

**Teddy
joins the
Lions...**

See page 7

**105
SC**



SENTINEL

MAY 2023 EDITION



The International Association of Lions Clubs

District 105SC

District Governor 2022 - 2023 ♦ Lion Dave Ebsworth

✉ dg@lions105sc.org.uk ♦ www.lions105sc.org.uk

“Service with enthusiasm and pride”



The DG's Leader...

Lions serving with enthusiasm and pride

My fellow Lions ...

Firstly, may I remind you all that we are holding an Up Skilling Day on Sunday 4 June at the Hilton Hotel, Swindon. Well worth attending if even if only to refresh your knowledge and for Lions taking up new posts. Please come along.

As a District, to enable us to support and establish new Clubs, we need Guiding Lions of which we are short, so please consider this opportunity to help other Lions, If interested, please contact either Lion Linda Picton Global Leadership Team (GLT) or myself.

Please get your information in to 1stVDG(E) Sandra with regards to your Club sending people to our District Fun day at Marwell Zoo. I'm looking forward to it and hope the weather is good for us. See you there.

Well, what has your DG been up to this last month?

On 2 April we attended Burnham Charter Lunch and had a lovely time, then on 4 April, after receiving bad news re my condition I attended the UN Day at the Houses of Parliament. What a great experience. That same day I had a Zoom meeting regarding MD Convention 2024 and on 5 April I had a Zoom meeting with our Zone Chairmen. Then Annie and I had a quiet Easter weekend.

On 12 April I attended Crofton Lions where I was welcomed after a drive in terrible weather. Then the next evening I attended Westbury Lions where I had a lovely evening presenting some Long Service Awards. Then on the Saturday I attended the Global Service Meeting at MD HQ where I heard about the fantastic work we are doing changing lives.

On 17 April I had a CT Scan and then next day Annie and I attended Havant Charter, a very pleasant evening. On 20 April I attended a District finance meeting as I take over in July.

The next day Annie and I travelled to the lovely Island of Jersey where we were met by Jersey President Lion Steve Taylor who took us to see Maison Des Landes, a specialist hotel for people with disabilities which the Trustees (all nominated by the Lions President,) have completed a £4 million refurbishment. What a fantastic place! I can only describe it as breath-taking and a credit to the Jersey Lions.

On Saturday we spent a lovely morning looking around and then that evening Jersey Lions hosted us for dinner at the Royal Channel Islands Yacht Club where I handed out Long Service Awards and DG pins.

On Sunday Lion Steve picked us up from our hotel and gave us a tour. What a beautiful Island! We stopped and purchased a bag of Jersey Royal new potatoes. They were delicious.

On 24 April I attended New Milton Lions Club and had an enjoyable evening which included fun and a lot of discussion. I presented Long Service Awards totally 210 years which included one 50 year award. Another terrible drive in pouring rain!

I attended a Zoom meeting about MD Convention and on Saturday 28 April, with DG(E) Lion David Taylor, I attended Windsor Lions where the Zone held an orientation session which was a great success and we are hoping to do more.

Just to finish the month I helped out marshalling at a local 5 km run.

Yet again a busy month and I can already see that May is going to be the same.

Lion Dave

The Bigger Picture

Have you bought your
balloon for the Virtual
Balloon Race?

As we are coming to the
end of this Lions year,
please consider donating to
the Appeal so that we can
be a step nearer our £1
million target.

LIONS CLUBS INTERNATIONAL
MD105 INVITE YOU TO TAKE PART
IN THEIR ONLINE

CORONATION BALLOON RACE

VIRTUAL RACE =
ENVIRONMENTALLY
FRIENDLY!

TO RAISE FUNDS FOR THE LIONS
BRAIN TUMOUR RESEARCH APPEAL

£5 PER BALLOON

WWW.BALLOONRACE.NET/LIONSMD105

**1ST PRIZE £100 2ND PRIZE £50
3RD PRIZE £30 + 7 RUNNERS UP PRIZES**

Race launches at MD Convention on
Sunday 7th May and ends on Sunday 14th May



SCAN ME

Find us on 



Charity number 1181428

Lions matters of moment



Lions Clubs International FOUNDATION

We are heading to the end of one Lionistic year and looking forward to the next. Your Club may be thinking of your Club handover and wanting to honour a member with a Melvin Jones Fellowship. If that is the case you need to act now. This time of year is extremely busy for those at Oak Brook who deal with the applications. Please contact me if you have any queries. Please remember each award is \$1,000 and your Club needs to have that in credits before you can proceed.

As a Multiple District our donations to LCIF have reached over £453,000. It will not be surprising to hear that Ukraine (£58K) and Turkey/Syria (£184K) have been the main recipients.

As of March 2023, the total from 105SC is \$86,883, which is a terrific amount.

However, we must never get complacent. According to International Disaster Database, natural disasters have increased by nearly 400 per cent globally over the last 50 years, and disaster relief is only one area that our Foundation supports those who need our help.

Monday 12 June is LCIF in Europe day. If your Club is holding either a stand-alone event for LCIF or combining it with a Stride Diabetes walk, please do let me know.

Thank you once again for your continued support for our charity, Lions Clubs International Foundation.

If you or your Club have any questions, please do get in touch.

Lion Ann Huntley MJF

District 105SC LCIF Coordinator

lcif@lions105sc.org.uk

How can you link a passion you have to service?

Have you thought about taking on a role beyond Club level?

The Global Service Team is looking for Lions who have an interest in the Environment, Hunger, Vision, Childhood Cancer, Youth and Speech, Hearing and Learning. The job role can be shared among two or more Lions.

What would it entail? Taking on an officer role or being part of a support team.

Officers/support team

- Promote their area via newsletters/articles in the Sentinel.
- Attend Cabinet (maximum four times a year).
- Write short reports on what they have been doing to promote their area.
- Offer support to clubs if required.
- Be part of the Multiple District team.

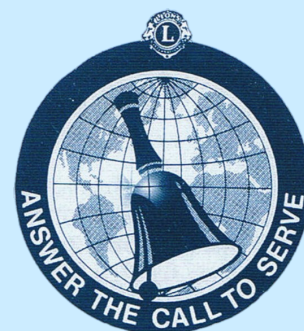
What do you get out of it?

- Knowing that you have made a difference.
- The feel-good factor of sharing your passion with a wider audience.
- Meeting like-minded Lions.
- Developing skills and knowledge.

If you would like more information, please contact:

Lion David Taylor, DG Elect 1st@lions105sc.org.uk

Lion Sandra Manktelow 1st VDG Elect/GST Coordinator vdg-1st@lions105sc.org.uk



More Lions matters of moment

DG's Month

May

- 3 - 8 May: Council and MD Convention
- 12 May: Newbury Lions Charter Anniversary
- 13 May: Sandown & Shanklin Lions Charter Anniversary
- 14 May: District Cabinet, Portsmouth
- 15 May: Chippenham Lions Official Visit
- 16 May: Hospital Appt
- 18 May: GAT meeting
- 20 May: Wesbury Lions Charter Anniversary
- 21 May: Alton Lions 50th Charter Anniversary
- 22 May: Club meeting
- 25 May: Malta Lions Visit to Reading Lions
- 27 - 29 May: Family Wedding
- 31 May: Hart Lions Afternoon Tea

DG-elect's Month

- 4 - 5 May: Council Meeting
- 6 - 7 May: MD Convention, Newcastle
- 10 May: Zone meeting, GMS
- 14 May: District Cabinet, Portsmouth
- 17 May: DG(E) meeting
- 18 May: GAT meeting
- 21 May: Bournemouth & Poole combined Charter Anniversary
- 24 May: GMS Club meeting

1st VDG-elect's Month

- 5 - 8 May: MD Convention, Newcastle
- 9 May: GST Team Zoom meeting
- 12 May: Petersfield Fashion Show
- 13 May: Choir event, Fareham
- 14 May: District Cabinet, Portsmouth
- 15 May: Petersfield Club meeting
- 18 May: GAT meeting
- 21 May: Alton Lions 50th Charter Anniversary
- 31 May: Hart Lions FGashion Show
- 31 May: MD 1st VDG Zoom get together

WALK FOR DIABETES

The MD Diabetes team has now revised the How 2 Guide for a Diabetes Walk in which I hope your Club will take part, ideally during National Diabetes Week 12- 17 June. For details contact:

Lion Judith Goodchild

Diabetes Officer I05SC

diabetes@lions105sc.org.uk

CREATIVE THINKING

I was asked at the Convention by one or two delegates for some examples of truly creative thinking in marketing to give them inspiration. So here goes.

A recent article in *The Times* featured a Madison Avenue advertising executive named Rosser Reeves who had devised television advertising campaigns for General Dwight Eisenhower, the first candidate for US president to make use of this exciting new medium

What the article did not mention was that Rosser Reeves was also a master of other original ideas.

When World War Two finally ended in August 1945, the US largely disbanded its massive armed forces leaving Rosser's client, Colgate-Palmolive, with a problem - warehouses full of carbolic soap destined for the worldwide US armed services. The last thing demobbed servicemen, and women, wanted was to be reminded of the war with a gritty, strong smelling soap. However Colgate-Palmolive had invested millions of dollars in this soap and they asked their advertising agency, in the person of Rosser Reeves, how they could get rid of it and maintain their profits from it.

Rosser was a man driven by the concept of the USP - the Unique Selling Proposition. Somewhere in its make-up everything has a USP. Carbolic soap's USP was that it killed all known germs likely to inhabit human skin. One of the effects of germs was a smell that humans had lived with unconcerned ever since Adam and Eve had romped about in the Garden of Eden. That is until Rosser Reeves renamed the smell of humanity 'BO', body odour. Remember the ads where, although good looking, the guy could not get the gal? BO!

Colgate-Palmolive called the soap Lifebuoy and they're still selling it.

Creative thinking indeed.

Lion Peter Tabb MJF MCIM MCIPR

Even more Matters of Moment

Welcome New Lions

I am delighted to welcome 12 new members into Lions Clubs International and wish them a long and happy time as a Lion.

HOOK & ODIHAM - Lion Colin Darby

ISLE OF WIGHT SANDOWN

SHANKLIN - Lion Valerie Lockwood

JERSEY - Lions Hyacinth Downer and Susan Parker

MELKSHAM - Lion Elaine Lewis

MEON VALLEY - Lion Darren Oakley

READING - Lion Pippa Furlong-King

ROMSEY & WATERSIDE - Lions Ian Donnison and Lesley Donnison

WARMINSTER - Lion Keith Redfearn

WINDSOR - Lion Phillip Simpson

WOKINGHAM - Lion Sarah Blane

DG Lion *Dave*



District Fun Day

at Marwell on Sunday 11 June 2023. Booking form to be returned by Friday 26 May.
Contact Lion Sandra for more details if required. See email address on page 10.

PASSED TO HIGHER SERVICE

The Lions Club of Jersey is saddened to report the passing to higher service of Past-President **Lion Roy Bullen MBE**. Lion Roy joined the Club in 1984. After a decade at sea, Lion Roy joined Jersey's Harbour Department and eventually became Harbourmaster, a role he fulfilled for 17 years. He was very involved with the RNLI serving as the Jersey branch's secretary and chairman for which role and for service to the community he was awarded the MBE. He served as President of the Jersey Club in 1991/92 and the Jersey Lions send their sincere condolences to his wife Yve and his family.

The Lions Club of Swindon is sad to report the loss of one of their longest serving members. **Lion Neil Macvicar MJF** passed away on 24 April following several years of increasing bad health. Over the last few months unable to attend meetings he would appear on Zoom often from his bed but still ready to contribute to the discussions. He joined the club in 1987 and served as President, Treasurer and chairman of various committees. He was also a frequent visitor to the Club's French twin club of Les Andelys in Normandy. His Scottish humour and ready fund of amusing anecdotes will be sorely missed. The Club's condolences go to wife Catherine, his children and grandchildren.

The Lions Club of Chippenham is sad to report the passing to higher service of **Lion Trish Douglass** who has served the Club so loyally since joining in 2008.

The 105SC Sentinel extends sincere condolences to the deceased Lions' families, friends and fellow Lions.

“All the world’s a stage and some of us are desperately unrehearsed.” - Sean O’Casey

Teddy joins the Lions

The Lions Club of Guernsey recently donated fifty special teddy bears to Guernsey’s emergency ambulance service to give to children in their care.

The teddy bears, wearing traditional blue Guernseys embroidered with the Lions Club logo, will be kept on the ambulances for the personnel to give to young children who need extra comfort or distraction because of an illness or injury. Young patients will then be able to keep the bears and take them home after they leave the care of the ambulance service.

The idea came from former Guernsey Lion Sheila Cunningham who had seen an article in the national Lions magazine where some Lion Clubs in the UK had adopted a similar project.

Lion Paul Allaway, President of the Guernsey Lions, says: “Obviously we hope that the teddies will not be used very often but when they are they will bring comfort to the affected children.”

Sonia Guille, St John’s Ambulance Paramedic Station Officer, pictured below with Lion Paul, adds: “When a child is unwell, not feeling their best or has hurt themselves, ambulance crews do all they can to put them at ease and reassure them. Being able to give them a teddy bear to provide some extra comfort can help reduce anxiety or act as a bit of a distraction, which can make their experience less stressful, So we are really grateful to the Lions Club for donating to us these delightful Guernsey teddy bears.”



The Wokingham Walk raises £4,000



The Wokingham Walk (now in its eighth year), took place on Sunday 23 April.

The Wokingham Walk is a great opportunity to discover the lovely countryside around Wokingham.

Walkers could choose the five, ten or 15 mile route and more than 350 walkers put on their boots and headed off into the countryside.

Although final figures are not yet in, Wokingham Lions Club will have raised in excess of £4,000 from the event. On top of this many walkers have raised much needed funds for their favourite charities. Wokingham Lions would like to thank ‘The Ollie Young Foundation’, a local charity that raises funds towards research into childhood brain tumours, who helped with the walk signage.

Wokingham Lion Andy Slay, head of the Wokingham Walk team said, “Both the spring and autumn Wokingham Walks are now firm fixtures in Wokingham’s Calendar. Local charities and individuals increasingly use the event to fundraise by sponsorship, something that we always wanted to happen from the event’s inception”.

“Perhaps one has to be very old before we learn how to be amused rather than shocked.” Pearl Buck

Wareham donation right on target

Wareham Lions have recently donated £600 to Mosaic, a Dorset-based charity supporting bereaved children and young people, their families and the professionals working with them.

Founded in 2007, Mosaic was created to fill the gap in bereavement provision across the county. The charity supports children and young people who have been bereaved of someone special, such as a parent, sibling, friend or family member, whatever the cause.

The charity provides residential weekends at their Leeson House premises and every child attending agrees that a highlight is the 'have-a-go' archery sessions.

Mosaic are very grateful to have received a grant of

Our thanks to Wareham Lions for their generous donation



We have been able to purchase our own archery equipment for our Residential weekends!

£600 from the Wareham Lions Club. With this sum they have been able to purchase their own archery equipment. The Bowmen of Lytchett have been coaching these very popular sessions from the very beginning.

Starting
the year
with a tea
party



At last the post Covid clouds have been blown away and Wareham Lions were able to entertain 120 local senior citizens and people living with disabilities. They enjoyed a home-made afternoon tea prepared by Wareham Lions ladies and a glass of sherry. They joined in singing along with two entertainers and went home with prizes from the raffle. Wareham Lions can say with confidence that a good time was had by all!



Your Gift for Living Project needs your foreign notes and coins...

Have you returned from holiday with unwanted currency, or got old foreign coins and notes hidden away in the back of a drawer?

Only a few of us ever change the money back into sterling. The rest stockpile it at home, in all probability that the cash will be forgotten. If you arrive home with coins and notes you could afford to donate, then please send them to MDHQ where they will be collated and forwarded to a specialist dealer.

ALL PROCEEDS WILL GO TO GIFT FOR LIVING.

We can accept any currency, including UK coinage and notes and even defunct pre-euro currencies such as old Spanish pesetas or Greek drachma.

You can download a foreign currency recycling poster from the Gift for Living website to arrange a collection at your local school, college, church or workplace.



**“Eternity’s a terrible thought. I mean,
where’s it all going to end?” - Tom Stoppard**

50 Year Anniversary!!

A pride of more than 30 Lions, past and present, celebrated the 50th Anniversary of the Meon Valley Lions Club with a wonderful meal at New Place Hotel in Shedfield, keen supporters of the Club.



A few local residents started the Meon Valley Lions Club in 1973, with Fareham Lions as the sponsoring Club to get membership off the ground. Lion Ken Brady was a Charter member, President three times and Deputy District Governor. Another early member was Lion Bob Higginbottom, the only one to reach the dizzy heights of District Governor. The Doney family, who used to run the garage in Newtown, were also very involved. Another early member was Lion Harry Greenslade who ran a Teddy Bear tombola for many years at all local fetes until about 15 years ago.

Hunger

Sunday 28 May is World Hunger Day, so why don't we as Lions do something different?

At Club Charters have a Box to collect food for your local Food Bank.

At any of your future events, advertise you are collecting tinned food to give to those who need it, the amount can be shared out to many charities

At your Club meeting again have a food collection box or collect toiletries since these items are always in need. You could collect these items over a period of months, and give out a larger collection

Ask your Club Lions Roar officer to ask school children to collect food for you This may reach out to a wider audience, and potentially attract new Club members

Involve your local press when collecting food - it's a good news!

The above shows you some ways in which you as Lions can make a difference in your community.

I have a Question to all Lions within our District.

Do you know any farmers in your Club areas who are growing food produce this year and would allow Lions to do a gleaming project on their land? It only needs a small group of Lions Club members to pick the produce and box or bag up the items and whatever is collected can be given to food banks and other charities

If you know of any farmers willing to help, please can you email me.

If you want to know more about gleaming, please look at the web page www.feedbackglobal.org. This is a great page with plenty of information on Hunger and Gleaming.

Many thanks

Lion Ian Hambleton District 105SC Hunger Officer

Civic Honour for Calne Lions

After a busy 2022, refurbishing both our burger van and completely rebuilding the Santa Sleigh, Calne Lions were honoured last month by the Town Council.

President Lion Rachel Viles was invited to attend Calne Town Council's Civic Award Ceremony where she received a certificate of achievement from the Town Mayor on behalf of the Club. This honour was in recognition of the continued voluntary contribution Calne Lions makes to the town.

The following morning Calne Lions members were back out in the community with a street collection for Marie Curie, where just over £450 was raised. The Club is now focussed on the upcoming Duck Race. Due to the pandemic, this will be the first Duck Race Calne Lions has been able to hold since 2018 and Club members are hard at work, planning, selling tickets and duck sponsorships ready for Race Day, on Saturday 13 May.



“Everybody talks about the weather, but nobody does anything about it.” Mark Twain



**Ladies Fashion Show
AND Pop-up Shop!**

SHOP YOUR FAVOURITE HIGH STREET BRANDS
AT 50% OFF OR MORE!

Colours.
[FUN]DRAISING
FASHION SHOWS

TPS STUDIO

Friday 12th May 2023
All proceeds in aid of
Lions/Brain Tumour Research Appeal
The Studio, The Petersfield School, Cranford Road, Petersfield, GU32 3LU

Doors open 6.30pm, show starts 7pm

Tickets: £10 (includes a glass of wine)
Tickets to be purchased in advance

Raffle: FABULOUS prizes to be won at the show!

Tickets available at www.thestudiotps.com

Petersfield Lions Club (CIO) registered charity number 1174868

Letter to the Editor

Dear Sir...

While shopping at Castle Point Shopping Centre in Bournemouth, I came across Zone Chairman Lion Barrie Haynes raising funds for the local Cherry Tree Nursery.



The nursery's motto is "Caring for People, Caring for Plants". Through the use of therapeutic horticulture, Cherry Tree Nursery helps to restore mental wellbeing and give purpose to people's lives. The nursery is the first project of the registered charity Sheltered Work Opportunities Project (SWOP).

I particularly liked Lion Barrie's t-shirt with its slogan "I make a difference, I volunteer" and also that he had adopted a suitable floral theme for his costume.

Thank you, Lion Barrie, for your support.

*Best regards
George*



District Fun Day

at Marwell on Sunday 11 June 2023.
Booking form to be returned by
Friday 26 May.
Contact Lion Sandra for more
details if required.
s.m.manktelow@gmail.com

LIONS WIT

**A Lion's wife tried
to take a selfie in
the sauna but it
was too blurry.
She has selfie
steam issues.**



Sentinel's eye on...

The Events Calendar

Club events for the next three months and updated month by month are listed here

Club Events: May, June and July 2023

- ♦ **ALTON** - Second Saturday of every month, **Lions Craft Markets**
- ♦ **BRADFORD-ON-AVON** - Saturday 15 July, **Crafts, Choirs, Coffee and Cakes.**
- ♦ **CALNE** - Saturday 13 May, **Duck Race**
- ♦ **DEVIZES** - Thursday 11 May, **Charity Golf Day**; Sunday 11 June, **Lions on the Green Classic Car and Family Fun Day**; Sunday 25 June, **Handover**
- ♦ **EASTLEIGH** - Monday 8 May, **Teddy Tombola on Volunteers Day**; Monday 29 May, **Half Term Family Treasure Hunt**; Sunday 11 June, **Children's visit to Marwell Zoo**; Sunday 9 July, **Marshalling Hotton Heath 10k run**; Saturday 22 July, **Marshalling Fun Mudder at Southampton "Race for Life"**; Sunday 23 July,
- ♦ **JERSEY** - Sunday 14 May, **The Maison des Landes Hillclimb Challenge**; Saturday 20 May, **The Great Lions Tea Party**
- ♦ **MEON VALLEY** - Saturday 8 July, **Swanmore Village Fete**
- ♦ **NEW MILTON** - Friday 16 June, **Charity Golf day**
- ♦ **ROMSEY & WATERSIDE**—Saturday 13 May, **Bookstall, Romsey Cornmarket**; Saturday 20 May, **North Baddesley Village Fair**

Webpage - www.lions105sc.org.uk/events

GST Team Zoom Meetings

- ♦ **Tuesday 9 May**
- ♦ **Wednesday 7 June**

Special Events

- ♦ **22 APRIL 2023 - INTERNATIONAL EARTH DAY**
- ♦ **28 MAY 2023 - WORLD HUNGER AWARENESS DAY**
- ♦ **12 - 17 JUNE - NATIONAL DIABETES WEEK**
- ♦ **12 JUNE - WORLD ENVIRONMENT DAY & LCI DAY**

What is Spiking?



To spike means to put alcohol or drugs into someone's drink without their knowledge or permission. Any type of drink can be spiked and mostly the victims are young women. Every week there are reports about spiking incidents and recently a YouGov poll found that one in nine women and one on 17 men in the UK have been the victims of drinks spiking.

The effects of a spiked drink may include feeling drunk, woozy or drowsy, 'out of it', mental confusion or feeling more intoxicated than expected.

Rohypnol and Gamm Hydroxybutyrate (GHB) are the most commonly known 'date rape' drugs and both can be used to commit physical and sexual assaults as they can sedate or incapacitate a victim. Often the drug is slipped into the neck of bottled drinks in busy and loud environments. Symptoms can develop within five to 20 minutes and last for up to 12 hours.

Spikeys are low cost devices that reduce the possibilities of placing tablets in bottle necks and may be obtained from Amazon - look for Spikey Stoppers.

Creating awareness of spiking and how to combat it is a Fleet Lions Club initiative.



OLD MONARCH

The Editor has the last word...

It was a pleasure greeting the District Governor and wife Annie in Jersey last week and we were delighted that as well as being shown much of the Island, he visited Maison des Landes Hotel for people with disabilities, the Jersey Lions' longest running project (since the 1960s) whose circa £4 million refurbishment is almost complete. Lion Dave (pictured here with Trustees and the Hotel's manager) praised the Club for its achievement and then asked us what our next big project was likely to be!

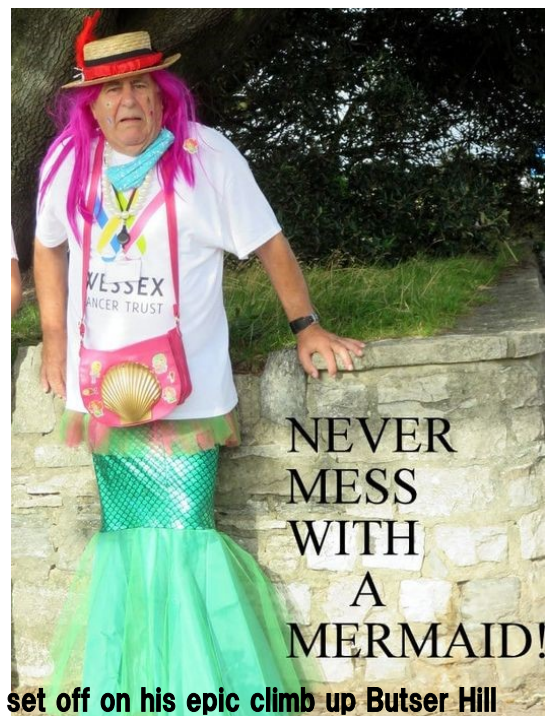


Lion Peter Tabb



**Lions
tail...**

That a Zone Chairman has climbed Hampshire's highest hill dressed as a mermaid is a very fishy tale.



Lion Barrie Haynes about to set off on his epic climb up Butser Hill

Please send all articles and pictures for publication in the
DISTRICT 105SC SENTINEL
to the Editor, Lion Peter Tabb, email : news@lions105sc.org.uk
ideally at least a week before the end of the month