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First prostate scanning session for Hook and Odiham - page 7



SENTINEL

JUNE 2022 EDITION



Fleet Lions' Jubilee fireworks light up the sky



The International Association of Lions Clubs

District 105SC

District Governor 2021 - 2022 ♦ Lion Brian Donovan

✉ dg@lions105sc.org.uk ♦ www.lions105sc.org.uk

“Through Service We Grow”



The DG's Leader...

Through Service We Grow

Dear Family of Lions...

I have just come from packing up my car (after rushing back from work) with gazebo, tables, chairs and display boards ready for my Club to join others at our local events field to celebrate Her Majesty the Queen's Platinum Jubilee. Seeing our team down at our lock-up, picking up the kit and sizing up the work to be done on our sleigh made me feel that life is back to normal, but I know for many in the world, life is anything but normal and we as Lions are there ready to help.

It has been an honour and a privilege to have served you all this past year as District Governor and the last three years as part of the DG team, and 2nd then 1st Vice District Governor. I still have some visits and Charters to attend in June before my DG year closes and I am looking forward to meeting even more of you.

I will support DG-E Lion Dave (Ebbo) Ebsworth as he takes up the reins. I wish him well, he has worked tirelessly to support me this year for which I will be eternally grateful, and I will be committed to return that favour as I hope that you will all support him in the coming year.

I would like to thank all the Clubs that have welcomed me into their meetings and invited me along to help celebrate their Charter Anniversaries. It has been great visiting many different towns, and I am now well use to travelling back and forth the length of the District and beyond.

Lion Lesley and I are also thankful for your kind donations to Lion Lesley's chosen charity Oxfordshire Autistic Society Information and Support – or – OASIS for short. These donations will help them with running their play schemes for people on the spectrum, so a heartfelt thank you.

We are a brilliant District, composed of excellent Clubs and committed Lions. We all serve our communities both at home and further afield as we all live on one small planet that globally Lions can reach.

I have found many friends on my journey; I am really proud to be a Lion and I hope that I make a difference. To quote Shirley Chisholm "Service is the rent we pay for the privilege of living on this Earth", and we Lions do serve, and we have seen that through service we can really grow. DG-E Lion Dave will take us all on a new journey as we implement a new scheme, trialled in District A this year, to really generate growth and light a fire under all of us to get out there, be a Lion, bringing service to our communities and inspiring others to become Lions.

As young Mr Grainger used to say, 'you've all done very well!'



Lion Brian DG105SC



The Bigger Picture

Global Service Team News - June 2022

This is my last report as I will be relinquishing this role at the end of the month. I send 2nd VDG-E Lion Sandra every good wish and hope she has a very happy and successful time on GST. I will be in the background to support her and I will also still be responsible for diabetes and competitions.

I have held the position since its inception in 2018 and it has been an interesting role. Lions in 105D (as it was in 2018) and subsequently in 105SC have always provided service to their communities.

This has been very much the case since the pandemic began in 2020. Lockdown prevented face-to-face meetings, so many Clubs met virtually and while traditional fund raising became very difficult, many Clubs still managed to help their communities.

Despite Covid-inspired rules, Lions managed to deliver medicines and shopping to those who had to self-isolate, help schools by providing laptops to pupils who were learning online, as well as funding other groups who were helping those who could not leave their homes. In fact, hands-on service rather than donating increased during this time. Now, the worst appears to be over and Clubs are getting back to normal and events such as Prostate Cancer Screenings can take place.

In some ways we will be needed more than ever as people face the increase in inflation with rising costs especially as regards to fuel poverty. Some Clubs already have schemes whereby they ask members of the public to give them their Winter Fuel Allowance to pass on to those less fortunate than themselves.

Food Banks are getting very busy and I am sure Lions in 105SC will support them as they have in the past.

“We Serve” is our motto and I believe that Lions in 105SC certainly live up to this but unfortunately they do not always tell others about it. Reporting has improved but please Secretaries remember that this is an important part of your role to ensure that your Club’s service is recorded.

Lion Judith Goodchild

105SC GST Co- Ordinator



Where did your donated IT equipment go?

The Lions Clubs of NE Hampshire have been collecting and refurbishing IT equipment particularly from when the pandemic kicked off as there is a great need for equipment for home schooling here in the UK. Nevertheless there has been sufficient equipment donated to be able to pass the surplus to ‘IT for Africa’.

For several years, ‘IT for Africa’ has been servicing educational needs in a number of African countries.



IT SCHOOLS AFRICA

Transforming lives through access to e-Learning.

Lions matters of moment



Lions Clubs International
FOUNDATION



LCIFday EUROPA
2022

LCIF Day in Europe This year it is on Saturday 11 June, or on any date that suits your Club.

The focus this year is supporting our Lions in Ukraine. A good opportunity to let your communities know about what the Foundation is doing, and continues to do not just in Ukraine but wherever there is a need.

Further information can be found at **lcifday.eu**



The end is in sight for LCIF's largest capital campaign in its history. The International Convention in Montréal marks the end of

the campaign. To all the individuals and Clubs who have supported LCIF during this time, thank you. The final figures will be announced at Convention. I can tell you the latest figures I have are that our MD105 has achieved 105% of its target and at April this year 105SC donations total \$105,787.23. March's donations were \$33,429.07 and April's were \$49,548.17. I know so many Clubs have supported the Refugees & Displaced Persons Fund which has been so busy supporting our Lions family in Ukraine and surrounding countries. The latest podcast from MD is worth a listen, I know DS Lion Peter sent the details to all Clubs recently.

It remains for me to say **THANK YOU** for supporting Campaign 100. Recent events show how much our Foundation is needed and how much we need to continue to support it.

Where there's a need, there's a Lion.

Lion Ann Huntley MJF

District 105SC LCIF Coordinator

SITUATIONS VACANT

There are places on the **GLOBAL MEMBERSHIP APPROACH/ GLOBAL MEMBERSHIP TEAM** under the lead of Lion Jarvis Macdonald:

- ◆ **Youth Chairman and Youth Officers**
- ◆ **Leos' officer**
- ◆ **Paulton's Park Co-ordinator**
- ◆ **Legal Consultant**

There may be a position that you would like to fulfil which isn't on the above list. Please either e-mail **DG-Elect Lion Dave Ebsworth** (dave.ebsworth@outlook.com or call on **07803 243325** to discuss.

More Lions matters of moment

Welcome New Lions

I am delighted to welcome new members into Lions Clubs International and wish them a long and happy time as a Lion.

ABINGDON - Lions Kerenza Begley and Luke McSweeney

BRADFORD ON AVON - Lion Janie Salisbury

CALNE - Lions Pamela Friend and Jo Smith

DEVIZES - Lion Kenneth Stephenson

HART - Lion Jean Fox

LODDON VALLEY - Lion Colin Willoughby

READING - Lion Nigel Furlong-King

PETERSFIELD - Lion Gillian Medcalf

WESTBURY - Lion Adrian Sheppard

WOKINGHAM - Lions David Dunham and Jennifer Rawsthorn

DG Lion *Brian*

DG-Elect's Month June

6 June - Woolmer Forest Lions
Official Visit

7 June - Carterton Lions Official
Visit

15 June - Marlborough Lions Official
Visit

20 June - International Convention,
Montréal

**DISTRICT HANDOVER -
SUNDAY 10 JULY**

**HILTON GARDEN INN, ABINGDON
12.30 pm FOR 1.00 pm**

MARKETING - PART 11 GETTING THE MESSAGE OUT THERE AND KEEPING IT THERE

Being penned by a wordsmith this column is usually a lot of words but this month I'm sharing illustrations that if you are not already familiar with them, hopefully you will be.



Over the past months we've looked at many ways of putting our message out. Remember that advertising sets out to do just three things, to inform, persuade and remind. Remember that whatever form it takes promotion sets out to inform, persuade and remind. All three

of these are encapsulated in the printed word since, unlike the increasingly common electronic media, the printed word, once printed, become a tangible, touchable, memorable reality. One you can save and refer to again and again, give away, copy and share.



The two illustrations are the covers of two infographics, a combination of words and illustrations that, at one time, barely made it out of the nursery. However, in these days, when so many media clamour for attention, the infographic goes back to basics. And it works. If you think of creating your own, remember the words and pictures must match. Just like they did in the nursery.

Lion Peter Tabb MJF MCIM MCIPR

**The most wasted of all days is the day
you did not laugh - Nicholas Chamfort**



FIRST CAR SHOW FOR WOKINGHAM LIONS

The first-ever Wokingham Classic Car Show takes place on Saturday, 2 July, organised by the Wokingham Lions Club. The event will take place at Elms Field from 10am to 3pm, with more than 100 classic, unusual and interesting cars and motorcycles to be on display. A selection of food and drinks will be available.

“This inaugural car show is open to the public. It is a free event, but donations to support our two named charities -- Leukaemia UK and the Men’s Shed in Wokingham -- are greatly appreciated,” says Lion Andy Goffin, president, Wokingham Lions Club.

The event is being organised by Lion Bob DuGard assisted by Graeme Barker, both have organised classic car and motorcycle shows at Bearwood College.

“On 2 July, the convoy of fabulous vehicles will meet before the show in the grounds of Reddam House school,” says Lion DuGard, “There pupils will be offering refreshments to the owners, before they set off to travel through Wokingham’s town centre (from around 9am – 10am), and then on to Elms Field. Vehicles on display will include classics by Porsche, Jaguar and Rolls Royce from local car clubs, as well as British and Japanese classic motorcycles. River Radio will be providing the music. Prizes will be awarded in a variety of categories such as Best in Show. We encourage the public to join us to see the fantastic vehicles on show. Entrants who donate at least £5.00 will receive a unique memento of the day.”

For more information on the beneficiaries, Leukaemia UK (blood cancer research and care) and the Men’s Shed (a community workshop for men in Wokingham), please visit their websites: www.leukaemiauk.org.uk and www.wokinghammensshed.org.uk.



Trustees of Jersey Lions’ longest running project set themselves a target of raising £3.5 million

Maison des Landes, a hotel catering exclusively for people with disabilities, is undergoing a £3.5 million refurbishment with a view to opening mid-2023 with facilities for staying visitors to Jersey and daily for Jersey residents who are elderly, disabled or otherwise disadvantaged. The hotel has been a project of the Jersey Lions since the 1960s.

To date this year the Trustees (all appointed by the President of the Lions Club of Jersey) have raised £3 million towards their target.

“The pandemic caused the hotel to close in 2020,” says the Trustees’ president Lion Peter Tabb. “Facing prolonged closure the we saw this as an opportunity to carry out a complete refurbishment. Despite still needing to raise a significant sum, we are confident that we will succeed.”

Success usually comes to those who are too busy to be looking for it - Henry David Thoreau



Romsey & Waterside Lions take part in the North Baddesley Village Day



The Lions' very popular stall offered the chance of "Opening the Keybox" and winning £5 for just a 40p donation! A good day of fun and a great time selling bric-a-brac, books and toys.

HOOK AND ODIHAM LIONS CARRY OUT THEIR FIRST PROSTATE CANCER SCREENING

This screening had been in the planning since 2019! The Club intended to carry it out in May 2020 but Covid put a stop to that. However, much of the planning was in place to do it now with the Graham Fulford Charitable Trust taking bookings and provide the phlebotomists, testing the samples, charging just a fee of £20 per test.

Saturday 21 May was the date, Odiham Cottage Hospital the venue and the event took place between 10.00 am and 1.00 pm. The event was advertised on the Club's website, on Facebook and in our main village magazines and on posters also and the Club had "sold out" the 200 available tests three weeks before the event.

No charge was made for this service but donations were received from most of the participants. The Trust's service was excellent and the results were being emailed to participants within 24 hours.

On the day the Club members were joined by Lions from the Loddon Valley, Fleet, Yateley and Farnborough Clubs. Ginny East, the manager of the Odiham Cottage Hospital is thanked for all her help including the refreshments for the helpers. The North Hants Prostate Support Group also gave advice.

In the end 205 men were tested and of these 11 were red and five were amber. Hopefully these men will seek advice and be successfully treated. If so, the main aim will have been achieved. Not a bad result for a Club of 14 members and a great example of Lions "Working together to Serve our Communities".

Be yourself. An original is always worth more than a copy - Suzy Kassem

Romsey and Waterside Lions stage a Fashion Show to raise funds



Romsey & Waterside Lions recently held a Fashion Show in Hythe to raise funds to support the Solent Dolphin Charity which runs two-hour trips on the specially adapted *Alison MacGregor* for disabled people out of Hythe Marina into and around the Solent.

The charity relies on donations to fund fuel and maintenance. Around 100 volunteers run the daily cruises including a rota of 20 volunteer qualified skippers who give freely of their time to help entertain others less fortunate than themselves.

The Fashion Show was presented by Traveling Trends, and many clothes were available for sale at much discounted High Street prices. The clothes were modelled by local volunteers and there was also a raffle of many, and varied prizes donated by local firms.

The event allowed the Lions to donate £550 to the charity and the photograph was taken at Hythe Marina where the vessel is based and shows Lion Pat Geere presenting the appropriate cheque to skipper of the day Bill Murt.



Wickham Charity Beer Festival



The Meon Valley Lions were pleased to support the two-day Wickham Charity Beer

Festival by serving party goers with the huge selection of ales on the Friday plus providing burgers and sausages on the Saturday. This year The Club's efforts raised an impressive £750. In addition to this Wickham Charity Beer Festival kindly donated £1,000 specifically to assist with the upkeep of The Lions' minibus, which is used for local lunch, and other clubs, helping people to meet and socialise. So it's a huge thank you to everyone who supported and particularly Wickham Charity Beer Festival for much needed funds to maintain the minibus.



**You are never too old to set another goal
or to dream a new dream - Les Brown**

AN OUTSTANDING AWARD FOR HOOK & ODIHAM LIONS

At the Hook Annual Village Meeting on Wednesday 11 May Hook and Odiham Lions were presented with an Outstanding Covid Response Community Award for their work during the pandemic.

The award took the form of a rose bowl and the members who had taken part in the service activities were each given a Certificate of Thanks.

The trophy was received by Club President Lion John Lancashire (pictured) who also made a short speech about Lions and how right around the world Lions serve their communities.



News from Meon Valley Extracts from the Club's newsletter



Fly past at the Swanmore Village Fete on Saturday 9 July from 12 noon

Preparations are going well for the Club's annual fete which will be held in the Swanmore Recreation Ground. One thing Lions are really excited about is a Spitfire fly past, so don't forget to put the date in your diary. In the meantime start grooming your 'best friends' to take part in the Dog Show. During the next few weeks, more details will be published on the Club's Fete website page plus there will be social media postings, to keep everyone updated on developments.

Dedication and Commitment

At the Club's recent Business Meeting District Governor Lion Brian Donovan presented long service awards. Unfortunately some members were not able to attend: Lion Ron Wilson for 40 years, Lion Pete Meadows for 30 years, Lion John Sharpe for 25 years, Lions Pete and Diana Angelis, (pictured) Dinah Weberstadt and Dick Cowles each for 10 years. Congratulations to all!



PASSED TO HIGHER SERVICE

The Lions Club of Henley-on-Thames reports with sadness the passing to higher service of Lion Christine Adam. Christine joined Lions in April 2003 and was the Club's first lady Lion. She served the local community as a Lion for 19 years but had been doing voluntary work for many years before that. She was involved in almost everything the Club did, organising social events such as Charter anniversaries and being Mother Christmas as the Club's Christmas Grotto. She served as Club President in the 2011-2012 Lions year. With sincere condolences from the 105SC Sentinel to the late Lion's family and her fellow Lions.



Sentinel's eye on...

The Events Calendar

Club events for the next three months and updated month by month are listed here

Club Events: June, July and August

**DISTRICT HANDOVER - SUNDAY 10 JULY
HILTON GARDEN INN, ABINGDON
12.30 pm FOR 1.00 pm**

- ◆ **ALTON** - Second Saturday of every month, **Lions Craft Markets**
- ◆ **BRADFORD IN AVON** - Friday 3 June, **Jubilee Family Fun Day**; Saturday 9 July, **Art & Craft Exhibition**
- ◆ **CHIPPENHAM** - Sunday 10 July, **Cherished Vehicle and Family Fun Day**; Sunday 14 August, **Bob Cook Games**
- ◆ **DEVIZES** - Sunday 12 June, **Lions on the Green**; Tuesday 14 June, **Presentation Evening**;
- ◆ **JERSEY** - Thursday 16 June - **Diabetes Testing during Diabetes Week**; Saturday 18 June - **President's Swansong**
- ◆ **HOOK & Odiham** - Sunday 3 July, **Hook Village Show**
- ◆ **MEON VALLEY** - Saturday 9 July, **Swanmore Village Fete**
- ◆ **ROMSEY & WATERSIDE** - Saturday 11 June, **Bookstall in Romsey Market**; Sunday 12 June, **Paultons Park Fun Day**; Saturday 2 July, **Bookstall in Romsey Market**; Sunday 3 July, **Mayor's Picnic in Romsey Memorial Park**; Saturday 13 August, **Bookstall in Romsey Market; North**; Monday 29 August, **Normansland Village Fayre**

Webpage—www.lionssc.org.uk/events.html

LIONS WIT

Every morning I get hit by the same bike - it's a vicious cycle.



MONTRÉAL 2022

JUNE 24-28 2022

International Convention, Montréal, 2022 *'La Vie en Lion'*

The International Convention is the opportunity for fellowship for Lions and Leos. It's the perfect place to reunite with friends and colleagues from around the world and experience service together.

Safe, friendly and easy to navigate, Montréal serves up all the excitement of a major urban centre, yet its compact size and laid-back vibe gives it a feel that's all its own.

The Palais des Congrès de Montréal convention centre and the Bell Centre are both within walking distance of official convention hotels. The British and Irish Delegation Hotel is the Hotel Delta by Marriott. The room rate is £127 based on two adults sharing. Breakfast is not included.

Meet the International Conference Team:

PCC Lion Philip Goodier - Chairman

T. (M) 7956 919972 E. treasurer@lionsmd105.org

PCC Lion Stewart Sherman-Kahn
T. 0344 332 0572

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T.(M) 07802 918386 E.

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OLD MONARCH

The Editor has the last word...

It hardly seems 12 months since I was writing that we were coming to the end of one of the most bizarre Lionistic years we could ever have imagined. Fortunately those who counselled that 'it's not all over yet' have not had their pessimism justified and 2021/2022 has largely returned to the normality we had grown used to and while Zoom is still with us, it has just become another useful communication tool. Lion Brian and his DG team are to be congratulated on bringing this year successfully to life and I am confident that Lion Ebbo will lead us towards what Winston Churchill once referred to as the sunlit uplands. Lead on!

Lion Peter Tabb



**Lions
tail...**



Farnborough Lions' stall at the Farnborough Donkey Derby

Please send all articles and pictures for publication in the

DISTRICT 105SC SENTINEL

to the Editor, Lion Peter Tabb, email : news@lions105sc.org.uk and/or peteretabb@gmail.com
ideally at least a week before the end of the month