

105  
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**APRIL 2023 EDITION**



**SENTINEL**



**“I’m in charge!”**

**The DG delivers a ‘fun’ Convention**



The International Association of Lions Clubs

**District 105SC**

District Governor 2022 - 2023 ♦ Lion Dave Ebsworth

✉ [dg@lions105sc.org.uk](mailto:dg@lions105sc.org.uk) ♦ [www.lions105sc.org.uk](http://www.lions105sc.org.uk)

**“Service with enthusiasm and pride”**



# **The DG's Leader...**

## **Lions serving with enthusiasm and pride**

### *My fellow Lions ...*

What a month! Firstly, I would like to thank all Lions and partners involved in our District Convention. What a fantastic weekend and it's impossible for me to single out one item, but what I will say is that our International guests PID Per and Lion Lene really enjoyed themselves and it was Lion Lene's first Convention. I am sure Lion Peter will cover all of this in the *Sentinel*. As for Annie and myself we were blown away with it all and that is thanks to all of you.

As I said at the start of the morning the nerves were there but you, the audience, soon got rid of them. I hope you liked the waistcoat! I also believe that getting rid of some of the intros was important and, as we are all Lions, it makes us more comfortable. It was a privilege to hand out the District and International awards.

After the weekend Annie and I needed a rest, so on Wednesday 8 March we flew out to Malta, our second home as we call it, and while there, we were the International Guest of Midna Malta Host Club's Charter during which I assisted President Lion Sandra to badge up eight new members and witness the signing of Friendship between them and Clubs from Italy. We met up with Maltese friends and Lion Bill a member of the Abingdon Club here in UK with his wife Sue. We also celebrated our 30<sup>th</sup> wedding anniversary.

We came home a week later for Annie to test positive for Covid the very next morning. Fortunately I escaped. I am pleased to say she recovered just in time to attend the 47<sup>TH</sup> Loddon Valley Charter Anniversary on Saturday 25 March. During the week I attended a wash-up meeting on Convention and held a GAT (Global Action Team) meeting where we discussed "Up-Skilling" (training) and, of course, membership which stands at 1,086 as at 1 April – not good.

On Sunday 26<sup>th</sup> I met with DG(E) Lion David, 1st VDG(E) Lion Sandra and 2<sup>ND</sup> VDG(E) Lion Dianne and we spent the day going over the year, the problems we have had or foresee and next year's team for Lion David. He has asked that if anyone would like to join his Cabinet, then e-mail him with your interest and also state where you see yourself within the team.

A few dates for your diaries. There will be an "Up Skilling" day on Sunday 4 June, venue to be confirmed.

Membership will be part of the day but if you want to see things included on the day e-mail either me or Lion Linda Picton GLT (Global Leadership Team).

The second date is Sunday 23 July which will be the Handover at the Double Tree Hilton at Swindon. DG Lion David's first Cabinet is in the morning followed by a two course lunch and Handover after. More details will be released soon.

Sunday 11 June will be our first Fun Day at Marwell Zoo, organised by 1<sup>st</sup> VDG(E) Lion Sandra. Please let's get behind this, let's get the people going and that can include Lions. I will be there along with the DG Team and I shall do a turn dressed as one of the Lions. Please join us since the more we get, the cheaper it is and we can all have fun.

Thank you all once again for your support. It means a lot.

*Lion Dave*



# The Bigger Picture

Have you bought your  
balloon for the Virtual  
Balloon Race?

As we are coming to the  
end of this Lions year,  
please consider donating to  
the Appeal so that we can  
be a step nearer our £1  
million target.

LIONS CLUBS INTERNATIONAL  
MD105 INVITE YOU TO TAKE PART  
IN THEIR ONLINE

## CORONATION BALLOON RACE

VIRTUAL RACE =  
ENVIRONMENTALLY  
FRIENDLY!

TO RAISE FUNDS FOR THE LIONS  
BRAIN TUMOUR RESEARCH APPEAL

**£5 PER BALLOON**

**[WWW.BALLOONRACE.NET/LIONSMD105](http://WWW.BALLOONRACE.NET/LIONSMD105)**

**1ST PRIZE £100 2ND PRIZE £50  
3RD PRIZE £30 + 7 RUNNERS UP PRIZES**

Race launches at MD Convention on  
Sunday 7th May and ends on Sunday 14th May



Find us on 



Charity number 1181428



# Lions matters of moment



## Lions Clubs International FOUNDATION

I hope those of you who attended our wonderful convention, got a chance to look at the LCIF stand which had pictures from Turkey. At the start of March, there was a CAIV (Constitutional Area IV of which MD 105 is a part), held at Oakbrook focusing on Turkey. An action committee is now working with Turkish Lions to move things forward. 11 provinces have been affected; the Lions plan to focus on four areas:

- Antakya.
- Kahramanmaras.
- Malatya.
- Adiyaman.

The time has come to focus on rebuilding and the Disaster Relief Committee are discussing several projects with LCIF. After the meeting, a second grant of \$200,000 was approved.

Europe has four of the top donating countries, of those, MD105 is no1 having donated \$107,955. If you or your Club have donated, then

**thank you.** But we must not become complacent, the need to support our charity continues.

On Friday Rolling Fork and other towns and cities in the Mississippi Delta were hit by terrible storms and a Tornado. At least twenty-six people have died in a trail of destruction one hundred miles long and a mile wide. Of the residents of this and other areas affected, 20% live below the poverty line and 21% live in mobile homes. Further storms are forecast. So far a \$10,000 Emergency Recovery Grant (ERG) had been approved and the MD had submitted an application for a Major Catastrophe Grant.

If you have any queries regarding Lions Clubs International Foundation, then please get in touch.

*Lion Ann Huntley* MJF

District 105SC LCIF Coordinator

[lcif@lions105sc.org.uk](mailto:lcif@lions105sc.org.uk)

## From LCIF Chairman Lion Douglas X. Alexander

### Greetings Lions and Leos!

It never ceases to amaze me when I see how much is possible when Lions and LCIF work together in service. The LCIF Annual Report "Helping a World in Need" highlights the incredible ways Lions, Leos and our organisation's partners are creating a better world for tomorrow with support from LCIF. It shows we are responding to a natural disaster like the earthquakes in Turkey and Syria, offering long-term assistance during a humanitarian crisis like the war in Ukraine and ensuring that children in underserved communities have much needed access to comprehensive eye health care. Lions offer help and hope where it is needed most. My sincere thanks to everyone who continues to support LCIF.



# More Lions matters of moment

## DG's Month

### April

2 Apr. Burnham Lions Charter Anniversary  
4 Apr. United Nations Day at Houses of Parliament  
7-10 Apr. Family Time  
12 Apr. Crofton Lions Official Visit  
13 Apr. Westbury Lions Official Visit  
17 Apr. Hook & Odiham Lions Official Visit  
18 Apr. Havant Lions Charter Anniversary  
21-23 Apr. Jersey Lions Official Visit  
24 Apr. New Milton Lions Official Visit  
29 Apr. Orientation at Windsor

## DG-elect's Month

2 Apr. IoW Ryde Charter Anniversary  
5 Apr. DG Elect meeting  
6 Apr. Zone Chairmen's meeting  
12 Apr. GMS Club meeting  
17 Apr. Fareham Lions Official Visit  
20 Apr. Finance Committee  
21-23 Apr. DG Training Weekend  
26 Apr. GMS Club meeting

## 1st VDG-elect's Month

1 Apr. Litter pick at Tesco Petersfield  
3 Apr. Petersfield Lions Club business meeting  
4 Apr. United Nations Day at Houses of Parliament  
6 Apr. Zone Chairmen's meeting  
11 Apr. GST meeting  
15 Apr. Multiple District GST meeting  
17 Apr. Petersfield Lions social meeting  
18 Apr. Havant Lions Charter Anniversary  
22 Apr. Petersfield Lions Charter Anniversary  
26 Apr. 1st VDG(E) Zoom meeting

## WALK FOR DIABETES

The MD Diabetes team has now revised the How 2 Guide for a Diabetes Walk in which I hope your Club will take part, ideally during National Diabetes Week 12- 17 June.

Please let me know if you are partaking and, if you do, how it goes.

*Lion Judith Goodchild*

Diabetes Officer I05SC

## CREATIVE THINKING

Marketers tend to work along well-established lines because they are usually well aware of the Clarence Birdseye syndrome. Some ideas take longer to be accepted than others. Our reality, as Lions, is that we don't really want any of our ideas to take a generation to come to fruition.

This is a major factor with new ideas - they have to be practical and viable (not necessarily the same thing) and they should be able to be brought about NOW.

We have all for some time been fascinated by a meerkat in a waistcoat (now there's an innovation!) trying to sell us insurance. But the meerkat's message is, as he says so himself, 'simples'.

This is perhaps more crudely put as "KISS" - keep it simple, stupid! Ideas to work must start out as simple concepts since the more complicated they are, the longer they may take to become effective.

Let's look at a simple idea. People swimming up and down a pool and being sponsored per lap swum. Despite being surrounded by sea with some of Europe's finest beaches and swimming being a very popular pastime, no-one in my neck of the woods (a daft phrase as we don't actually have any real woods) had thought that a cumulation of breast-strokes and fast crawls could be turned into a fundraiser. The advent of the first public indoor swimming pool, with fresh rather than seawater, sparked the idea. The desire to bring the public into the pool rather than have them just splashing about in the sea, fuelled the idea. A Lion devised how people doing the rather metronomic simple thing of swimming up and down could be turned into a fundraiser. This took place in February 1972 and since then the Jersey Lions Swimathon has raised more than £3.7 million for good causes.

Simples!

*Lion Peter Tabb* MJF MCIM MCIPR

# Even more Matters of Moment

## Welcome New Lions

I am delighted to welcome nine new members into Lions Clubs International and wish them a long and happy time as a Lion.

BRACKNELL - Lions Dean Brewer, Peter Brown, Sharon Parker and Andy Scott

DEVIZES - Lion Elaine Stimpson

GUERNSEY - Lions Rhianna Goodridge and Paul Muir-Field

NEW MILTON - Lion Gillian Hepburn

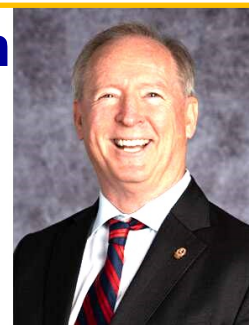
MELKSHAM - Lion Caroline Opie

TROWBRIDGE - Lion Rory Donaldson

WARMINSTER - Lion Alan Case

DG Lion *Dave*

## Together we can with International President, Lion Brian Sheehan



Like so many of you, I'm proud to carry on my family's legacy as a Lion. But today, we are doing things a whole lot differently than my grandfather did. That's because innovation is such a huge part of our tradition, and it's how we've met the changing needs of our communities for generations.

Innovation is about embracing new ideas, new service and new ways of connecting with our communities - and it begins with each of us. So let's keep thinking about new ways to innovate. Because when we ensure that our tradition of service is as vital today as it ever was, we not only honour our past, we create a brighter future for our communities and the world.

*Lion Brian Sheehan,*  
International President

## WOODLEY AND EARLEY'S 100,000 SPECTACLES!

Lion Philip Barry MJF of Woodley and Earley Lions Club has finally achieved the monumental landmark of collecting 100,000 spectacles for SpecTrek. Lion Philip has been collecting unwanted glasses on behalf of the Club since 2006 and vowed not to stop until he reached that magic number. Nevertheless he remains devoted to the cause and encourages others to keep donating.

Last month, President Lion Mike Kennedy assisted in the transport of 18 boxes of spectacles to the District 105SC Convention in Portsmouth.





**“Regret is an appalling waste of energy; you can’t build on it, it’s only good for wallowing in.” - Katherine Mansfield**



**A simple blood test could save your life.**

## **PLACES GOING FAST FOR WINDSOR’S PROSTATE CANCER SCREENING CHECK!**

The Windsor Lions Club is delighted with the response to their offer of a PSA blood test to check for possible signs of prostate problems. The event is being held at Windsor Racecourse on Thursday 20 April between 3.00 pm and 8.00 pm and is aimed at men aged 40 years and over.

Event organiser Lion Diane Purchase declared: “We already have almost 900 bookings with still three weeks to go. If anyone would like to come along, they can book now at [lcw.mypsatests.org.uk/Events](http://lcw.mypsatests.org.uk/Events). There is no charge but donations are encouraged - either on line or on the day - as the event will cost Windsor Lions in the region of £30,000 to stage. Nevertheless the Club feels that this is a really important part of the work carried out for the community.’

The results are sent out within a week or so to the attendee and take the form of a ‘traffic light’ system:

**GREEN - all clear,**  
**AMBER - suggest a retest/follow up and**  
**RED - contact your GP straight away.**



## **“It’s a Charter, Jim, but not as we know it!”**

Bournemouth & Christchurch Lions have teamed up with their next-door neighbour, Poole Lions Club, to hold a joint lunchtime Charter Anniversary this year.

Many of the older Lions cannot remember this ever happening in the past, so it might be unique, although we stand to be corrected.

Anyway, it will be different, at a bargain price of £25 per head.

Full details, menu and booking form from President Lion Vicki at [Vicki.haynes@lions105sc.org.uk](mailto:Vicki.haynes@lions105sc.org.uk).

On Monday 1 May, Lion Barrie Haynes from the Bournemouth Lions Club will be attempting the long climb to the top of Butser Hill (the highest point in Hampshire) dressed as a mermaid, raising funds for the Brain Tumour Research Appeal.



**“People don’t want to buy a quarter-inch drill.  
They want a quarter-inch hole.”- Theodore Levitt**



## **CHILDHOOD CANCER**

### **A story of Devastation and Dreams**

EVERY DAY seven young people aged 13 to 24 years hear the words - **“You have cancer”**.

During the District 105SC 2023 Convention, a brief update was given on childhood cancer.

Research can provide some of the answers and is helping us all to understand:

- Why a child develops cancer;
- Treatments for different types of cancer that are the best for each young patient; and
- Treatments that target the cancer that are less invasive and destructive to healthy cells and organs.

Initial diagnosis, treatment and care may be at a specialist treatment centre, rather than a local hospital. It is not just one person, the patient, with cancer. The lives of family and friends are deeply affected which may last for many months.

Lions Clubs in the Multiple District have pledged to raise funds for research into brain tumours through the partnership with the Brain Tumour Research Charity.

How can we make a difference to childhood cancer patients and perhaps make hospital stays a better experience?

The following link gives an overview of the work of the Teenage Cancer Trust.

<https://www.youtube.com/watch?v=dgEk4g93GHo&t=153s>



## **Jersey Lions 2023 Swimarathon raises £100,000**

The 2023 Jersey Lions Swimarathon which took place from Wednesday to Sunday 8 to 12 March has raised almost £100,000.

At the end of the five-day event the 3,500 swimmers had raised around £85,000 and late-coming sponsorships has brought the total almost to £100,000, which does not include the substantial sponsorship of the event by finance house Ravenscroft which covers all the event's running costs. Among the swimmers was Jersey's newly appointed Lt Governor Vice Admiral Jerry Kyd, as well as the Island's Bailiff and members of the government.

The Lions Swimarathon is the Island's biggest fundraiser and has now raised more than £3.7 million since 1972.

From the proceeds the Jersey Lions will be supporting three local foodbanks as the principal beneficiaries as well as many other local good causes plus donations to LCIF,.

## **Your Gift for Living Project needs your foreign notes and coins...**

**Have you returned from holiday with unwanted currency, or got old foreign coins and notes hidden away in the back of a drawer?**

Only a few of us ever change the money back into sterling. The rest stockpile it at home, in all probability that the cash will be forgotten. If you arrive home with coins and notes you could afford to donate, then please send them to MDHQ where they will be collated and forwarded to a specialist dealer.

**ALL PROCEEDS WILL GO TO GIFT FOR LIVING.**

We can accept any currency, including UK coinage and notes and even defunct pre-euro currencies such as old Spanish pesetas or Greek drachma.

You can download a foreign currency recycling poster from the Gift for Living website to arrange a collection at your local school, college, church or workplace.





**“If you are not consciously building your habits, they are unconsciously building you.” - Anika J. Green**



Blandford & District Lions, supported by other Clubs, family and friends, celebrated their 50th Charter Anniversary with a lunch for 80.

A memorable occasion was enjoyed by all and the photograph above shows three generations of Presidents from the same family.

Current President Lion Ian Corben, his daughter Lion Genevieve (President 2014-15) and granddad Lion Gerald Witt (President 1981-82) pictured performing the cutting of the celebration 50th Anniversary cake.

## **A busy March for Basingstoke**

The annual Swimathon on Saturday 4 March, which the Basingstoke Lions have run for 39 years, racked up another success - the formula continues to work; it ain't broke, so the Lions don't fix it!

One week later, although it took eight years for the suggestion to come to fruition, the Club finally staged a PSA testing event at which 141 - perhaps fair to say, slightly anxious - gents presented themselves to the phlebotomists of the Graham Fulford Charity Trust. Each was also asked how he had learnt about the event. Gratifyingly very many cited, as well as the internet, the local publications who had been blitzed with a punchy press release and poster from the Club, albeit several admitted wryly that "my wife told me to come..."

The following is just one of the comments received after the event:

*Please pass my thanks to the Lions for the prostate testing session on Saturday in Basingstoke. It was very well organised and I was in and out in less than ten minutes. The results came though by email considerably quicker than I was expecting. Thankfully I am clear.*

*This is an excellent service to provide and it's a pity the NHS don't do it by way of a national programme as they do with bowel cancer testing. It would save so many lives,*

*Many thanks again to the Lions.*

A further week later saw a repeat of the popular Motown & Soul night featuring Lou Taylor, a brilliant bass guitarist/vocalist whose musical skills resulted in a full dance floor for the better part of three hours.

Like all Lions, we serve, we work - and we play!

## **PASSED TO HIGHER SERVICE**

The Wimborne and Ferndown Lions Club is saddened to report the passing to higher service of **Lion Anne Lippitt** who joined the Club in 2003.

The 105SC Sentinel extends sincere condolences to the Lion Anne's family, friends and fellow Lions.

**“Just because nobody complains doesn’t mean all  
parachutes are perfect.” - Benny Hill**



**Ladies Fashion Show  
AND Pop-up Shop!**

**SHOP YOUR FAVOURITE HIGH STREET BRANDS  
AT 50% OFF OR MORE!**

Colours.  
[FUN]DRAISING  
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TPS STUDIO

Friday 12th May 2023  
All proceeds in aid of  
**Lions/Brain Tumour Research Appeal**  
The Studio, The Petersfield School, Cranford Road, Petersfield, GU32 3LU

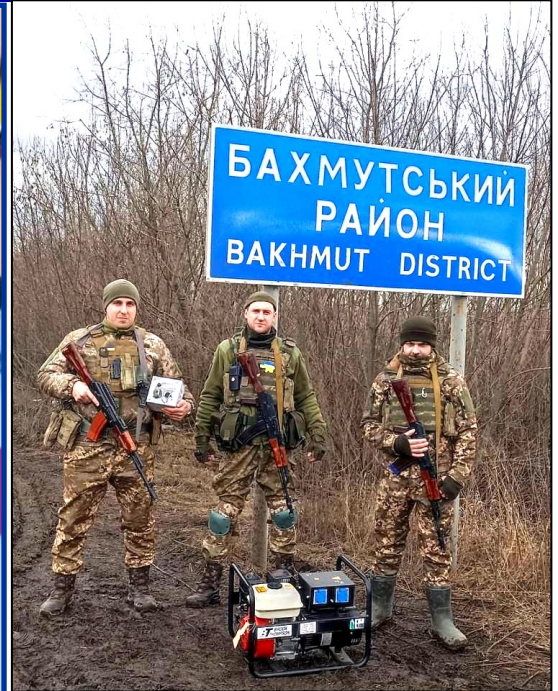
Doors open 6.30pm, show starts 7pm

Tickets: £10 (includes a glass of wine)  
Tickets to be purchased in advance

Raffle: FABULOUS prizes to be won at the show!

Tickets available at [www.thestudiotps.com](http://www.thestudiotps.com)

Petersfield Lions Club (CIO) registered charity number 1174868



A couple of years ago Bradford-on-Avon Lions decided to ‘electrify’ their Santa float using a car battery to power the lighting and music. This has worked brilliantly and made the float greener with much lower maintenance and fuel costs as well as getting rid of the pollution! However this left the Club with the problem of what to do with a very usable generator which had been lying idle in a member’s garage unused for two years.

And then there came an answer!

A local Ukrainian doctor put out an appeal for equipment including generators to be sent to those suffering power cuts in Ukraine. The Bradford-on-Avon generator went straight to the front line where, hopefully, it is helping provide soldiers and citizens with power during these terrible times.



## **District Fun Day**

**at Marwell on Sunday 11 June 2023.**

**Booking form to be returned by  
Friday 26 May.**

**Contact Lion Sandra for more  
details if required.**

**[s.m.manktelow@gmail.com](mailto:s.m.manktelow@gmail.com)**

**LIONS  
WIT**  
**It’s OK if you  
don’t know what  
“prefix” means.  
It’s not the end  
of the word.**





# Sentinel's eye on...

## The Events Calendar

*Club events for the next three months and updated month by month are listed here*

### Club Events: April, May and June 2023

- ♦ **ALTON** - Second Saturday of every month, **Lions Craft Markets**
- ♦ **BRADFORD ON AVON** - Easter Monday 10 April, **Easter Egg Hunt**
- ♦ **DEVIZES** - Saturday and Sunday, 1 and 2 April, **Sports Coaching Weekend**; Sunday 16 April, **Sponsored Walk**; Saturday 22 April, **Charter Anniversary**; Thursday 11 May, **Charity Golf Day**; Sunday 11 June, **Lions on the Green Classic Car and Family Fun Day**; Sunday 25 June, **Handover**
- ♦ **EASTLEIGH** - Monday 1 May, **Gypsy Caravan and Teddy tombola**; Monday 8 May, **Coronation Celebrations**; Monday 29 May, **Half Term Family Treasure Hunt**
- ♦ **JERSEY** - Sunday 14 May, **The Maison des Landes Hillclimb Challenge**; Saturday 20 May, **The Great Lions Tea Party**
- ♦ **LODDON VALLEY** - Saturday 15 April, **PSA Testing Event**
- ♦ **NEW MILTON**—Saturday 8 April, **Easter Extravaganza**; Friday 16 June, **Charity Golf day**
- ♦ **PETERSFIELD** - Saturday 15 April, **PSA Testing Event**
- ♦ **ROMSEY & WATERSIDE** - Saturday 1 April, **Street Collection**, Saturday 15 April and Saturday 13 May **Bookstall, Romsey Cornmarket**; Saturday 20 May, **Baddesley Village Fair**
- ♦ **WOKINGHAM** - Friday 3 March, **Quiz Night**; Sunday 23 April, **The Wokingham Walk**; Monday 1 May, **Annual May Fayre**

Webpage—[www.lions105sc.org.uk/events](http://www.lions105sc.org.uk/events)

### GST Officers Zoom Meeting

- ♦ Wednesday 5 April
- ♦ Wednesday 7 June

### Special Events

- ♦ MARCH 2023 - BRAIN TUMOUR MONTH
- ♦ 22 APRIL 2023 - INTERNATIONAL EARTH DAY
- ♦ 28 MAY 2023 - WORLD HUNGER AWARENESS DAY
- ♦ 10 - 17 JUNE - NATIONAL DIABETES WEEK
- ♦ JUNE - WORLD ENVIRONMENT DAY & LCI DAY



## Wokingham May Fayre

**Bank Holiday 1<sup>st</sup> May 2023 10am-5pm**  
**Organised by Wokingham Lions Club**

*Stalls 🏰 Funfair 🏰 Food & Drink*

*Stage Entertainment 🏰 Music 🏰 Picnic Area*

*Children's Zoo 🏰 Circus Acts 🏰 Games*

*Magic Show 🏰 Punch & Judy*



**Elms Field &  
Town Centre Wokingham**

**Download Programme here:**  
[tinyurl.com/woky23](http://tinyurl.com/woky23)



Registered Charity No. 1180632



# OLD MONARCH

*The Editor has the last word...*

I have a confession to make. I didn't become a Lion to have fun. I joined to serve - that sounds very pretentious but I was young and impressionable - and hoped that I would enjoy doing that. I did, and still do, after more than 50 years of involvement with my community. Being a Lion has given me self-fulfilment and great friends.

Notwithstanding, I much enjoyed the Convention and had fun, as the DG had promised, not least thanks to the humour of Matt Black on the Host Night. I managed to remember several of his jokes and will long relish his startling rendition of "Classical Gas".

Thanks everyone for making my first foray away from home for three years so very enjoyable.

*Lion Peter Tabb*



**Lions  
tail...**



Please send all articles and pictures for publication in the  
**DISTRICT 105SC SENTINEL**  
to the Editor, Lion Peter Tabb, email : [news@lions105sc.org.uk](mailto:news@lions105sc.org.uk)  
ideally at least a week before the end of the month