



“Serving with Respect and Compassion”

SEPTEMBER 2024 EDITION

The DG's Leader...

"Make your mark, serving with respect and compassion."



Dear Lions Family

I

am glad to say that our Editor is on the mend as we did miss our August Sentinel! It was lovely to celebrate Handover with several Lions and to finally become a 'fully fledged' District Governor. My thanks to all officers who served last year, and I am looking forward to working with the incoming officers this year.

I had the privilege to send off £66 to the District Governor and Partner's two-year Children's Hospice Charity – my thanks to those Clubs who reported service and had articles published in the Sentinel.

For my Brain Tumour Research Appeal Challenge the whackiest hat worn at Cabinet went to Lion Fran Bond, our Peace Poster and Speech, Hearing and Learning Officer. Hayling Island, Swindon, Melksham and GMS Clubs embraced the challenge for the whackiest Club. It was a close-run thing, but the winner was Hayling Island who have received their prize.

Three families hosted Youth Exchange youngsters and judging by the comments sent to our District Officer it sounds like all involved had a wonderful time.

I'm looking forward to our knowledge exchange day which will be held at The Stones Hotel near Salisbury on Sunday 27 October. The team want the day to be as proactive as possible and there will be short seminars on membership, insurance and the portal as well as opportunities for you to discuss other issues. It is open to all Lions so do please come along and have a voice.

Having visited Clubs and attended Zone meetings, the one thing that warms me is the support that Clubs and members give each other. This was exemplified when I attended the Bob Cook Games organised by Chippenham Lions but supported by Clubs across not just our District but other Districts. A wonderful event that epitomised service.

To support Clubs, we are launching 'Second Saturday Swap' which will be held via Zoom for 45 minutes starting at 9.30 am so that Lions across our District can come together to discuss issues important to them. Again, this is open to all members and the first one will be on Saturday 14 September.

Question of the month:

*What makes **you** proud to be a Lion?*

Wishing you all a spectacular September.

Lion Sandra

District Governor 2024-25



Matters of moment

DG's Month September

- 2 September: Swindon Lions Official Visit
- 5 September: Global Membership Approach meeting via Zoom
- 6 September: Petersfield Lions Bridge Afternoon
- 7 September: Brain Tumour Research Appeal fundraising stall
- 7 September: GMS Charter Anniversary
- 10 Highworth & District Lions Official Visit
- 11 September: Afternoon supporting children with ROAR
- 12 September: GAT meeting via Zoom
- 14 September: Second Saturday Swap via Zoom
- 16 September: Wareham Lions Official Visit
- 18 September: Afternoon supporting children with ROAR
- 18 September: Zone Chairmen meeting via Zoom
- 19 September: Petersfield Lions Trustee meeting
- 23 September: Young Ambassador via Zoom
- 25 September: Afternoon supporting children with ROAR
- 25 September: Finance meeting
- 25 September: DG Get-together via Zoom
- 27 September: Petersfield Lions Social



GETTING THE WORD OUT - 2

We left the last article with the example where a sponsor's name is given greater precedence than the charity that is seeking the benefit, leaving that charity playing second fiddle when it comes to the publicity value.

Curiously this can be, from the sponsor's point of view, very much a two-edged sword. In Jersey we have a very successful fundraiser organised by one of the other community service groups. When this event was launched the initial sponsor wanted their name up-front and the event is still known by their name (despite them going out of business) and the organisers have found it difficult to find a replacement for that very reason. Sponsors are often vital to cover an event's setting up costs, etc., but the name you want to get out to the public is yours, not theirs. "Supported by, sponsored by..." will usually give them all the kudos they require and the Lions will boost their own profile.

We've said before that the value of word of mouth is often overlooked. Give the public reasons to talk about you by talking to them. Whatever the situation, tell your public all about yourselves and ask them to pass it on.

A word of caution and the risk that I might upset a close colleague. While people may laugh at clowns, they tend not to buy from them. So be careful with stunts of any kind. Make sure that whatever they are people will think kindly of them. People will also understand what the stunt is for and thus be prepared, even if they're laughing at it, to support it.

Our DG says we should fill our year with fun and fellowship and while I didn't become a Lion only to have fun, enjoying what we do is easy to pass on to others. So let's get people talking about us.

Lion Peter Tall MJF MCIM MCIPR

The bigger picture



Lions Clubs International FOUNDATION

According to the World Health Organization, more than 1,000 children are diagnosed with cancer every day.

Since cancer impacts many children and their families, Lions all over the world have found unique ways to offer them support. One of the ways our District is doing this is by donating the funds received to the DG charity which are being donated to the Children's Hospices in our District.

Lions in Riberão Preto, Brazil, wanted to help and working with a local support group who provided a Support House for the families of children diagnosed with cancer, decided they wanted to apply to LCIF for a Childhood Cancer Grant. They received a grant of \$80,602 and are working to

construct and furnish a common space that will include a balcony, living room, pantry, classroom and external bathroom for employees, as well as three suites with two beds each, and one bathroom per suite. This will increase the amount of children the centre will be able to help - a bit like our Children's Hospices here.

The Lions involved in the project have also used publicity to raise awareness of Childhood Cancer in their community.

This is a small example of the other grants available from our Foundation, away from the large disaster relief grants that we are all aware of.

Thank you.

Lion Ann Huntley MJF

District 105SC LCIF Coordinator
lcif@lions105sc.org.uk

From the LCIF Chairman, Lion Dr Patti Hill

Dear Lions and Leos,



At Lions International, we are all on a mission to grow. As we strive to achieve **MISSION 1.5** and encourage community members to join us in our humanitarian service, remember to share how Lions Clubs International Foundation (LCIF) enhances our impact. Every service project empowered by an LCIF grant enables us better to meet growing needs and expands our global reach. This month's LCIF newsletter highlights just a few examples, and I hope you will tell others about them.

These life-changing grants are only made possible through the generosity of Lions and Leos like you. Your gifts to LCIF enable the Foundation to continue awarding grants and implementing programmes that help us serve even more people when they need us most. Thank you for your continued support.

Yours in Service,

Lion Dr Patti Hill

Chairman, Lions Clubs International Foundation

More Matters of Moment

Welcome New Lions

A warm welcome to eight new members to Lions International and best wishes to them for a long and happy time as a Lion.

ALTON - Lion Marie Spurdle

DEVIZES - Lions Mandy Housby,
Spencer Wolf and Victoria Wolf

FARNBOROUGH & ALDERSHOT -
Lion Joe Spence

HAYLING ISLAND - Lion Annette
Wickramasuriwa

JERSEY - Lion Patience Dennis

NEWBURY - Lion Tracey Gauntlet

YATELEY & DISTRICT - Lion Alastair
Wren

***If you are still having
problems accessing the
Lions Portal, please
contact MDHQ on 0121
441 4544 who will be
happy to help.***

Make Your Mark
with International
President
Lion Fabricio
Oliveira



Dear Lions

Making your mark is easier when you invite others to help you meet the growing needs of your community and our world. That's why we launched MISSION 1.5 and set a goal of reaching 1.5 million members by 2027.

Everyone has a role to play in growing our service, so be sure growing your Club is central to your plans for the year.

It's important to keep in mind *why* growing is so important. When our Clubs and Districts grow, our service grows. Our visibility grows. Our influence grows. And we grow as Lions.

So lead the way by inviting friends and family to join you in making your mark!

At your service

Lion Fabricio Oliveira

Lions International President 2024/2025

PASSED TO HIGHER SERVICE

The Henley on Thames Lions Club reports with sadness the passing to higher service of Lion RICHARD HODGKINS, the Ringwood and Fordingbridge Lions Club reports the passing to higher service of LION MALCOLM CARTER, the Warminster Lions Club reports the passing to higher service of Lions HUGH TURNER and the Devizes Lions Club reports the passing to higher service of Lions SEAN DONLON and JOHN HURLEY.

The 105SC Sentinel sends sincere condolences to the Lions' families, friends and fellow Lions.

“We cannot build the future by avenging the past.”

- T.H. White

Lions' Message in a Bottle proves a big help in an emergency

The Windsor Lions were delighted to learn how their Message in a Bottle initiative proved a big help for Karen and her father (86) when he was taken ill at home.



Paramedics attended, recognised the Message in a Bottle logo and found the pot containing all the patient's health details in the fridge.

The immediate availability of a patient's medication made the diagnosis and initial treatment of that patient much quicker and easier.

Karen commented: "It was a great help in a really stressful situation. All his medications were noted and recorded in a quick and efficient way before he left for the hospital." Having this information to hand enables the emergency services to provide speedy help - and could make all the difference in a life-threatening situation.

The Windsor Lions are pleased to say that Karen's father is now at home and well on the mend.

A new event for Wokingham Lions

On Saturday 7 September, Wokingham Lions are launching a new event that will take place at the Carnival Hub Swimming Pool. The Wokingham Swimathon will enable local schools and voluntary organisations, supporting both young and old, an opportunity to raise funds for themselves. It costs just £25 to enter a team of up to eight swimmers, and each team gets to keep every penny they raise through their Just Giving page.

A spokesman for the organisers said: "We're looking forward to seeing teams of all ages, from 8 to 80, and of all swimming abilities, getting involved. The idea is to have fun while raising money for chosen good causes. It is hoped to make this an annual event."



Although the Swimathon is not a race, the Lions will donate £250 each to the two teams that swim the most laps (two lengths of the pool) - to the Senior Team whose average age is 17 and above, and to the Junior Team whose average age is 16 and below. The payments will be made directly to their respective charities.

The Wokingham Lions Swimathon is designed to support local charities by taking both the cost and the risk to them of creating a new fundraising event and letting them all benefit from the efforts of the swimmers and their supporters.

Membership Development Opportunities

There is an exciting new opportunity to build a District-wide team of members who perhaps have not previously thought of taking on an area of responsibility beyond their own Club, but who would like to consider a first step to leadership responsibility.

We are looking to create a new team in District 105SC to explore all aspects of forming new Clubs in areas not currently served by a Lions Club or to look at the feasibility of creating a new Club in an area adjacent to where a previous Club had closed.

Opportunities

- ♦ For team members to gain personal development, leadership skills and experience
- ♦ For District 105SC to benefit from increased membership and a team of potential new leaders.

Everyone's a winner!

If you are interested in receiving more information, please ask

Lion Linda Picton

Global Leadership 105SC - 01252 684261/07711013066 - linda.picton@lions105sc.org.uk

“Art, like morality, consists in drawing the line somewhere.” - G.K. Chesterton



DATES FOR YOUR DIARY

5 September
International Day
of Charity
6 September
National
Foodbank Day
13 September
Stand up to Cancer
Day
21 September
World Alzheimer's
Day
& International
Peace Day
29 September
World Heart Day
1 October
Breast Cancer
Awareness Month
10 October
World Mental
Health Day
& World Sight Day
24 October
United Nations
Day
29 October
World Stroke Day

Aldershot Branch Lions Club - a big thank you!

It seems like yesterday that Aldershot Lions were formed as a Branch of Fleet Lions. In fact, it was 1 February 2012 when five enthusiastic new Lions were badged up as a new Branch Club. And now the current ten members have agreed to join up with Farnborough Lions to expand the latter's CIO into Farnborough and Aldershot Lions Club, starting for the new Lions year. So Fleet Lions would like to wish the new Club all the best for the future and to the Aldershot Branch Lions many thanks for the past 12 years.

Twenty Lions have passed through the Branch Club and didn't they keep themselves busy? And didn't the people of Aldershot know that since their Facebook postings were excellent. Fleet Lions could always rely on them for help at events, as could the Zone. They could be seen with Santa's float, Christmas food parcels, serving beer, marshalling at events, selling Advent calendars, at the Funfest and supporting the Lions Community Store. They also gave lots of time to SpekTrek, Message in a Bottle and Macmillan Nurses.

Needless to say, they spent a massive amount of time on their own town's needs and also gave donations to many deserving causes. They particularly targeted the Grub Hub, the Vine Centre community project and Chloe's and Sophie's Special Ears Fund over the years. And, of course, if there was a big event in Aldershot then they 'd be there doing something such a refreshments, marshalling or running their own stalls at Armed Forces Day, Picnic and Pop (in the park) and the Christmas Lights switch-on. Victoria Day was a good one for dressing up too. Their quizzes were always successful and good social events. Their Christmas meals were legendary!

So Aldershot Lions, Fleet Lions miss you and wish you every success as you go forward with Farnborough Lions, serving the needs of your two towns.

“He who cannot dance puts the blame on the floor.”

- Hindu proverb

WOKINGHAM LIONS HAVE A NEW PRESIDENT

At the annual 50th Charter handover for the Wokingham Lions Club in July, Lion Andy Goffin was named the new President.

Lion Lyn Baily, the outgoing president, said that the Club raised a record £67,000 during her year as president. She thanked the Lions members who have worked hard to achieve this impressive amount of money raised for good causes and individuals in need

Lion Lyn said: “I have enjoyed my second term as President of the Wokingham Lions Club. We welcomed three new members and celebrated our Golden Anniversary in style! I know that our Club will continue to thrive under the leadership of our new President, Lion Andy Goffin.”

Lion Andy thanked Lyn for her outstanding year as President, and presented her with the prestigious Melvin Jones Fellowship Award. Andy said that the Club has grown from 32 members when he was President three years ago, to the current 38 members. He hoped to have more members next year, so that the Club can continue to expand its activities and achieve even more.

Lion Andy said: “My aim during my year as President is to assist Wokingham Lions Club to grow and develop in helping the local community. We are fortunate to have members who are actively involved in our Club’s events. Our new members have made a tremendous contribution, and we look forward to welcoming more members in the future.

“We can always use new ideas, experience and expertise.”



Yateley & District Awards

Earlier this year President Lion Phil Ranger and Secretary Lion Dave Myland of the Yateley and District Lions Club received the Yateley Mayor’s Award for their dedication to serving their local community. More recently three long-serving members of the Club received their due rewards from PDG Lion Dave Ebsworth. They are Lion Roger Tupper (40 years) Lion Andy Joslin (30 years) and Lions Juliet Pierson (25 years). In addition longtime Welfare Officer Lion Paul Spencer was awarded a Melvin Jones Fellowship from the President Lion Phil Ranger for outstanding service to the Club.



Hook & Odiham Lion receives a Rotary award

Hook & Odiham Lions are very pleased to announce that member Lion Graham Botwright has received the Paul Harris Fellow award from Rotary International in appreciation of his work in supporting the Rotary Club of Hart in staging the Hartley Wintney Festival over many years.

Each year, Lion Graham liaises with the Hart Rotary Club as they plan the Festival, particularly as to how the Lions can help on the day and has generously given his time and efforts each year to make this festival a success.

In thanking Hart Rotary for the award, Lion Graham said that he humbly accepted it not only in appreciation of his contribution to the Festival over the years, but also on behalf of all Lions who have assisted in making it the truly amazing annual event it is today. “Our two organisations may be different in some respects, but together we serve our communities and help those less fortunate than ourselves in so many ways.”

“I refuse to answer that question on the grounds that I do not know the answer.” - Douglas Adams



Romsey & Waterside Lions recently made another £250 donation of food to the Romsey Foodbank to help them restock their shelves with essential supplies as stocks of several items were running low. Club treasurer Lion Sandra Trowbridge is shown presenting the most recent food donation to the foodbank's manager Beth Tanton.

The Romsey & Waterside Lions continue to support three foodbanks at regular intervals, foodbanks in Nursling and Waterside having received similar donations.

In total, £5,500 of food has been donated by the Lions to the foodbanks since the start of Covid.

SECOND SATURDAY SWAP

Your opportunity to exchange knowledge and ideas with fellow Lions.

To ask questions and gain up to date information from District Governor Team and District Officers

Topics will be decided by you.

What is important to you?

Please speak with your Zone Chairman

DIARY DATES

14 September

12 October

9 November

14 December

**09:30 – 10:30 via Zoom
(link will follow)**

Lion Linda Picton

Global Leadership Team Chairman
linda.picton@lionsdistrict105sc.org.uk



ABINGDON LIONS GO INTERNATIONAL

For the past couple of years, Abingdon Lions have welcomed Lion Pricilla Musonza from the Harare Flame Lily Lions Club, Zone 1C in District 412A, while she was working in the UK. When members learned of a project to refurbish a Paediatric Cancer kitchen in a local hospital in Harare, they were very keen to help and voted a donation of £720 so that the project could be completed. The photograph shows members of the Harare Flame Lily Lions Club.

“What is important is seldom urgent, and what is urgent is seldom important.” - Dwight D. Eisenhower

ARE YOU TAKING PART IN OUR COMPETITIONS?

There are many District competitions for individuals, Clubs and Zones to enter.

We have a new one - “The Ian Hambleton Award for Hunger” which has been presented by Aldershot Lions, in memory of Lion Ian Hambleton, a former Hunger Officer, and will be awarded to the Lion, Club or Zone which has made the greatest impact on or improving food security and access to nutritious food to alleviate hunger and avoid food wastage within 105SC.

It could be awarded for one particular action such as a taking part in providing soup kitchens or similar; working in Food Banks; supporting food banks by giving donations; providing food parcels at Christmas and gleanings. It could also be awarded to a Club that works with another group to help relieve hunger including working with a local council. In fact anything to combat hunger will be considered by the GST Committee and the DG team.

To enter, all you have to do is record what you are doing on the Lions Portal and complete the Competition Entry Form which will be sent out in November. I would ask that I can advertise any new activities so that other Clubs can take them on as well.

The other District competitions are listed elsewhere in this issue.

Lion Judith

PDG Judith Goodchild - Competitions Officer 105SC

ENVIRONMENTAL EFFORTS

As a newly appointed Environment Officer working alongside Lion Judith, I would like to focus on two competitions and encourage all Clubs to participate.

The first is the **Dave Ebsworth Award for Environmental Effort**

This award is presented by PDG Lion Dave to the Club or Zone which has made the greatest impact on maintaining or improving the Environment within 105SC. It was presented for the first time in 2023.

It can be awarded for an action such as a Beach Clean, Litter Pick or Tree Planting or for other smaller actions during the year, including recycling projects, e.g. spectacles, foil packaging from tablets, bras, tins and glass or anything else recyclable.

It can be awarded to a Club that works with another group to help the environment, e.g. your local council. In fact anything to improve or maintain our environment will be considered by the GST Committee and the DG team.

The second competition is the **Environment Photographic Competition**

This competition is for the best photograph portraying the environmental work of Lions Clubs in District 105SC.

The competition is open to Lions and Leos. Clubs may submit as many pictures as they wish. Judging will be carried out at District level and if there are more than five entries the Peter Allen Trophy will be awarded. The entries can be either black and white or colour prints. The photos must be taken preferably within the District 105SC geographic area. The size of the photo to be 8" X 10" (20.3 x 25.4 cm) and must not contain people or buildings. The categories for the current Lions year are:

A) Native trees; B) Native non-flowering plants; C) Native wildflowers; D) Vertebrates; E) Invertebrates F) Weather and Landscapes

There will be a District winner in each category and from these winners the outright District winner will be selected. The winning category winners will be sent to HQ for final judging. In the MD Competition. I would like to learn of any environmental projects being carried out by your Club.

Please e-mail me on enviroment@lions105sc.org.uk

Lion Paul Alloway



Sentinel's eye on...

The Events Calendar

Club events for the next three months and updated month by month are listed here

Club Events: September, October and November 2024

- ♦ **ALTON** - Second Saturday of the month, Lions Craft Markets
- ♦ **BASINGSTOKE** - Saturday 21 September, Book Sale & Face Painter
- ♦ **JERSEY** - Saturday 21 September, Lions Muddy Fun Run, Saturday 23 November, 61st Charter Anniversary
- ♦ **ROMSEY & WATERSIDE** - Saturday 7 September, Bookstall in Romsey Market; Saturday 12 October, Bookstall in Romsey Market; Tuesday 29 October, Fashion Show in Crosfield Hall; Saturday 9 November, Bookstall in Romsey Market; Sunday 10 November, Wreath Laying, Memorial Park, Romsey; Friday and Saturday 22 and 23 November, Street Collections, Romsey Town Centre
- ♦ **WIMBORNE and FERNDOWN** - Friday 6 September, Quiz at the Allendale Centre
- ♦ **WINDSOR** - Saturday and Sunday, 7 and 8 September, Cross Country Horse Ride
- ♦ **WOKINGHAM** - Saturday 7 September, Wokingham Swimathon; Sunday 8 September, Beating the Bounds Walk; Friday 20 September, Woky Quiz Night; Friday 4 October, Woky Comedy Night; Saturday 12 October, Camp Mohawk Enchanted Forest Ball; Sunday 13 October, Autumn Wokingham Walk
- ♦ **WOODLEY and EARLEY** - Saturday 19 October, Charter Anniversary Dinner/Dance at Sonning Golf Club
- ♦ **YATELEY and DISTRICT** - Every Friday, Community Bingo (except Bank Holidays); Saturday 2 November, Yateley Firework Fiesta; Saturday 30 November, Yateley Christmas Market

Webpage - www.lions105sc.org.uk/events

LIONS WIT

For her birthday a Lion bought his wife some new beads for her abacus.
It's the little things that count.

ARE YOU TAKING PART IN OUR COMPETITIONS?

There are many competitions for individuals, Clubs and Zones to enter in 105SC.

To enter, all you have to do is record what you are doing on the Lions Portal and complete the Competition Entry Form which will be sent out in November.

As well as those mentioned elsewhere, the other competitions are:

- ☀ Ian Birch Membership
- ☀ Bill Field Sight
- ☀ John Greenaway International
- ☀ Leo Plumley

All the rules can be found on the website (lions105sc.org.uk/clubs/competitions.html) and my fellow Environment Officer Lion Paul Allaway has written about the environmental competitions in a separate article.

Entries need to be with me by 1 DECEMBER to allow time for judging by the DG team before submission to MD.

Finally you can take part in the BARRY RICHARDSON TRAVELLING LION COMPETITION. To simplify reporting all I now require is an email with the name of the Club who are visiting, the name of the Club or event visited (e.g. Zone Meetings) and the names of the visiting Lions. I will verify these with the Club or event organizer.

Please do start visiting — you can get a lot of fun by doing so and you can also learn a great deal. All the rules are on the website above.

Lion Judith

PDG Lion Judith Goodchild



OLD MONARCH

The Editor has the last word...

My apologies that I spent the days I should have been completing the August 2024 edition in a hospital bed with complications following a fall while babysitting! Thus, this month's edition will contain some of what would have appeared in August as well as up to date messages from the DG, the International President and the chairman of LCIF. If I have unwittingly left anything out that can be included in the next edition, please let me know.

In the media the month of August is often referred to as the 'Silly Season' since those who usually make the news (e.g. politicians) are mostly on holiday and items which might just make it to a 'news in brief' become headlines. Not so with the Lions since, as this editions shows, much has been going on as usual with our service to our communities undiminished. And long may that be so.

Lion Peter Tabb

**Tell me again. Where
is Farnborough?**



**Lions
tail...**



Aldershot Branch Lions - see page 7

Please send all articles and pictures for publication in the
DISTRICT 105SC SENTINEL
to the Editor, Lion Peter Tabb MJF, email : news@lions105sc.org.uk
ideally at least a week before the end of the month