

FEBRUARY 2022 Edition

What do these Lions have in common? It's important, so find out on page 4



The International Association of Lions Clubs

District 105SC



"Through Service We Grow"

The DG's Leader... **Through Service We Grow**

Dear Family of Lions ...

Over the Christmas period my Club's Santa Visits were helped by additional volunteers from other local groups (that we had helped in the past) and from businesses where they are encouraging staff to volunteer. This was also a fundraising event and the monies raised were split pro-rata between the groups, or to charities elected by the volunteer staff from Hachette and Sophos.

To celebrate their volunteering over the Festive Season and to present the cheques, we held a party where we also explained, with a light touch, what we do. The aim is to encourage these annual volunteers to join us so that we can do more and we are in a good position to add more members following this since a member badged up in



December first volunteered for a couple of Festive Seasons.

When people join in this way, they already have a good idea of what we can do, they are under no illusion that there is hard work and that they can see we like to party!

On a related theme to parties, we have our very own, the Convention, fast approaching in March (11 to 13 March to be precise) at the Doubletree by Hilton at Swindon.

The Convention team are work-

ing hard in the background to make sure that it will be a success, but this is your Convention, so as we emerge from the yoke of lock-down, please take time to look at the Convention web pages and make your bookings (the hotel booking deadline for rooms at our negotiated price has been extended to 14 February). Please remember also to register your delegates and alternates as well.

- If your Club wants to make a presentation to our Convention, there will be a series of fiveminute slots available, some have already been booked by Clubs eager to share their service stories with us all.
- We also have our 70th Anniversary Multiple District Convention from 29 April to 1May 2022 at the Birmingham Conference and Events Centre and the nearby Holiday Inn where booking is now live.
- I am looking forward to visiting Clubs for their Charter Anniversary and business meetings this month

Yours in Lionism **Lion Brian** DG105SC



The Bigger Picture

Global Service Team News - February 2022

VISION

The good news is that Chichester Lions are able to receive used specs as reported in the January District mailing. The main point to remember is that you should contact Lion Sue Boucher before visiting Chichester. I am sure we all have plenty of specs for them.

SPEECH AND HEARING

Please send any hearing aids, whatever their condition; new hearing aid hooks, thin tubes and buds to **Dr Michael Nolan, Lumb Gaps Barn, Haslingdon Old Road, Rossendale, BB4 8TT.**

ENVIRONMENT

Those of us who are gardeners will soon be getting back into action and there are a few tips that can help the environment and save you money!

- Try growing your own fruit and veg to save air miles;
- Wash plastic pots and reuse them;
- Recycle any broken pots;
- Use peat-free compost;
- Make your own compost if possible it saves land-fill and transport;
- Collect seeds to resow or buy locally to save air miles;
- Use your local garden centres or plant stalls at your local market;
- Use old compost bags to collect rubbish, make leaf mould;
- Reuse old compost bags to warm the soil;
- Make new plants by taking cuttings;

- Grow winter salads in old grow bag compost;
- Reduce the use of chemicals such as pesticides;
- Install water butts to save water this water is better for plants, stops flooding in the garden and saves on water bills;
- Use grey water for watering if it is free of grease, bleach and food particles; and
- Collect water from taps while you are waiting for the hot water to flow;

You can also help the environment by looking after wild life in your garden:

- Create wild areas in your garden so that wild life will be encouraged;
- Installing a pond will encourage wild life into the garden but ensure animals can get out by providing a ramp;
- Grow plants and flowers which will encourage pollinators into your garden. This will help the pollination of your plants and flowers;
- Parasitic wasps will lay eggs on caterpillars and destroy them;
- Hedgehogs and toads and frogs will eat many harmful grubs
- Feeding birds will encourage them into the garden and they will also eat grubs and insects.

I hope that these tips help and Happy Gardening!

Lion Judith Goodchild

105SC GST Co- Ordinator gst@lions105sc.org.uk Tel: 0118 981 2260

A garden is a lovesome thing. God wot!

Lions matters of moment



As you should all be aware by now Lions around the world are coming to the end of what has been the most challenging capital campaign in the Foundation's history, Campaign 100. The goal was to raise \$300 million worldwide in three years. Of course, the world has suffered a major pandemic since the Campaign was launched, and so by the time the International Convention in Montreal comes around, it will have been in progress for four years. As of 28 January 2022, the figure raised by members is \$252,844.086 which is 84.3 per cent of the goal. This is an amazing achievement particularly given the circumstances.

One way in which your Club can support the campaign is to get involved in this year's planned LCIF Europe Day on 11 June. Clubs are encouraged to put on a fundraiser not only To support LCIF, but also raise awareness within communities of the work Lions and LCIF do. If your Club would be interested in getting involved, then please do contact me.

If your Club is thinking of awarding a Melvin Jones Fellowship to be given at Club handover maybe, then the next couple of months would be the ideal time to apply. As the Lionistic year ends Lions Clubs around the word have the same idea and awards do not always arrive in time for the planned presentation if left too late. If I can be of help with anything concerning Lions Clubs International Foundation, please get in touch.

If you or your Club has donated recently, particularly considering the recent tragic events in Tonga, then on behalf of the Foundation and the people your support will help, thank you.

Lion ann Huntley MJ7

District 105SC LCIF Coordinator



MENTAL HEALTH - AN IMPORTANT ISSUE



During this Pandemic our District Governor was contacted by a Lion member regarding the health of a Club member and it was felt it may be connected to mental health in some way. Checking within the Lions organisation revealed that there was no real support available. It was decided that this may become a bigger problem. Members had not been meeting face-to-face and some Clubs were not holding Zoom meetings, so members were or could be isolated. In a lot of companies nowadays, under the wellbeing umbrella, they have Mental Health First Aiders (MHFA) to help their staff and it was thought that this would be a good investment for Lions to help the Lions family. The idea of having Mental Health First Aiders was

put before Cabinet and agreement was for an initial six persons to attend a two day course and if this proved successful then an additional course would be applied for. Applications were invited and six Lions went on the course ran by Jacqui Mundy.

The course was very in-depth, demanding and extremely informative and made those who attended look at things in a totally new way. It made them realise that what they had learnt would be good for the Lions family. The MHFA are there not to sort out an individual's problem, but there to talk and listen to the member and then assist them by pointing them in the right direction to other professional organisations who are able to help.

Mental health issues are not something to be ashamed of. At some point in our lives, most of us experience some degree of poor mental health. When our mental health is good we can cope with what life throws at us but there are times when we can struggle and find we are unable to cope. That is when we need to seek help.

The Lions who attended and passed are your go-to-people. They are Lions Di Hopkins - Basingstoke Club, Sandra Manktelow – Petersfield Club, Allyson Millen – Hart Club, Brian Donovan – Abingdon Club and Dave Ebsworth – Reading Club and their e-mail address is mhfa@lions105sc.org.uk

Please do contact an MHFA with any questions you may have and be assured that everything discussed is totally confidential.

More Lions matters of moment



I am delighted to welcome new members into Lions Clubs International and wish them a long and happy time as a Lion.

BRADFORD ON AVON - Lions Sally Scott and Peter Wragg CALNE - Lion Judy Letts DEVIZES - Lion Sandra Arnold FLEET - Lion Shelagh De Souza GILLINGHAM, MERE & SHAFTSBURY -Lion Andrew Snell HAYLING ISLAND - Lion Anne Keen JERSEY—Lion Kieran Sharman YATELEY & DISTRICT - Lions Timothy Clark and Cindy Yarranton

DG Lion Brian

1st Vice DG's Month February

- 2 Feb. Swanwick Lions Official Visit
- 8 Feb. Convention meeting
- 10 Feb. Westbury Lions Official Visit
- 12 Feb. DG Training
- 13 Feb. Burnham Lions Charter Anniversary
- 14 Feb. Own Club meeting
- 18 Feb. MHFA meeting
- 20 Feb. First Aid Training (Own Club)
- 21 Feb. Finance Committee meeting
- 24 Feb. Prostate Cancer meeting with Salisbury Lions committee
- 26 Feb. DG meeting

Lion Dave Elsworth

OVERHEARD AT A LIONS MEETING

"My train of thought derailed. There were no survivors..."

MARKETING – PART 7 ABOUT DONATIONS

In last month's article, I wrote about the difference between sponsorship and donations. Simply the former tends to have strings attached and the latter doesn't.

This month I'm going to talk about the nitty-gritty of donations.

A donation is essentially a gift – a gift to support a particular project or given as a reward. Very often that reward is for having a high profile and potential donors being aware of a Club's activities and wanting to support them – without the strings of sponsorship attached.

A very common form of donation is a legacy and I will devote a future article to this particular form of donation.

By their nature many donations arrive unbidden. A charity I am otherwise involved with last year received unbidden donations (i.e. not as a result of its own specific fundraisers) from a variety of sources (e.g collecting tins and events organised by other bodies on its behalf). In this particular instance, these yielded circa £20,000. But how, using our marketing skills, do we set out to attract donations? It helps (enormously) to have a high profile so that the people you are approaching know who you are and what you do. And this is where 'who you know' becomes as important as 'what you know'.

Thus the requirements, not necessarily always in this order, are that:

- You generate, using your PR skills, a high profile (who you are and what you do);
- You put a name and personality to your approach (e.g. President, Fundraising Chairman, Welfare Chairman);
- You make sure that whatever you are seeking donations for is clear, accurate and compelling;
- You research the bodies you are approaching are they known to donate to good causes; what sort of sums do they donate;
- Above all you research who makes these decisions (if whoever you talk to keeps saying 'we', they are not likely to be the sole decision maker – find out who else is involved and ensure that's who you talk to;
- Use appropriate media to make your case, e.g. Power Point, printed brochures, etc. to sell your proposition – what for, who benefits, how much and close with a decision. Don't leave your proposition in the air.

I have my own project to 'sell' very shortly and I shall be following these guidelines. So I wish us both luck.

Lion Peter Table MJF MCIM MCIPR

What is worse? A life so boring you are easily enchanted or a life so full you are easily bored? - Bill Bryson

DISTRICT CONVENTION 2022 II -IB Dapab BREAKING NEWS! THE HOTEL BOOKING DEADLINE IS EXTENDED TO 14 FEBRUARY - A VALENTINE GIFT! AND THERE'S MORE - SEE BELOW

Book your hotel accommodation **NOW**! The Convention rates for bed and breakfast are $\pounds 69$ per night for a Queen twin/double, $\pounds 65$ per night single.

Book now to avoid disappointment.

Book online at: <u>DoubleTree by Hilton Hotel Swindon</u> quoting GLION where it says "Special Rates", under "group code" or call the hotel on 01793 881777 and quote GLION.

As in prior years we will have 5-minute sessions for clubs to let everyone know about a special project – we all love to steal those good ideas and make them our own! If you want to book a session, contact Lion Dave Ebsworth as soon as possible: david.ebsworth@lions105sc.org.uk

Plus, we're making it easier to get to the fun in town - for those not attending the business sessions on Saturday we are laying on a free minibus transfer to the Swindon Designer Outlet and STEAM, the railway museum – we'll even bring you back!

See more about Convention at: www.lions105sc.org.uk/ or book directly online at: https://2022.lions105sc.org.uk/ If you are coming for the day, don't forget to book on-line

for your lunch and your participant's pack.

Note: voting delegates or alternates must register online with the District Secretary, saying you are a delegate or alternate on the booking form does not make you a voting delegate. Similarly, registering with the District Secretary does not book you in for any of the events we offer on our booking form.

Lion Steve Spencer

For District Convention 2022 Host Committee



ANNUAL 'CAN CAN' COLLECTION A GREAT SUCCESS Lions and other charities shared resources

In December, the Wokingham Lions Club collaborated with the First Days Children's Charity, SHARE Wokingham and the Wokingham Foodbank to collect food for those in need. Members of the Wokingham Lions Club took donations outside Waitrose and Tesco.

"We would again like to thank the Wokingham people for their generosity. We received more than 3,500 items, and more than £300 in cash. As a result, we were able to deliver food hampers to more than 150 families and 100 elderly residents in the Wokingham borough. We also provided the Foodbank with more than 30 crates of food," said John Cleary, organiser of the annual Can Can Collection.

The Can Can appeal was run in conjunction with the Christmas Presence Project. The Lions and other volunteers sorted the foodstuffs and assembled them into parcels at the new Christmas Presence facility. They were then delivered to private homes and care homes before Christmas.

Error of opinion may be tolerated where reason is left free to combat it. - Thomas Jefferson

A Craft Fayre in a Corn Exchange

Blandford & District Lions Club held its annual Christmas Craft Fayre in the Corn Exchange and the door moneys along with the raffle takings of £300 were donated to the Blandford Canoe Club who provide canoeing for all ages on the River Stour.



The picture across the bottom of the page shows Lion Nigel Holder drawing the winning ticket for the prize of a free session with the Canoe Club.



A huge thank you from Santa and his Elves

Christmas can be a miserable time for many people and it's only with the support of local people that we were able to pass on the kindness and support those vulnerable and in



need at this time of year. Despite only spending half the time 'on the road', Santa and his Elves raised a grand total of £4,213.37. Everyone gave a warm welcome and generously donated, not only at our door-to-door collections but also at our static collections outside local retail outlets. We'd like to say a huge thank you to everyone who donated.

Llons - Always by your sldə

Thanks to the generous support of local people throughout December, in addition to our Christmas Hampers and Chocolate donations via the Foodbank, we were able, among other things, to provide a family in Wickham with new beds; they were absolutely thrilled! We also helped a gentleman in Knowle in need of a bed and mattress. Thank you to the local person who kindly donated and delivered these for us.



To see what's in front of one's nose requires a constant struggle. - George Orwell

WOKINGHAM LIONS PLAN A BUMPER YEAR

A mix of old favourites and new events in 2022

The Wokingham Lions Club is anticipating a bumper year ahead, with a mix of new and existing events for 2022.

President Lion Andy Goffin says: "Old favourites which we hope will return include the May Fayre (2 May), Wokingham Walks (8 May and Autumn), quiz nights and comedy evenings. As well as being one of the organisations responsible for the Wokingham Fireworks display (5 November), the Lions are now also solely responsible for the Winter Carnival (27 November)."

The Club is also looking to put a new spin on an already popular family day out.

"We're also planning a brand-new event for the summer - the first Wokingham Classic Car and Motorbike Show (2 July)," he adds: "With all these exciting plans to bring to fruition, we're also actively looking for new members to join Wokingham Lions Club. !"



A high five from Melvin as Jersey's St George's pupils ROAR to national victory with world-changing ideas See the next page

IN MEMORIAM

A long-time and valued member of the Wokingham Lions Club, Lion Tom Smith, passed to higher service on 2 December 2021.

Tom joined the Wokingham Lions Club in 1999, and was an active member until his recent death. He served as treasurer of the club from 2000-2001 and from 2004-2007. He was president of the Club from 2003-2004. He wrote the 20-page Constitution for the club, which was adopted in June 2010.

Tom's main passion was football when he was younger. He and his wife Avril moved to the Turks and Caicos Islands in 1983, where he introduced football into all of the schools. He raised

sponsorship funding to upgrade their football ground, which enabled them to qualify for admission to FIFA (International Federation of Association Football). He became a member of FIFA and received a prestigious award from them for his contribution to football.

In his professional life he was a qualified accountant and worked in a solicitor's office in the Turks and Caicos Islands. He also worked in the retail liquor industry.

"Tom will be greatly missed by our members. He was fond of quoting our constitution and bylaws, and always guiding us in the right direction in terms of procedures. On behalf of the entire Club, we send our sincere condolences to his family," said Lion Andy Goffin, Club president.

Lion Tom is survived by his wife Avril and a large family. Funeral arrangements are limited to family members only, a total of 28 people.

The 105SC Sentinel also records with sadness the passing to higher service of Lion Eric Nixon, husband of PDG Lion Pat Nixon. Lion Eric's funeral takes place on Friday 4 February in Fareham.



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A teacher affects eternity; he can never tell where his influence stops. - Historian Henry Adams

Jersey's St George's pupils ROAR to national victory with world-changing ideas

St George's pupils Mark and Renzo of Jersey's St George's Preparatory School have been crowned national area champions in the recent finals of the 'Lions Roar Competition', a prestigious challenge open to all primary schools in the British Isles.

The competition, organised by award-winning education company 8billionideas and funded locally by the Lions Club of Jersey

The challenge tasked small teams of primary school pupils to develop original and effective **World Changing Ideas** and pitch them to a panel of judges for consideration. The entries must explain the concept and include a model, posters and a jingle. A number of St George's Form VI pupils entered with brilliant ideas including an above-ground 'Sky Train' for children to commute to school without using road vehicles and 'Walkathon Vouchers' which would entitle the bearers to voucher rewards for walking instead of using cars to complete their journeys.

Mark and Renzo's overall winning idea was for a **Reusable Vaccine Vial.** Prompted by the incredible amount of climateimpacting plastic waste being generated by the pandemic, the boys proposed the development of reusable equipment for safe use in mass vaccinations. Having won their school final, judged by headteacher Cormac Timothy and Jersey Lions president Lion Bill Harris, the team recorded their pitch on video for entry in the online National Final. They were delighted to be crowned overall area winners, winning a three-month subscription to fantastic future-focused education platform '8billlionideas'. The pupils are delighted, and everyone who took part has been inspired to think big, believing that if they work hard, they could become world changing entrepreneurs of the future (and even Lions!).

Mark and Renzo were presented with their Winners Certificate by Melvin, the Jersey Lions' mascot and Lion Bill Harris





The 50th Swimarathon organised by the Lions Club of Jersey takes place from Wednesday to Sunday 9 to 13 March and to date more than 430 teams (each of six swimmers) have registered to take part.

The first Swimarathon took place at the end of January 1972 and this year is both the 50th event and the 50th anniversary since the 2020 event had to be cancelled because of Covid. In its 50 years the Swimarathon has raised more than £3.5 million.

To celebrate the event , which in addition to the moneys raised by swimmers, is generously sponsored by local finance house Ravenscroft, the Lions have challenged the local organisations who have teams entered to match the funds each swimmer raises with the hope that this aspect itself will raise up to £50,000.

The Lions have also used the local media to find swimmers from that first event of 1972 and so far (including two members of the then Lions team) more than 20 have been located. Each one will receive a special commemorative certificate.

A moment's insight is sometimes worth a lifetime's experience. - Oliver Wendell Holmes

St Joh

Chloe De Gouveia, supported by the Lions Club of Jersey, is the 105SC Young Ambassador for 2022 to 2023

Here in her own words Chloe tells us just a little about herself.

"Currently, I am taking Biology, Chemistry and Psychology A-Levels in hopes of one day going into medicine which has been a passion of mine since I was a child. I have always been in love with the idea of having such a positive impact on the community and enjoy the adrenaline rush of this type of work which is why I started St John Ambulance at such a young age.

"I am a part of Jersey's Combined

Victoria College and Jersey College for Girls Cadet Force where I am a Cadet Corporal. Most recently I aided as a Recruit NCO training our new intake of recruits in skills such as map reading and radio communications.

"I enjoy listening and playing music and used to take guitar lessons and play in a band during the summer but had to give it up to focus on my A-Levels."

Community Involvement

"As a member of St John Ambulance, I have been involved in several public duties providing first aid care to the public in events such as the Barclay's Jersey Boat Show, amounting to over 50 hours of service. In addition to this, as a Corporal in the Cadet Force, I aid in teaching other cadets First Aid every week, helping them work towards their own Grand Prior Award, most recently helping them with their Casualty Simulation Course.

"I always aim to give my time to my school in hopes of improving the strong community we have at College. Most recently, I was involved in helping with a joint Jersey College for Girls and Victoria College Jersey PSHE lesson with aims to strengthen the ties between both colleges, and additionally starting a new culture club to celebrate the diversity in our College."

Chloe goes on to represent District 105SC at the Multiple District Young Ambassador Finals and has the support of us in our District

Good luck Chloe!

Lion Yorky Tuke Young Ambassador Officer

Jersey's Maison des Landes Hotel For people with disabilities is undergoing a multi-million pound refurbishment

Since Covid caused Maison des Landes (the only hotel in the Channel Islands designed exclusively for disabled guests and their carers) to close, the Trustees, who own the hotel and are all appointed by the Lions Club of Jersey, took the decision to embark upon a total programme of refurbishment.

This programme, which will enable the hotel to re-open in 2023, will include facilities to enable Island residents to benefit from new facilities and enable the hotel to stay open all year.

The cost is several million pounds all of which the Trustees will seek to raise from local resources. The sum raised so far exceeds £2.5 million.



TRUE FOR '22 Wood burns faster when you have to cut and chop it yourself.

Sentinel's eye on...

The Events Calendar

Club events for the next three months and updated month by month are listed here

Club Events: February, March and April

105SC District Convention Friday to Sunday 11 to 13 March

- ALTON Second Saturday of every month, Lions Craft Markets
- BASINGSTOKE Saturday 5 February, Lou Taylor's 'Soul Train' Motown party; Saturday 12 February, Pre-loved Book Sale; Saturday 5 March, Swimathon
- CHIPPENHAM Saturday 5 February, Charter Anniversary Dinner Dance; Saturday 12 March, Swing Band Night
- DEVIZES Saturday 19 March, Spring Concert; Saturday and Sunday 2 and 3 April, Sports Coaching Weekend
- FAREHAM Saturday 26 February, Charter Anniversary Dinner
- JERSEY Saturday 12 February, The Great Lions Tea Party; Wednesday to Sunday, 9 to11 March, 50th Swimarathon
- MELKSHAM Sunday 24 April, Charter Anniversary Lunch
- ROMSEY & WATERSIDE Saturday 12 February, Bookstall in Romsey Market; Saturday 12 March, Bookstall in Romsey Market
- WOKINGHAM Friday 11 February, The Great #Woky Pub Quiz; Friday 4 March, #Woky Comedy Night



JUNE 24-28 2022

International Convention, Montréal, 2022 *'La Vie en Lion'*

The International Convention is the opportunity for fellowship for Lions and Leos. It's the perfect place to reunite with friends and colleagues from around the world and experience service together.

Safe, friendly and easy to navigate, Montréal serves up all the excitement of a major urban centre, yet its compact size and laid-back vibe gives it a feel that's all its own.

The Palais des Congrés de Montréal convention centre and the Bell Centre are both within walking distance of official convention hotels. The British and Irish Delegation Hotel is the Hotel Delta by Marriott. The room rate is $\pounds127$ based on two adults sharing. Breakfast is not included.

Meet the International Conference Team: PCC Lion Philip Goodier - Chairrman T. (M) 7956 919972 E. treasurer@lionsmd105.org PCC Lion Stewart Sherman-Kahn T. 0344 332 0572 E. stewartsherman-kahn@lionsclubs.co.uk PDG Lion Guch Manku T.(M) 07802 918386 E. g.manku@ntlworld.com

Man is honoured by his heart and not his opinions - Johann Schiller





I trust readers will forgive me for including four

stories that involve my own Club but as far as I am aware I have not had to leave anyone out in order to do so.

One story I am particularly proud of is that a Jersey-sponsored candidate is the District's Young Ambassador. What I am not proud of, in fact rather the reverse, is that once again Jersey is the only Club to put forward a candidate. It staggers me that despite all the efforts of Lion Yorky and the team, no other Club in the District supports this superb initiative. I am also proud of the pupils of St George's Preparatory School who embraced the ROAR concept with such enthusiasm and I am glad to be part of a community with such outstanding young people.

Lion Peter Tabl



Please send all articles and pictures for publication in the **DISTRICT 105SC SENTINEL** to the Editor, Lion Peter Tabb, email : news@lions105sc.org.uk and/or peteretabb@gmail.com ideally at least a week before the end of the month