



The International Association of Lions Clubs



District 105SC

District Governor 2022 - 2023 ♦ Lion Dave Ebsworth

dg@lions105sc.org.uk ◆ www.lions105sc.org.uk

"Service with enthusiasm and pride"

The DG's Leader...

Lions serving with enthusiasm and pride

My fellow Lions ...

hat a month it's been. really busy, with our AGM Convention just around the corner. The team have been working extremely hard to make sure we have fun and have a great time. Please remember to bring with you old bras, STAMPS, FOREIGN COINS and SPECTACLES. Regarding spectacles, please contact PDG Lion Patrick Hamblin as we are restricted to 160 in numbers. Regarding taking spectacles to Chichester, they are closed until I let you know.

- Portsmouth does not have a Lions Club and hasn't for at least four years now, our hotel the Holiday Inn has a connection with the Trussell Trust and I would like us to help a Portsmouth foodbank by bringing a tin, long-life product, pasta or other suitable food to Convention where there will be a container to put it in. Please, let's make this a success.
- On Saturday 18 February I attended the Young Ambassador final at Dudley, where our candidate Jasmine Folkes was exceptional but unlucky. You will see and hear from her at Convention.
- We have managed to maintain our membership at 1,098 for another month, so hopefully with all the efforts you members are exerting, we should start to increase slowly over the coming months. Thank you.
- On 4th February Annie and I attended Chippenham Charter Anniversary and had a lovely evening. On Tuesday 6th I attended Henley Lions Club business meeting which was interesting and informative.
- We enjoyed a family weekend between the 10th and the 14th getting measured up for our suits for our nephew's wedding at the end of May. A bit stressful!
- On Thursday 16th, together with Lion Brigette, manager from national HQ, we went to Newcastle to visit the MD hotel. Please ignore what you have read on Trip Advisor the hotel looks great.
- The 17th and 18th was the Young Ambassador final. Our candidate Jasmine Folkes did really well but ultimately the candidate from 105SE was the winner.
- On Sunday 19th, we attended Blandford and District Lions 50th Charter Anniversary. What a lovely event, well supported and I handed out some service awards and a 50th certificate.
- We went to Weston-super-Mare on Monday 20th. There we looked at hotels for MD Convention 2024. Then, on Tuesday 21st, I visited Woodley and Earley Lions where I had the pleasure of badging up a new Lion.

The following day, via Zoom, I participated in the Europe GAT meeting.

Monday 27th was a day off as it was my birthday and Annie spoiled me!

The rest of February was given over to getting ready for Convention and I look forward to seeing many of you there.

Lion Dave

The Bigger Picture

A great way to support the Lions/Brain Tumour Research Appeal and be environmentally friendly at the same time!

Why not buy a balloon for yourself, a friend or your Club?



LIONS CLUBS INTERNATIONAL MD105 INVITE YOU TO TAKE PART IN THEIR ONLINE

CORONATION

TO RAISE FUNDS FOR THE LIONS BRAIN TUMOUR RESEARCH APPEAL

£5 PER BALLOON WWW.BALLOONRACE.NET/LIONSMD105

1ST PRIZE £100 2ND PRIZE £50 3RD PRIZE £30 + 7 RUNNERS UP PRIZES

Race launches at MD Convention on Sunday 7th May and ends on Sunday 14th May









Charity number 1181428

Lions matters of moment



Convention 2023

Hopefully your Clubs will have received the latest information that I recently sent via District Secretary Peter, concerning the Lions and the response from our Foundation to the terrible events in Turkey and Syria. I know a few Clubs have already held collections or made donations. The money that is sent from the Foundation is already being overseen by our fellow Lions and this will continue to be the case. The Foundation will continue to facilitate grants as quickly as is possible.

In the latest district mailing you will see a letter from DG Lion Chris Hibbert concerning the ongoing situation in

supporting the people of Ukraine. It is worth reading and highlights the fact that Lions, supported by the Foundation, keep going until the job is done.

Thank you for continuing to support Lions Clubs International Foundation. Please do look out for the information concerning Strides for Diabetes and maybe combining it with an awareness and collecting event of the work of the Foundation for LCIF Day lune 2023.

If you are attending Convention this weekend I hope you have a look at the LCIF stand and I look forward to meeting you.

Lion ann Huntley MJF

District 105SC LCIF Coordinator Icif@lions105sc.org.uk



Lions International Response to Earthquake in Turkey and Syria

The earthquake that struck Turkey and Syria devastated communities, homes and families. When a humanitarian crisis of this magnitude strikes, Lions and Lions Clubs International were among the first to respond. LCIF quickly awarded a US\$200,000 grant to the Lions in Turkey, who are providing 16 prefab container buildings to the Haley Province in south-eastern Turkey to create a Lions Village for earthquake survivors. As relief needs continue to emerge, additional grants may be awarded. Your donation to the Disaster Relief Fund can be the difference for families struggling to cope with disasters like this one.

More Lions matters of moment

DG's Month

March

- 3 5 Mar. District Convention
- 8 15 Mar. Visit to Malta (attending Medina Malta Host Club Lions Charter Anniversary as International Guest)
- 17 19 Mar. Attending DG Lion Chris Hibbert 105CE Convention
- 23 Mar. GAT meeting
- 25 Mar. Loddon Valley Lions Club Charter
 Anniversary
- 26 Mar. Meeting with VDGs

1st VDG's Month

- 3 5 Mar. District Convention
- 8 Mar. Incoming Council meeting
- 12 Mar. Swindon Lions Club 50th Charter Anniversary
- 22 Mar. GMS Club meeting
- 23 Mar. GAT meeting
- 24 Mar. GNS Quiz Night
- 26 Mar. DG Team Training

2nd VDG's Month

- 3 5 Mar. District Convention
- 6 Mar. Petersfield Lions Club business meeting
- 8 Mar. Fleet Lions Club Official Visit
- 10 Mar. Petesfield Lions Swishing Event
- 13 Mar. Anne Lippitt's Funeral
- 20 Mar. Petersfield Lions social meeting
- 23 Mar. GAT meeting
- 25 Mar. Meon Valley Lions Club Charter Anniversary
- 28 Mar. 2nd VDG Zoom meeting



March is Brain Tumour Research
Month

Can your Club help towards the £1 million pound target by either donating via our District Treasurer or running an event?

CREATIVE THINKING

Last month we began addressing 'creative thinking', looking at what we meant by it and why it plays a significant role in marketing - our quest to achieve a profile high enough to recruit new members and retain our present ones.

We agreed that the keys to creative thinking are ideas and innovation. So let's look at these two in a little more detail.

We all have ideas. Lions' activities are full of ideas. Messages in a Bottle, SpecTrecs, Litter Days, sponsored walks and even sponsored swimming.

All these stemmed from someone's idea. An idea that could be turned into viable reality.

Clarence Birdseye had the idea that you could freeze food and keep it edible for days even weeks. It took a whole generation for the public to believe in his idea, so long in fact that Clarence died penniless. However his idea lived on.

Fundamentally, before you get the idea, like Clarence, you have to have a project. What do you want to achieve? Do you need new, fresh ideas to achieve it? Many new ideas stem from established ones. Thomas Edison, a compulsive inventor, is usually credited with 'inventing' electricity. He did indeed discover how to convert a natural phenomenon to become direct current (DC) that could power a light bulb or motor. Nikola Tesla developed Edison's idea to invent alternating current (AC), potentially much more powerful than DC and today much more widely used. And the rest, as they say, is history.

But the lesson here is that existing ideas will generate new ones, often more effective, because they have the outcomes of their predecessors to build on.

Look around. Where are the ideas that could be built upon? Imitation may be the sincerest form of flattery and it can be very effective.

Lion Peter Tall MJF MCIM MCIPR

Even more Matters of Moment

Welcome New Lions

I am delighted to welcome nine new members into Lions Clubs International and wish them a long and happy time as a Lion.

CROFTON - Lions Aminder Hayre and Kamaldeep Hayre

FLEET - Lion Nigel Arthur

HiGHWORTH & DISTRICT -Lion Hilary Stokes

MELKSHAM - Lion Caroline Opie

TROWBRIDGE - Lion Rory Donaldson

WARMINSTER - Lion Wendy Case

WOODLEY & EARLEY - Lion Alan Brain

YATELEY & DISTRICT - Lion Samuel Wise

DG Lion Dave

Together we can with International President, Lion Brian Sheehan



Your Club is always working to bring bigger and better service to your community. Because every project, no matter how big or small, helps build a stronger foundation for the future. And the best part about it is that there's always something exciting to look forward to.

Let's share our excitement for what's happening now and what's next with our communities. We can give the people around us the opportunity to be the change they want to see by inviting them to help us make it happen. Because everything we do leads to something bigger. And our best work is still ahead of us.

Lion Brian Sheehan,

International President

PASSED TO HIGHER SERVICE

The Lions Club of Devizes is sad to report the passing to higher service of Lion Rodney (Rod) Duckett on 20 February at the age of 86. A former policeman, Lion Rod had been a loyal member of Devizes Lions Club since 1982 and had served as the Club's President in 1992/93.

The Lions Club of Basingstoke Devizes reports with great sadness the passing to higher service of Lion George Johns also on 20 February, a Lion of 50 years' service. Due to ill-health for several years Lion George has been unable to take an active role in the Club's business. However, on 20 December DG Lion Dave Ebsworth visited the Basingstoke Club and left with us Lion George's 50-year award pin to be forwarded to him.

The 105SC Sentinel extends sincere condolences to the Lions' families, friends and fellow Lions.

"I write because I don't know what I think until I read what I say." - Flannery O'Connor



LIONS CONTINUE SUPPORTING ROMSEY FOODBANK

After enquiring what was urgently needed to help top up supplies, Romsey & Waterside Lions Club bought a wide range of products from local retailers and have made a further donation to Romsey Foodbank.

The Romsey Foodbank is one of three that the Club supports in the local area.

In the photograph Lion Sandra Trowbridge is presenting the latest donation to Beth Tanton who is the Centre and Operations Manager at the Romsey Foodbank.



Wokingham Lions Club, in association with First Days Children's Charity, Share Wokingham and Wokingham Borough Libraries, are launching a new laptop recycling programme planning to support families in need, Ukrainian refugees, charities, schools and local non-profit organisations. Called ReTec (Recycling Technology) we hope to benefit the Wokingham community through 2023 and beyond.

"We are aware that there is still a digital divide in our community, with adults and children unable to access services and education that could assist them due to a lack of computer equipment at home," says Wokingham President Lion Claire Mangers-Page. "This project, based on a scheme run by Fleet Lions which has delivered over 2,500 laptops in Hampshire, we hope will help bridge that divide. Colleagues at First Days Children's Charity, Share Wokingham and Wokingham Borough Libraries are supporting us with collection locations, storage space and distribution."

The Wokingham Lions are ready to receive used laptops donations around Wokingham Borough. All laptops will be completely cleaned, refurbished and tested, then loaded with basic applications before being offered. Hard discs will be securely erased before use. Even laptops that are too old or broken can still be used for parts. The Club is happy to receive laptops from individuals, organisations and companies to support this cause.

Jersey Lions Swimarathon supports hotel for people with disabilities

Jersey President Lion Steve Taylor presents Lion Peter Tabb, president of the Trustees of Maison des Landes, the Channel Islands only hotel and community hub catering exclusively for people with disabilities, with a cheque for £103,000, the proceeds from the 2022 Swimarathon, towards the cost of the hotel's £3.8 million refurbishment.



"Experience is what you get when you don't get what you want." - Randy Pausch

A Promotional Letter from



The International Association of Lions Clubs

BURNHAM LIONS CLUB

A CHARITABLE INCORPORATED ORGANISATION
Registration number 1185131
Buckinghamshire – District 105SC
www.burnhamlions.org.uk
www.facebook.com/BurnhamLionsClub



Including: Burnham, Dorney, Farnham Common, Farnham Royal, Stoke Poges and Taplow

WHY DO LIONS CHOOSE TO BECOME LIONS?

By seeking to make a difference in the world, lions create an even greater difference in themselves.

There are various reasons why people choose to donate their time,

depending upon where they are in their life journey.

\the choice to volunteer at retirement is perhaps seeking something new and rewarding to build their time around.

Someone who may be looking towards developing their future aspirations and personal fulfilment
Or just maybe you are one of those kinds of people.

It's in your personality and character to eant to be involved.

What drives Lions to serve?

"I decided I wanted to make a difference and always had a passion for helping people and others."

Wanting to volunteer when facing a transition in life, finding fellowship,
friendship, collaboration and togetherness.

Being a Lion provides an opportunity to redefine yourself, find an identity, together with a genuine sense of purpose.

Volunteering gives individuals something new to build their life around. Lions are like family.

One of the benefits of being a Lion is that Lions don't just help others;0

everyone helps when a Lion needs help too.

Where there's a need, there's a Lion

We welcome your interest in Burnham Lions Club and encourage you to contact us.

Please contact lion.john@burnhamlions.org.uk

Your Gift for Living Project needs your foreign notes and coins... Have you returned from holiday with unwanted currency, or got old foreign coins and notes hidden away in the back of a drawer? Only a few of us ever change the money back into sterling. The rest stockpile it at home, in all probability that the cash will be forgotten. If you arrive home with coins and notes you could afford to donate, then please send them to MDHQ where they will be collated and forwarded to a specialist dealer. ALL PROCEEDS WILL GO TO GIFT FOR LIVING. We can accept any currency, including UK coinage and notes and even defunct pre-euro currencies such as old Spanish pesetas or Greek drachma. You can download a foreign currency recycling poster from the Gift for Living website to arrange a collection at your local school, college, church or workplace.



Jersey Lions 2023 Swimarathon will support local foodbanks

Three Jersey foodbanks will be the principal beneficiaries of the 2023 Lions Swimarathon which takes place from Wednesday to Sunday 8 to 12 March.

The five-day event which is the Island's biggest fundraiser and has raised more than £3.6 million since 1972, has attracted more than 400 participating teams from schools, businesses and sports clubs.

Participating in the event will be a team led by Jersey's newly appointed Lt Governor, Vice-Admiral Jeremy Kyd.

"There is enormous enthusiasm for the Swimarathon," says organising chairman Lion Andy Quinn, "Islanders of all ages thoroughly enjoy taking part knowing that every penny they raise goes to help local charities. This is something that really matters to swimmers and their supporters and wouldn't be possible without Ravenscroft continuing their incredible support as sponsor of the event."

"Honesty pays, but it doesn't seem to pay enough to suit a lot of people."- Kin Hubbard

news from Meon Valley Lions

Thank You, Thank You, Supporters!

Remember Christmas? !!!! - It may be a distant memory, but Meon Valley Lions would like to thank everyone who generously supported their local Schools Project via our Christmas collections this year.

The Lions contacted ALL schools in the Meon Valley and got responses from Bishops Waltham, Curdridge, Denmead, Droxford, Swanmore, Wickham and Waltham Chase.

Thanks to the public's generosity the Club was able to support many children on free school meals to do the following:

- 1) Subsidised attendance on Day and Residential SchoolTrips;
- 2) Purchase materials to reduce anxiety and improve behaviour;
- 3) Pay for attendance at After School Clubs from football to dance;
- 4) Pay for Breakfast Club to help parents who work; and
- 5) Purchased kit to improve the Breakfast Club experience.

The Club is glad that they could enable so many to have a happy Christmas!

Permission has ben granted for the children to be photographed with Santa and the picture published.



PASSED TO HIGHER SERVICE

The 105SC Sentinel is saddened to report the passing to higher service of PDG Lion Arthur Clenton. Lion Arthur was Club President 1987-88 and 1995-1996, Club Treasurer 2002-2021, District Governor 105BS 1994-95. He served six terms as District Treasurer, CNRO 2005–2009 and, at MD level, Treasurer 1996-2002, Convention Finance 2002-2005, CNRO 2006-2009, Appeal Fund Trustee/Treasurer 2006-2020 and, at International level, Fiscal Agent for the British Isles 1995/96. A magnificent amount of time, energy and dedication to Lions. He was presented with the Ambassador of Goodwill Award in October 2021

The Helen Keller Internet Lions Club is sad to report the passing to higher service of President Lion James McGregor. Lion Jim passed suddenly in December. A frequent volunteer for St John's Ambulance, a service about which he was passionate, training many volunteers. He joined the East Anglia Helen Keller Internet Lions Club in June 2020 having been a member of Portsmouth Lions Club where he was President and also Zone Chairman in that District.

The 105SC Sentinel extends sincere condolences to the Lions' families, friends and fellow Lions.

MD105 Regional Lions Leadership Institute (RLLI) 2023

Not sure if you want to attend? Then read this testimonial from one delegate who attended the 2022 RLLI

Twenty attendees made their way to a hotel in the Warwickshire countryside - not one of us knew what we were letting ourselves in for - but we all had the one purpose in mind - we each wanted to be "better" Lions for our fellow members, Clubs, Districts and the Multiple District. A few knew maybe one or two others in the group beforehand but that was about to change! The three facilitators were known to several of us - but regardless of this, they soon put everyone at ease. This continued over the weekend and they were each extremely supportive of all.

What actually happened was nothing short of a miracle!

How do we help the organisation as a whole move forwards in the 21st Century? How do we inspire and motivate our peers? We learnt how to approach all of this through a weekend of learning, yes - but much more through friendship, fellowship and support. These, we all agree, are friendships formed

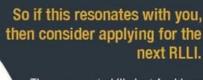
> in a short time but will last for life. We learnt from the facilitators, from each other and developed skills we never knew each other had - who knew we had amongst us an amazing singer, or that some could lie so convincingly for a fun version of a TV guiz show? We learnt how to ask for help and how to utilise the strengths of others to benefit all.

Would you like to apply?

Application forms will be available from National HQ and the return instructions are shown on the application forms.

Closing date for completed applications is

31st January 2023



These are not skills just for Lions but for life in general and we have all come home motivated and "buzzing", with courage of our convictions and the skills to put our ideas forward and in place.

Date:-14-16th April 2023

Venue:-The Abbey Golf Club and Spa Hotel Hither Green Ln. Dagnell End Rd. Redditch B98 9BE



For any enqueries on the RLLI please contact Brigitte at National HQ on either..... E:brigitte@lionsclubs.co.uk

T: 0345 833 9502









entinel's eye on...

the 187 ents (Calendar

Club events for the next three months and updated month by month are listed here

Club Events: March, April & May 2023

- ALTON Second Saturday of every month, Lions Craft

 MARLBOROUGH Saturday 1 April, Charter Markets
- ◆ BASINGSTOKE Saturday 4 March, Annual Swimathon; Saturday 11 March, PSA Testing Event; Saturday 18 March, Lou Taylor Soul & Motown Concert
- BRADFORD ON AVON Easter Monday 10 April, **Easter Egg Hunt**
- ◆ DEVIZES Saturday and Sunday, 1 and 2 April, Sports Coaching Weekend; Sunday 16 April, Sponsored Walk; Saturday 22 April, Charter Anniversary; Thursday 11 May, Charity Golf Day
- ◆ JERSEY Wednesday to Sunday 8 to 12 March, 51st Swimarathon; Sunday 14 May, The Maison des Landes Hillclimb Challenge; Saturday 20 May, The **Great Lions Tea Party**
- ◆ LODDON VALLEY Saturday 15 April, PSA Testing **Event**

- **Anniversary**
- ◆ PETERSFIELD Saturday 15 April, PSA Testing Event
- ◆ ROMSEY & WATERSIDE Saturday 11 March, **Bookstall, Romsey Cornmarket**
- ◆ WOKINGHAM Friday 3 March, Quiz Night; Sunday 23 April, The Wokingham Walk; Monday 1 May, Annual May Fayre

Webpage—www.lions105sc.org.uk/events

GST Officers Zoom Meeting

Wednesday 5 April

Special Events

- **MARCH 2023 BRAIN TUMOUR MONTH**
- 22 APRIL 2023 INTERNATIONAL EARTH DAY
- 28 MAY 2023 WORLD HUNGER AWARENESS DAY





OLD MONARCH

The Editor has the last word ...

I've really been anticipating this Convention, as much for greeting old friends and acquaintances away from a computer screen as the fact that this visit to Portsmouth will be the first time I will have left this Island for three years. I had hoped that I might fill the boot of my car with some local produce to meet the DG's expectations but a change of plan means that I am flying in and out and tins and pasta, etc. will not be in my baggage.

Who would have thought, prior to Covid, that foodbanks would feature so prominently in how we serve our communities?

And now I look forward to seeing many of the Sentinel's correspondents face-to-face.

Lion Peter Tall



Lions tail...



Please send all articles and pictures for publication in the

DISTRICT 105SC SENTINEL

to the Editor, Lion Peter Tabb, email: news@lions105sc.org.uk ideally at least a week before the end of the month