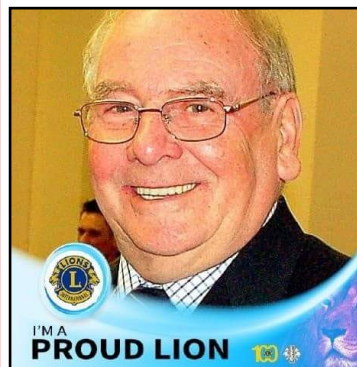


105SC SENTINEL



A Great Day Out with the Lions at Marwell Zoo

**WARMEST
CONGRATULATIONS**
to Lion David Firth
on the award of
Membership of the
Most Excellent Order
of the British Empire
in His Majesty's 2024
Birthday Honours List.

With this edition:

- ★ District Fun
Day at Marwell
Zoo - a special
supplement
- ★ Dementia - the
condition that's
not going away



The International Association of Lions Clubs

District 105SC

District Governor 2024 - 2025 ♦ Lion Sandra Manktelow

✉ dg@lions105sc.org.uk ♦ www.lions105sc.org.uk



"Make Your Mark"

JULY 2024 EDITION

The DG's Leader...

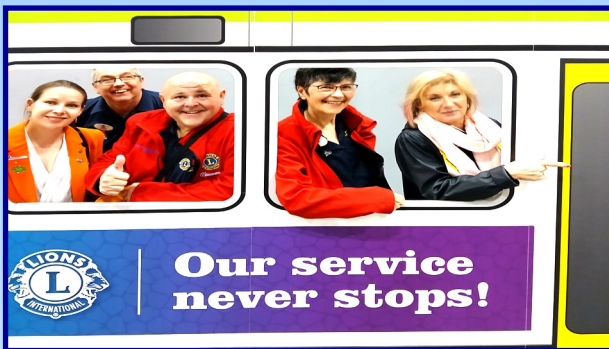
"Make your mark, serving with respect and compassion."



Dear Lions Family

T

he moment came at 11.00 am on Tuesday 25 June when I became your District Governor.



Clive and I flew out to Melbourne a few days early so that we could do some sightseeing around Victoria's state capital. Then it was our International Convention - another first for us.

The theme of the Convention was "Grow for Good" and my overriding impression was that Lions is a wonderful family, all united in the

common bond of service.

Among the highlights of the 106th Convention, which was attended by nearly 10,000 Lions, was the Parade of Nations and, of course, the Induction Ceremony, where we were addressed by outgoing International President Lion Dr Patti Hill. We spent much time catching up with friends and connecting with other Lions from all over the world. A truly life enhancing experience and Clive was in his element; snapping away and sharing his pictures on Facebook.

Lion Fabricio Oliveira of Paraiba, Brazil, is the incoming International President and he has chosen "Make your Mark" as his presidential theme. In his address he said: "As Lions we live out our mission of service and empower future generations to join our unwavering commitment to kindness." I am looking forward to hearing how each and every one of you is making your mark in your community.



Clive and I are looking forward to a few days of chilling out in Sydney (I am writing this while waiting for our flight) and then back home to get ready for Cabinet and the Handover. Above all, I am looking forward to serving you in the forthcoming year. Serve with respect and compassion but don't forget to have fun along the way.

Thought for the Month: A smile costs nothing but goes a long way.

Warmest regards

Lion Sandra

District Governor 2024-25

Matters of moment

DG's Month July

7 July: Cabinet & District Handover,
Alton House Hotel
10 July: Brain Tumour Research
Officers' meeting
19 - 21 July: Short Break in campervan
24 July: Farnborough & Aldershot
Lions Official Visit
26 - 28 July: Council of Governors
29 July: Petersfield Lions Business
Meeting
31 July: DGs Get Together via Zoom

Why I am a Lion

I am a Lion - you ask me why?
My first reply must be that
With the efforts of others
I help the blind to see."

Children who might have to walk
The earth with wide unseeing eyes
Never knowing the beauty of
The flowers, birds and butterflies.
And never see a crimson sunset
Nor the different green of the trees.
It's good to be a Lion
And know I am helping one of these.

There is aid for the underprivileged
As well as the lame and the blind.
My aspiration as a Lion is to be
A brother to all mankind.
And by working with fellow Lions
In doing what needs to be done,
More is accomplished collectively
Than I can ever do alone

Yes, I belong to a Lions Club
And I have told you why in part
Its motivating power is compassion
It's an organisation with heart.

Lion Joe Lawson

GETTING THE WORD OUT

Last month we talked about getting the word out - sharing this 'best kept secret' by talking about it to family, friends, workmates and associates. The value of word of mouth is often overlooked. People hold opinions which they usually want to share, particularly if what they want to share is beneficial to themselves or their friends.

Let's get people talking about us.
But how do we do that?

As Lions we have activities which, as can be seen from our magazine and the newsletters from other Districts, make a significant impact on our communities, almost always for their betterment. In very simple terms our role is to make things better for our communities.

We do that in two ways - we hold fundraising events to be able to afford our community welfare services and we organise community events which will be of direct benefit (e.g. prostate cancer testing). Both will raise the Lions profile, provided that it is quite clear as to who the fundraising and community service organisation is.

It has been my experience that very successful fundraisers such as Jersey's Swimarathon are so well known (and since its inception in 1972 has raised almost £4 million) that even we occasionally forget to make sure that every reference to it is that it is the LIONS

Swimarathon. Although we have an excellent sponsor, we still ensure (with their full agreement) that the Lions identity is paramount. There are events (including at least one Lions event I am aware of) that has its sponsor's name to it rather than the Lions. It is successful but the credit tends to go to the sponsor rather than the charity. We'll explore this particular element of getting the word out next month.

Lion Peter Tall MJF MCIM MCIPR

The bigger picture



Lions Clubs International FOUNDATION

Here we are at the start of another Lions year, maybe this will be the one when your Club decides to take on that community project. A grant from the Foundation may be able to help your Club, Make Your Mark in your local community. Look for Grant Toolkit on the International website or get in touch for further help and advice if you think the Foundation can help your club

Just as the Foundation is there to help Clubs with local projects, the Foundation comes into its own whenever disaster strikes. Local Lions use grants from the Foundation to help those in need when they are at their lowest. Sadly, the need for such aid does not decrease and this forthcoming Lions year will be no different

For the Foundation to be able to award grants, we need to continue to donate to the Foundation, after all, it is our Lions charity.

If your Club didn't donate last year, this may be the year to encourage it to do so. Donations go towards 'credits' which can then be used to purchase Melvin Jones Awards.

As of 5 June, 105SC donations for the year were \$48,858.82, that is down on the same period the previous year. Remember when a grant is awarded for any project, the funds are overseen by Lions on the ground who are accountable to the Foundation.

Those of you who were at 105SC Convention in March may remember in my presentation I mentioned community centres being built by Lions. We, as Lions are still working in those areas where the earthquake struck, and we will remain while there is a need for us to do so.

Please contact me if you have questions regarding Lions Clubs International Foundation.

Thank you for your continued support.

Lion Ann Huntley MJF

District 105SC LCIF Coordinator
lcif@lions105sc.org.uk

From the LCIF Chairman, Lion Brian Sheehan

Hello Lions, Leos and fellow humanitarians,



Thank you for giving me the amazing opportunity to serve as chairman of the Lions Clubs International Foundation (LCIF).

Throughout the past year, I was continuously inspired by the breadth and depth of service Lions were empowered to provide because of our global Foundation.

Thank you to everyone who supported LCIF this year. Every gift you made brought us closer to achieving the \$70 million stretch goal and will enable the Foundation to award even more grants to enhance your service next year. Please remember to share the importance of supporting LCIF with current and future Lions and Leos and set an example through your continued individual donations.

Continue to share your stories of service made possible through the Foundation. I look forward to the collective impact we will make together in the future.

Make a great day,

Lion Brian Sheehan

Chairman, Lions Clubs International Foundation

More Matters of Moment

Welcome New Lions

A warm welcome to six new members to Lions International and best wishes to them for a long and happy time as a Lion.

CHIPPENHAM - Lion David Bright

GUERNSEY - Lion Brian Gaudion

HAYLING ISLAND - Lion Lesley
Calderhead

MELKSHAM - Lion Phil Gaskell

POOLE - Lion Michelle Philpott

WOODLEY & EARLEY - Lion Gregory
Bello

DG *Lion Sandra*

**If you are still having
problems accessing the
Lions Portal, please
contact MDHQ on 0121
441 4544 who will be
happy to help.**



Changing the world
with International
President
Lion Dr Patti Hill

Dear Lions

What an incredible year it has been. A year ago, I asked you to commit to changing the world by setting bold, ambitious goals to meet the needs of our neighbours, our communities and our world - and you did!

I loved seeing the diversity of our Clubs, members and service, and I wish I could have met every Lion and Leo because you are so inspiring. Your innovative ways of serving people and your passion for protecting the planet are at the heart of being a Lion.

This Lions Year has come to an end, but our service continues. So reflect on the impact of your service and the people you served - then let's get ready to take up new roles and create new opportunities to help more people in need. Let's invite even more service-minded people to share the joy of being a part of Lions International.

It has been my greatest honour to serve as your International President. Thank you for an extraordinary year.

Yours in service

Lion Dr Patti Hill

Lions International President 2023/2024

PASSED TO HIGHER SERVICE

The Lions Club of Melksham reports with sadness the passing to higher service of LION MARTIN WHYBORN.

Lion Martin joined the Club in 2011 and the 105SC Sentinel send its sincere condolence to Lion Martin's family, friends and fellow Lions.

“Convictions are more dangerous enemies of truth than lies” - Friedrich Nietzsche

Meon Valley News

Bishops Waltham Charity Garden Fayre

The Lions were out in force providing burgers and sausages at the Bishops Waltham Charity Garden



Fayre – it was a great event and a good time was had by all even though the weather was a bit unsettled.

Dementia Concert

Over 90 folk, both sufferers and their carers, attended the event, an old fashioned ‘singalong’ accompanied by tea and cake, what more could you ask for? Everyone involved had a great time and there was even some cake left over for our members, seen here enjoying a well-deserved cuppa. A huge thank you to everyone involved in making this event a success.



In for the long haul...

Five of our members were honoured with long service awards for their commitment to serving our local community. District Governor-elect Lion Sandra attended the business meeting and presented the certificates: Chris (30 years) Andrew (25 years), Hilary (15 years), Sue (15 years) and last but not least Roger (15 years). Congratulations to all; without them and their fellow Lions' commitment we couldn't do the work we do.

A Date for your Diary

Saturday 13th July 2024 – Swanmore Village Fete

Bingo! Windsor Lions give help with a Full House for residents at Viscount Court



The Windsor Lions were pleased to buy a new Bingo machine for the residents of Windsor's Viscount Court when their old machine gave up the ghost after nine years of loyal service.

Centre manager Karen Page said: "Our residents were very upset when their old machine finally broke down. They play Bingo three times a week and it's a real focal point for them. The £345 needed is a lot for us to find so I asked our old friends Windsor Lions if they could help. And we are delighted that they could. The new machine is all-singing and dancing and we can't wait to try it out."

Windsor Lions Community Services chairman, Lion Roger Hale, said: "The residents of Viscount Court are well known to us through our annual Silver Party held each Spring. We know how much they love their Bingo and we were pleased to buy them a new machine."

The Bob Cook Games

are coming to the Swindon Harriers Athletic Track on Sunday 11 August.

A great District 105SC Event

richard@chippenhamlions.org.uk - <https://chippenhamlions.com>

“If you can’t annoy somebody with what you write, I think there’s little point in writing.” - Kingsley Amis



DATES FOR YOUR DIARY

1-31 July

Plastic Free July

1-7 July

Alcohol

Awareness Week

24 July

International

Self-Care Day

30 July

**International Day
of Friendship**



1-31 August

Happiness

Happens Month

1 August

**Cycle to Work
Day**

17-13 August

National

**Afternoon Tea
Week**

19 August

World Photo Day



Romsey & Waterside Lions Fun Day at Paultons Park

On Sunday 9 June, Romsey & Waterside Lions held their annual Fun Day for disadvantaged and disabled children. More than 200 children and carers/parents went through the turnstiles. The funding for the event was raised by raffling 86 giant Easter Eggs each year in pubs, clubs and other outlets.



**“It’s not the bad ideas that do you in,
but the good ones.” - Charlie Munger**

WOKINGHAM LIONS’ CLASSIC MOTOR SHOW

Rain showers and at times gusting winds couldn’t dampen the enthusiasm of the vehicle owners, the visiting public and volunteers at the second Wokingham Lions Classic Motor Show at Elm’s Field on Saturday 15 June.

The Show was opened by Wokingham Town Mayor, Councillor Rob Comber, who also spent time viewing the exhibits and meeting the owners and visitors.

Wokingham Lions decided to make Regain Sports Charity the nominated charity for the show. An advocate for the charity is Kylie Grimes MBE (pictured below) Kylie is a triple Paralympian of the London, Rio and Tokyo games, finally becoming Paralympic Champion with her fellow teammates in Wheelchair Rugby at the delayed Tokyo Paralympics in 2021. Kylie was delighted to be at the event and happily chatted and showed her Gold Medal to the public. For more information about the charity visit www.regainsportscharity.com.

There were several prizes available.



Best in Show was awarded to Robert Pidgeon’s Bullnose Morris, which had been set up on the day as a van, but is actually a four-seat tourer, and which featured in the popular TV drama, *Downton Abbey*. The best motorcycle was a Yamaha RD250 owned by Alister Tallents. The Trophy Sponsors, Trimmania Ltd. chose David Simms’ Ford Escort Mexico as their favorite, and the Children’s Choice was the

Messerschmitt KR200 owned by Gary Hammond. All vehicles displaying at the event received a unique lapel badge.



Wokingham’s Lion Bob DuGard, who headed the team organizing the show said, “All the hard work of the organizing committee really paid off, with an eclectic mix of vehicles, a variety of traders and fabulous support from the public, which made for a great event”.

Wokingham Lions Club would like to thank Wokingham Town Council for their support, as well as the event sponsors, Clifton Ingram, Wokingham MOT & Service Centre, Bulldog Triumph, Lind Harley Davidson, Trimmania, Wokingham Tyres & MOT, Total Tyre Company & Triple C Paintwork.



**“Tradition is not the worship of ashes, but
the preservation of fire.” - Gustav Mahler**



Update

**Christmas Cards are now
available in packs of 10 for
£4.50.**

**Eight different designs to choose
from and the BTR officer has
some to sell!**

**In April six clubs donated £2,200
between them. Our track record
is fairly consistent:**

2019-20 - £11,250.00

2020-21 - £7,875.50

2021-22 - £9,443.00

2022-23 - £10,576.54

2023-24 - £9,577.26

**Forty-two Clubs in our District
over those years have donated
£48,722.30 between them. A
big, big thank you to all who
have contributed towards the
appeal.**

**I have handed over the reins of
Brain Tumour Research Officer to
Lion Tim Hanton for this Lions
year.**

**Please continue to support this
appeal as brain tumours touch
the lives of so many people.**

Lion Sandra Manktelow

Romsey & Waterside Lions go Yarn Bombing

Every July Romsey has a series of celebratory events. One of these is Yarn Bombing where for four weeks many of the bollards in the town centre are decorated with sleeves knitted and prepared by local groups. Romsey & Waterside Lions have participated for several years and this year have decorated two bollards, one of which is pictured here.

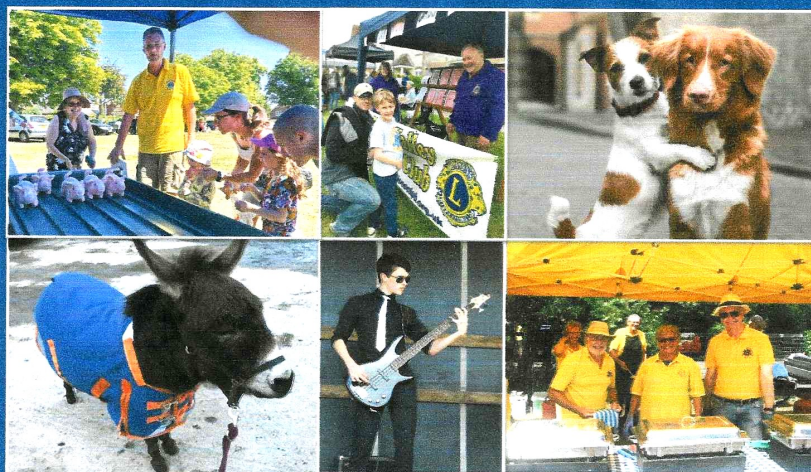


Meon Valley Lions Club presents

Swanmore Village Fete



**Saturday 13th July 2024 from 12 midday
At New Road Recreation Ground**



- ★ Live Music ★ Dog Show ★ Mobile Farm ★
- ★ Food Court and Bar ★ Games ★ Stalls ★
- ★ Classic Bikes and Cars ★

Entrance only £2

Charities Commission
Registration Number: 1175811

Accompanied under 12s FREE

“Memory is a poet, not a historian.”

- Marie Howe



Let's talk about dementia...

*Lion Denise Deacon,
District 1055C Dementia Officer*

Hello Fellow Lions,

Have you done any fundraising and/or activities for Dementia? Don't forget to let me know how much was raised, how you did it, and to which Dementia charity you donated. I am running a tally for this Lionistic of our total donations. I also want us to be able to show how we have been supporting those in our local areas.

We are all here for all Lions and their families, and if you need some support or a starting point of where to go, I can sign post you in the right direction. This includes within Lions Clubs, because our District Governors are also there to support you. **You are not alone!** I have a collection of useful information and also building up a directory of local activities and clubs for those living with Dementia, so if you have any local to you that you can share with me for information, that would be appreciated.

I have varied experience of caring for those with Dementia, but in particular I have first hand experience of watching the difficult journey of my Mum who had Lewy's Body Dementia, I cared for her as she 'lived with it' for five years from the time she was actually diagnosed. She passed away in 2017. I am a Dementia Friend and was to become a Dementia Champion but the care needs of my Mum overtook that, but it is something I have remained passionate about. I am a registered fundraiser for Dementia UK and you will see me doing fundraising also for Alzheimer's Research UK.

Lion Denise

The perspective from a Past District Governor

As many of you are aware Lion Eric Nixon, a Multiple District Officer for Medic Alert and Speech and Hearing, as well as being our District Almoner for many years, was diagnosed with dementia and his wife, PDG Lion Pat, became our Dementia Champion taking on the district role of Dementia Officer.

Lion Pat has also been diagnosed with this disability. She attended our District Fun Day at Marwell and met many Lions there. She is aware that she cannot always place the person's name or face. Lion Pat phoned me after the event and said that she thought she had offended someone because she could not recognise them.

Pat is passionate that we should be open about Dementia so that everyone is aware of the issues. I know that Lion Denise Deacon, our own Dementia Officer, is of the same opinion. Know that Denise is there for all of us, and that Pat is happy to talk to you from her perspective.

Lion Sandra Manktelow - District Governor



Sentinel's eye on...

The Events Calendar

Club events for the next three months and updated month by month are listed here

Club Events: July, August and September 2024

- ♦ **ALTON** - Second Saturday of the month, **Lions Craft Markets**
- ♦ **BASINGSTOKE** - Sunday 7 July, **Hook Village Show**; Saturday 21 September, **Book Sale & Face Painter**
- ♦ **BRADFORD ON AVON** - Saturday 13 July, **Crafts, Choirs, Coffee & Cake**
- ♦ **CHIPPENHAM** - Saturday 13 July, **Jazz on a Summer Evening**
- ♦ **MEON VALLEY** - Saturday 13 July, **Swanmore Village Fete**
- ♦ **POOLE** - Sunday 7 July, **Broadstone Family Fun Day**; Thursday 8 August, **Boat trip with Fish and Chips and Fireworks**; Friday 30 August, **Quiz Evening**;
- ♦ **ROMSEY & WATERSIDE** - Saturday 6 July, **Bookstall in Romsey Market**; Sunday 7 July, **Mayor's Picnic Fair**; Saturday 10 August, **Bookstall in Romsey Market**; Monday 26 August, **Normansland Village Fair**, Saturday 7 September, **Bookstall in Romsey Market**;
- ♦ **SWINDON** - Friday 12 July, **Retro Dance Night**.
- ♦ **WOKINGHAM** -
- ♦ **YATELEY & DISTRICT** - Every Friday, **Community Bingo** (except Bank Holidays)

Webpage - www.lions105sc.org.uk/events



Global Service Team

Introducing the Global Service Team for 2024-25 and my thanks to all those who have volunteered to take on a GST role for this year.

Service is a key aspect of Lions. If you or your Club would like any further information, help or guidance on any of the service projects, please contact the GST Team member.

We are looking to increase the number of Clubs reporting service activities. I appreciate that there have been challenges with the new portal and if you find it difficult to record service activities, please let me know and I will help you.

If you have any questions on GST related matters, please don't hesitate to contact me.

Lion Tim Hanton

105SC GST Coordinator - gst@lions105sc.org.uk

LCI SERVICE THEMES

CHILDHOOD CANCER - Lion Paula Thorpe - Warminster

DIABETES - Lion Gillian Clancey - Chippenham

ENVIRONMENT - Lions Judith Goodchild & Paul Alloway - Hook & Odiham and Guernsey

HUNGER - Lions Lisa Ruse & Mark Thorpe - Fleet and Warminster

VISION - Lion Mark Cooper - Fleet

Vision Cameras - Lion Peter Burnett - Wimborne & Ferndown

SERVICE PROJECTS

DEMENTIA - Lion Denise Deacon - Yateley & District

BTR - Lion Tim Hanton - Wokingham

COMPETITIONS - Lion Judith Goodchild - Hook & Odiham

DISTRICT FUN DAY - Lions Judith Goodchild, Di Hopkins & Lisa Rust - Hook & Odiham, Basingstoke and Fleet

MIAB/MEDIC ALERT - Lion Geoff Curtis - Westbury

PROSTATE AWARENESS - Lion Brian Proctor - Fleet

REFUGEE - Lion Barrie Richardson - Ringwood & Fordingbridge

SPEECH, HEARING & LEARNING - Lion Fran Bond - Fareham

YOUTH OFFICERS

YOUTH COORDINATOR - Lion Richard High - Swindon

LEOS - Lion Geoff Curtis - Westbury

PEACE POSTER/POETRY - Lion Fran Bond - Fareham

ROAR - Lions Eric Warner & Graham Drayton - Reading and Fleet

YOUNG LEADERS IN SERVICE - Lion Yorky Tuke - Ringwood & Fordingbridge

YOUNG AMBASSADOR - Lion Heather Buckley - Westbury

YOUTH EXCHANGE - Lion Stephen Sherring - Ringwood & Fordingbridge

LIONS WIT

A thief broke into a Lion's house one night looking for money.

The Lion got out of bed to look with him.



OLD MONARCH

The Editor has the last word...

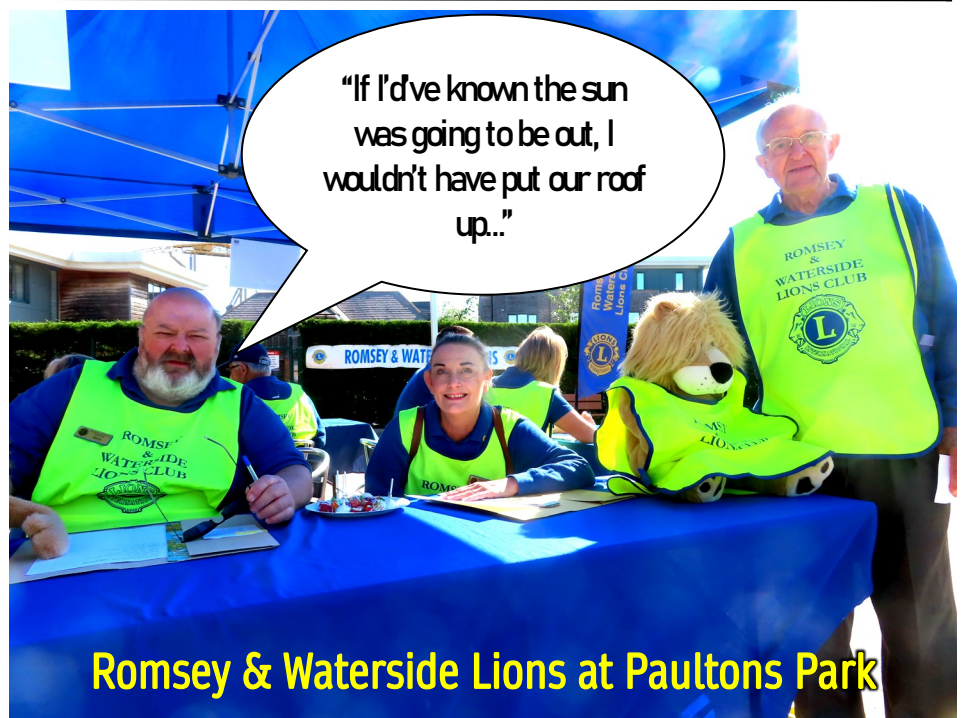
A happy new Lions year to the Lions of 105SC and may the next twelve months achieve all you have in mind.

As a Lion who has twice, on 1 July, contemplated the year before me as President of my Club, I was both very aware of the faith my colleagues had shown in me and also of the task ahead I had committed to. My terms as President were 35 years apart and, having been a long-term member of the Board, I realised how little, in practical terms, had really changed and that the challenges I had faced in 1985 were (apart from Covid!) much the same in 2020. We served then, and all the years between, and we would serve again. The needs in our communities tend to evolve and provided we evolve with them, we shall continue in our service and, hopefully, will find others who will wish to join us. The poem published on page 3 was written more than 60 years ago. It is just as valid today.

Lion Peter Tabb



**Lions
tail...**



Romsey & Waterside Lions at Paultons Park

Please send all articles and pictures for publication in the
DISTRICT 105SC SENTINEL
to the Editor, Lion Peter Tabb MJF, email : news@lions105sc.org.uk
ideally at least a week before the end of the month