

105
SC



A pride of Lions fundraising at
the Yateley Summer Fayre



SENTINEL

SEPTEMBER 2021 EDITION



**This year's District Peace Poster Competition winner is
12-years-old Eva, sponsored by the Lions Club of Swindon**

**And it's time to find your Club's Young Ambassador.
Find out more on page 6**



The International Association of Lions Clubs

District 105SC

District Governor 2021 - 2022 ♦ Lion Brian Donovan

✉ dg@lions105sc.org.uk ♦ www.lions105sc.org.uk

"Through Service We Grow"



The DG's Leader...

Through Service We Grow

Dear Family of Lions...

August has seen our Clubs fully emerging back into the world. I have been able to make some visits this month and would like to thank the Lions of Swindon, Carterton, Fareham and Burham for their hospitality. It was fantastic to get out there and meet Clubs in person. I was also able to attend Reading Lions' Charter Anniversary afternoon tea; very civilised, and not only that, also Zone G's live meeting. It was great to meet you all.

Getting out and about in the car again for the longer journeys was also novel at the start of the month, with the added bonus of the magical mystery tours on the way home late at night with the M27 or A34 shut thus even more fun times from very confusing diversion signs (I have to admit I am sure I went round in a circle at least once).

I set off on one journey in the past week to see the Blandford Club. Just past the West Ilsley junction heading south on the A34, I joined a queue of traffic and it took a couple of hours to get to the next junction to escape the traffic jam to see that my sat nav was informing me that even if the roads were clear, I would just about make it to my visit in time for the end of the meeting. So I traced my way



back through the minor country roads back 'up north' to Abingdon where there had been a major collision and sadly a fatality. We take jumping into a car and whizzing off to our destinations for granted, but despite having sat in traffic and unable to get to my visit, I was still alive and well and reminded that nothing should be taken for granted.

As well as visiting Clubs, and attending a number of Zoom meetings (yes, still have those) I attended the two-day Mental Health First Aid Course held at the Burghfield Community Sports Association Hall. This was over a weekend and was a fairly intense course, those that attended will be meeting up in September to reflect on what we have learnt together and how we can use these new skills within our Clubs and District. Being in a live training event is another milestone in our post lock-down world.

Talking of training events, I would like members to view the MD105 Symposium 2021 outline that our wonderful District Secretary sent out with his bumper crop of circulars a few days ago. Have a look, it might be for you...

Finally, I have been let loose on the general public, starting with a litter pick at the start of the month then over the Bank Holiday weekend. Saturday started early doors at our lock-up, loading almost all the gear in the back of my estate car (large gazebo, three tables, A-boards, etc.) then off to the Cholsey Show for our first Club outing since 2019. After a social gathering with our President Bill on Sunday for home-made pizza, we were again off on an early start with our stall to the Cowley Classic Car Show on the Bank Holiday Monday.

Yours in Lionism

Lion Brian DG105SC



The Bigger Picture

Global Service Team News - September 2021

September is proving to be a very busy month for Lions events as, due to Covid so many things have been postponed from last year or from earlier in this year but please think about

HUNGER

A REMINDER: Please reply to DO Lion Ian Hambleton's letter of 27 July if you have not already done so. The information required will help him in preparing his spreadsheet which will help all Clubs to see what is happening in the District.

DIABETES

Please see the joint article written by myself and LCIF Officer Lion Ann Huntley. Please note that Diabetes UK are no longer supporting Know Your Risk activities and will end the programme on 31 December. I await their new plans with interest.

ENVIRONMENT

I understand from the new MD Environment Officer that the Environmental Photo Competition will continue for this year. The MD website has not been updated but I expect it to continue as before and that the photos will be judged at the January Council of Governors so I will need photos by Monday 10 January 2022. I will update if things change. Our new MD Officer is interested particularly in recycling and reusing materials and in ways to help our Environment generally. To start us off I am re sending an item entitled Save Our World.

SAVE OUR WORLD (SOW)

Sow and You will Reap the Benefits

- ◆ Only put enough water in the kettle that you need
- ◆ Don't leave the tap running when cleaning your teeth

- ◆ Don't spend excessive time in the shower
- ◆ Only put the washer on when you have a full load
- ◆ Don't use the spin dryer or tumble dryer when you can hang your washing out
- ◆ Turn the microwave off when not in use. The clock uses more electric than it uses when cooking
- ◆ Don't leave electric items on standby
- ◆ Don't leave mobiles on charge when fully charged
- ◆ Don't leave PCs on charge when fully charged
- ◆ Don't throw edible food away
- ◆ Don't leave unwanted lights on
- ◆ Don't leave windows and doors open when the heating is on
- ◆ Don't leave the car's engine running when loading/unloading
- ◆ Only flush the toilet on small flush when possible; and
- ◆ Remember to recycle all you can, e.g. batteries, spectacles and hearing aids. Adopting these simple ideas will save you money and help the **ENVIRONMENT**.

Have you any more useful tips? If so please share them with me by email.

I wish you well in all your endeavours this month. Please email me with details and report them on the LCI website.

Lion Judith Goodchild

I05SC GST Co- Ordinators

gst@lions105sc.org.uk

Tel: 0118 981 2260



Lions matters of moment

“Let’s get men tested!”

A plea from the 1st Vice DG

I am the District and Multiple District Prostate Cancer Officer for this year. This is my last year as next year, if I am successful in becoming District Governor for 105SC, I would not have the time to give to prostate cancer that is needed.

My concern for the forthcoming year is that, due to Covid-19, no Club in the UK has been able to hold a PSA testing day, so for how many men has the condition gone undetected? We all know that prostate cancer has overtaken breast cancer in the number diagnosed with it, and how important it is for cancer to be detected at the earliest opportunity to give most chance of beating it.

My own Club, Reading, is holding a PSA testing day on Saturday 18 September where we are anticipating that around 2,000 (two thousand) men will attend, but currently the uptake is slow as only 920 men have registered so far.

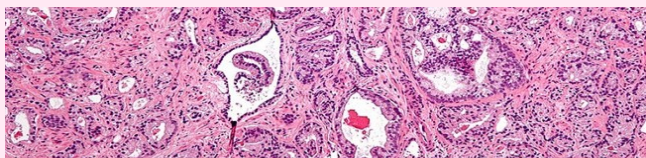
I know that some Clubs have been working with the Graham Fulford Charity using the home test kits to enable men to be tested.

If your Club can hold an event, feel you need advice or help, then please do not hesitate to contact me. If, as a Club, you want to hold an event but haven’t got the funds, why don’t you join other Clubs and do a PSA testing day as a Zone event. Please let me know if you do hold such an event. Let’s get men tested!

I mentioned earlier that I need to hand over the position, so if anyone is interested, please contact me and there is a chance to work with me this year.

Lion Dave Elsworth

Prostate Cancer Officer



CAMPAIGN | 100



LCIF • EMPOWERING SERVICE™

Covid may still be with us, but that doesn’t stop the natural disasters from taking place. Nobody can have missed the news of the hurricane, followed by a tropical storm, that hit Haiti just recently. LCIF have prepared a \$100,000 emergency grant to try to begin to alleviate the difficulties for the Haitian people.

I have mentioned in previous articles that most Lions associate LCIF with worldwide disasters, and sure enough, our new International President Lion Douglas Alexander has been in touch highlighting the situation in Haiti. However, at a Club meeting last night I was challenged by being asked why do we only hear about Haiti? It is a very good point, but I can say that it hasn’t only been Haiti since, in the first month of the new Lionistic year, grants totalling \$866,693 have been awarded either as emergency, designated, community impact or major catastrophe grants. These have covered Covid, flooding, natural disasters, wildfires, and landslides worldwide.

Donating either as a Club or an individual helps Lions to be there when they are most needed and to honour the sentiment of “Where there’s a need, there’s a Lion”.

If you have any queries regarding LCIF either contact myself or look on the International Website.

Thank you for continuing to support **OUR CHARITY, Lions Clubs International Foundation.**

Lion Ann Huntley MJF

District 105SC LCIF Coordinator

More Lions matters of moment



Welcome to a New Lion

I am delighted to welcome a new member into Lions Clubs International and wish him a long and happy time as a Lion.

PETERSFIELD - Lion Mike Gadd

DG Lion *Brian*

1st Vice DG's Month September

- 2 Sept. - Poole Lions Official Visit
- 6 Sept. - Zone 2E
- 8 Sept. - Basingstoke Lions Official Visit
- 9 Sept. - Alton Lions Official Visit
- 13 Sept. - Reading Lions Official Visit
- 16 Sept. - GAT meeting
- 20 Sept. - Windsor Lions Official Visit



Boxes with thousands of spectacles ready for sorting by
Chichester Lions

MARKETING – ART OR SCIENCE? – PART 2 ALL ABOUT PR

Inevitably these articles will start with a definition. Public relations (PR for short) is about reputation – the result of what you do, what you say and what others say about you. The Chartered Institute of Public Relations defines PR as the discipline which looks after reputation with the aim of earning understanding and support and influencing opinion and behaviour. It is the planned and sustained effort to establish and maintain goodwill and empathy between an organisation and its public.

So how do we practice what the foregoing teaches?

Let's look at what we do and what we say. Our public will judge us on what we do. If we hold any sort of event, we will want people to know that we are Lions – therefore we advertise ourselves with banners, tabards, badges, that make it quite clear who we are. When we communicate we will communicate as Lions – we will now what 'LIONS' actually stands for, we will know and be able to convey what Lions do and why they do it and, if appropriate, how all this came about. We will use ourselves to establish goodwill and mutual understanding. We have all sorts of tangible PR tools from MD to enable us to do that – from publications to tabards, banners to giveaways. Above all, we will maintain these efforts because good PR is ongoing.

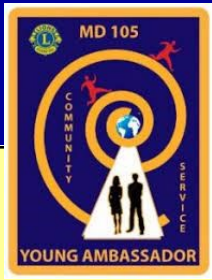
What we say is bound up in how we say it. PR also stands for press relations although when we say press these days we actually mean media, mainstream and social. There are a number of simple rules towards achieving media coverage (the 105SC guide "Engaging the Media" provides all the details and is available at no charge online) but there are one or two basics which are worth mentioning here.

- All media (mainstream or social) require material that is newsworthy – that you are a Lions Club is not newsworthy – what you do and who it is doing it is;
- Successful releases, however long they are, will contain all the necessary newsworthy triggers in the first paragraph. Editors like that.

There is an old marketing mantra which states that when faced with similar products or services, people will choose the one they like. Good and sustained PR will achieve being liked.

Lion Peter Tabb MCIM MCIPR

For a copy of "Engaging The Media" contact me on
peteretabb@gmail.com



Youth's the season made for joys. - John Gay

It's time to start looking for Young Ambassadors

With the schools returning after their summer breaks and the evenings gradually starting to draw in, it is time for Clubs to publicise the Young Ambassadors' competition to their communities and to identify and work with potential candidates for 2022.

The aim of the scheme, which operates throughout Europe, is to recognise, encourage and support young people who are actively involved in the welfare of the community, supporting the best of our Lions' ideals and where their work has helped develop an idea for serving the community that they would like to develop further with the help of a bursary from Lions.

In previous years, candidates have been involved in helping young and older people, disabled, able-bodied and disadvantaged and have organised projects in conservation, crime prevention, promoting healthier lifestyles, hospital radio and other initiatives. The 105SC Young Ambassador for 2021 was Kenan Bryan, sponsored by the Lions Club of Jersey, who is involved in youth work and helping to improve the lives of young people within his community.

A good way of trying to identify possible candidates is to contact local youth organisations such as Scouts, Guides, church groups, cadets, St John Ambulance, youth clubs and schools who will already be aware of young people within their organisations who are already volunteering in the community and may wish to enter the competition.

Young Ambassadors is open to anyone who has reached their 15th birthday, but not their 19th birthday, on or before 30 June in the year in which the MD final is to be held. Although previous winners of an MD Young Ambassador Final are not eligible for selection as candidates, non-winning former participants are still eligible, providing they fall within the age range and are sponsored by a Lions Club.

The candidates for the District competition will progress to a District final, with the winner holding the title of District Young Ambassador for 12 months. The winner will then progress to the MD finals that are held in March, with the winner of the MD final then progressing to the European Final, held at the Europa Forum.

Clubs should submit their candidates to the District's Young Ambassador Officer, Lion Yorky Tuke by the end of November. If you have any queries or wish to ask for any help or advice about Young Ambassadors then please contact Yorky by email youngambassador@lions105sc.org.uk and he will be happy to help.

Lion Rob Armstrong-Collett
District Youth Officer



Peace Poster Competition

The Lions Peace Poster competition theme for 2021-2022 is "We are all Connected". Artists must be 11, 12 or 13 years old to enter the International Competition and kits are on sale from MDHQ at a cost of approx. £14.00 including P&P, until Friday 1 October.

This competition is an opportunity for Clubs to encourage the young people in our local communities to think about the importance of world peace, tolerance and international understanding, and to pass it on, encouraging all young people to share their unique visions with the world through pictures.

This is an International and MD competition, as a District we also have a Junior Peace Poster competition divided into two age groups, Years 3-4, and Years 5-6, which also includes an award for computer aided design.

Entries to the competition must be received by the District Peace Poster Officer, Lion Frances Bond by Monday 15 November.

The District winner of the 2020-2021 competition was 12 year old Eva, sponsored by the Lions Club of Swindon. The District winner then progresses to the MD final.

If you have any questions about Peace Poster or need any help then, Frances can be contacted through the email address youthchair@lions105sc.org.uk

On being asked what are friends, he said “A single soul dwelling in many bodies” - Aristotle



Thanks to the generosity of Churcher's College, the Petersfield Lions Club hosted a picnic on Sunday 15 August to thank all the vaccination volunteer marshals and also allow members to mix socially for the first time since December 2020.

Volunteers from Petersfield Lions Club, Petersfield U3A, the Liphook and District Business Association and other Petersfield volunteers were able to meet at last without masks, meet old friends and in some cases make new ones. The event was also supported by some doctors, other NHS staff and volunteers.

The highlight of the afternoon was a presentation to Lions Mike and Lin Piatek who, in December 2020, began organising the rotas, lateral flow tests and basic training for marshals and volunteers. This was and still is a mammoth task. They have contributed almost 900 hours between them in support of the project.

Pictured are Petersfield Club President Lion Clive Midson and IPP Lion Jo Walters, presenting Lions Mike and Lin each with a Melvyn Jones Fellowship in recognition of their service. It is the highest accolade a Lion member can achieve, recognising outstanding individuals for their humanitarian work.

A special thanks also, to our members Lions Carole and Nicholas Vergette who made the event possible by making the arrangements with Churcher's College who also provided tea and coffee.

LIONS SUMMER FUNFEST!

The sun shone on local Lions the other Sunday when they organised their annual Summer Funfest at Yateley Manor School for 500 guests. It was a fun-packed day for people with disabilities, their families and helpers. There was music, dancing and fun for people of all ages and abilities with bouncy castles, giant slides, roundabouts, steam trains and lots of Lions sideshows plus a Lions barbecue.

Eighty Lions and volunteers from Aldershot, Farnborough, Fleet, Hart, Hook & Odiham, Loddon Valley and Yateley Lions Clubs ran the event and they had all contributed to its cost to make it free for their guests.

Attendees came from the local area and as far afield as Winchester, Woking, Staines, Reading,

West Byfleet, Sunbury, Ashford (Middlesex), Newbury, Bracknell, Shepperton, Alton, Chertsey and Elstree. They all had a great time and told the Lions so on the day and on social media afterwards. One said, "It can be difficult going out to crowded places and it's not easy going out together but the Funfest is brilliant."

Lion David Styler, chairman of the organising team, said, "It has been a very difficult year for everyone, so we were so pleased to be able to hold the Lions Funfest this year. The smiles on the children's faces showed how much this day was needed by these special families."

Lion David thanked Yateley Manor School for allowing the Lions to host the event there and gave thanks too to the Lions and

volunteers who all went home with smiles on their weary faces - it had been a long but very worthwhile day.



An aspiration is a joy forever

- Robert Louis Stevenson

Windsor Lions galloping ahead with Horse Ride plans



The Windsor Lions are in full preparation mode for their biggest annual fundraiser - the Cross-Country Horse Ride in Windsor Great Park.

Following from the enforced cancellation of the event last year during the pandemic, the Lins are hoping to have a full complement of riders this year.

With almost 700 riders already entered, event controller Lion Mark Fraser says: "The response to bringing back the ride has been fantastic. We are really encouraged that riders want to get back in the saddle and ride again in the Park for a variety of good causes including Riding for the Disabled and a National Health charity. Places are being filled very quickly and with the event just a couple of weeks away, we urge any last-minute entries to sign up quickly.

"We are very pleased with the way the new course worked last time and it is now wholly in the spectacular Deer Park within Windsor Great Park which enhances the experience of the event for riders. As always, Windsor Lions are extremely grateful to the Windsor Great Park authorities for the use of their wonderful facilities.

The Cross-Country Horse Ride in Windsor Great Park takes place on Saturday and Sunday 11 and 12 September.

Fleet Lions go walking

Fleet Lions organised their first Charity Walk in a lovely, natural recreational space of more than 200 acres on the town's outskirts.

This was the Club's first real event since the pandemic began and nearly 100 adults, children and ten dogs joined the Lions in exploring the Naishes Lane 'Suitable Area of Natural Greenspace' (SANG) on the edge of Fleet. The event wasn't a mega fundraiser but it was a nice thing to do for local people on a sunny Sunday morning. Suggested and organised by one of the Club's new members, Lion Marcel Attard, who had joined during the pandemic and who did a great job! Many commented that the SANG was new to them and they would return to enjoy it again.



There were three routes for the walkers to choose from 1.5 km (suitable for pushchairs, wheelchairs and mobility scooters), 3 km and 7 km. The Lions encouraged the walkers to spot animals, birds and insects and record them on the sheet provided. They all had route maps, the course was marked and there were plenty of marshals along the routes. All the walkers (who had paid £5 each or £10 for a family) received a medal from the Club president.

The warden of Naishes Lane was very pleased the Club chose his patch and was very helpful to Lion Marcel with his planning for the event.

I never think of the future. It comes soon enough.

- Albert Einstein

News from Meon Valley Lions

Back together again

The Club met to say a huge thankyou to Lion Eddy Barringer for keeping the Club running during really difficult times and welcome Lion Mike



Edwards to his role of Club President for the forthcoming year.

That vital leg-up

A couple of recent referrals to the Club show the importance of the Lions Club giving families the one-off help we typically provide. The help for families is never on-going but when someone hits a problem, the Meon Valley Lions may be able to help.

The first request was an elderly lady with just a cool box to keep food fresh, so a fridge-freezer was desperately needed. The second a family was in need of some bedding and help with a washing machine. After careful consideration and thanks to support from the public, the Lions were able to help both families and source the requested items - that is that vital leg-up.

A Lion's initiative leads to national newspaper coverage

That HSBC had closed the branch used by the Fleet Lions, particularly since it had the last nightsafe in town, led Lion Jim Storey to contact the Daily Mail with the result that Fleet Lions achieved the national newspaper coverage below.

It's a proposal Jim Storey, 67, a trustee of the Lions Club of Fleet, supports. The club helps low-income residents in the Hampshire town.

Jim wrote to HSBC when he heard its branch was closing. It meant volunteers would have to drive ten miles away with up to £30,000 in cash after hosting events.

But Jim never got a reply and the branch closed in June.

He says: 'If banks are no longer serving customers, then giving a watchdog the legal right to stop them is the only solution.'

The proposal referred to is that a legal watchdog should ensure banks consider their customers by not keeping closing branches.



The President just got married!

Loddon Valley Lions President Vanessa Tolson married another Loddon Valley Lion, Alan Goddard, at a ceremony held at Norton Park, near Sutton Scotney, on 28 August 2021. Vanessa and Alan had originally hoped to tie the knot last year, but regrettably Covid restrictions made this impracticable.

Vanessa has been a member of Loddon Valley Lions since 2017, while Alan only joined in 2020, after having met Vanessa. However, he had been a Rotarian in a previous life, so had a good idea about what life with the Lions would entail !

LCIF Grants to combat diabetes

Diabetes Awareness Day is celebrated on 14 November, the date chosen to mark the birthday of Dr Frederick Banting who, in 1921, discovered how to extract insulin in order to inject it into patients with diabetes. Until then people with diabetes could only control the disease with a very restrictive diet.

Around 4,000,000 people in Britain have diabetes and Types 1 and 2 are the main types. Type 1 occurs when the pancreas stops producing insulin and affects around ten per cent of those with the condition and can occur in children as young as three years. It can be treated only by injections of insulin for life. Type 2, where the pancreas progressively produces less and less insulin, affects the remainder and is mainly found in the over-40s, people who are overweight or already have diabetes in the family. Type 2 can be treated by diet, tablets or ultimately insulin. Both types are potentially lethal if not controlled.

How do you know if you have Diabetes? The main symptoms are feeling very thirsty, tired, feeling extra hungry, going to the toilet more especially at night, losing weight without trying to, genital itching or thrush, cuts and wounds taking longer to heal and blurred vision. If you suffer from any of these you should seek medical advice.

On Diabetes Awareness Day Lions can make people aware of symptoms, support health initiatives, organise walks for exercise or to raise money for a Diabetes Charity, donate to a Diabetes Charity or give someone a Medic Alert bracelet or organise a community event to promote healthy living.

The LCIF Diabetes grant has quite an expansive reach. LCIF's diabetes focus will be placed on large-scale diabetes prevention, management, awareness, and service projects that have the potential to improve the public health of a community.

More specifically, the Diabetes Programme will support projects that fall within one of the following intervention areas:

- Large-scale fixed facility or mobile screening initiatives which target at-risk communities/individuals when combined with comprehensive follow-up care by qualified medical professionals. Use of diabetes risk assessments and diabetes education is required
- Health facility expansion through renovation and equipment acquisition to improve existing infrastructure and increase patient access to existing diabetes services.

- Initial or refresher training of qualified health personnel who work with people living with diabetes/prediabetes, and/or the training of Lions as community diabetes educators.

Funds are also available for public awareness initiatives and support groups if these activities are incorporated into one of the intervention areas.

It is recognised that not all Lions Clubs will be able to be supported by this Foundation programme. The good news is that LCIF and Lions Clubs International have funds available through other programmes. These are:

SightFirst: Supports diabetic retinopathy projects set within a comprehensive eye care programme.

Community Impact Grants: Helps Clubs and Districts support small scale community projects using a share of their donations to LCIF.

As with all grants from the Foundation there are requirements that must be fulfilled by those applying. Lions must raise local matching funding in the form of cash contributions equivalent to 25 per cent of the total project budget.

- ◇ At least 25 per cent of the required matching funds must be collected at the time the application is submitted to LCIF. A bank statement showing this must accompany the grant application.
- ◇ Lions must have the balance of the local matching funding collected by the midpoint of the projected timeline. The project midpoint will be calculated from the date of approval. The exact deadline date to have all local matching funding collected will be specified in the grant agreement.

The applications for Diabetes Grants are due no later than 90 days prior to the start of the Board of Trustees meetings, which take place in January, May, and August.

This may all sound rather daunting, but you can either contact 105SC LCIF Officer Lion Ann Huntley or Global Services Chairman PDG Lion Judith Goodchild for assistance. If you want to do some research yourself then go to the International website and look up Grants.

Lion Ann Huntley MJF
Lion Judith Goodchild



Sentinel's eye on...

Events Calendar

Club events for the next three months and updated month by month are listed here

Club Events: September, October and November

- ♦ **ALTON** - Saturday 18 September, **Classic Car Show**; Second Saturday of every month, **Lions Craft Markets**
- ♦ **BASINGSTOKE** - Thursday 14 October, **World Sight Day Information Stand**; Saturday 30 October, **38th Annual Swimathon**
- ♦ **BOURNEMOUTH & CHRISTCHURCH**
- ♦ **BRADFORD ON AVON** - Saturday 9 October, **Comedy Evening**; Sunday 24 October, **Charter Anniversary Lunch**
- ♦ **CALNE** - Saturday 25 September, **Coffee Morning for MacMillan**
- ♦ **CHIPPENHAM** - Wednesday 29 September, **Jazz on an Autumn Evening**; Sunday 10 October, **Simon & Garfunkel Tribute**; Saturday 6 November, **Christmas Bazaar**; Sunday 28 November, **Build Carol Float**
- ♦ **DEVIZES** - Saturday 30 October, **Autumn Fair**
- ♦ **FLEET** -
- ♦ **JERSEY** - Saturday 18 September, **Lions Muddy Fun Run**; Saturday 20 November, **57th Charter Anniversary**
- ♦ **LODDON VALLEY** - Sunday 5 September, **Lions Treacle Fair**
- ♦ **MAIDENHEAD** - Sunday 19 September, **Duck Derby & Family Fun Day**
- ♦ **MARLBOROUGH & DISTRICT** - Sunday 24 October, **Charter Anniversary Lunch**
- ♦ **MEON VALLEY** - Saturday 11 September, **BBQ in the Park** (in place of the Swanmore Fete)
- ♦ **NEW MILTON** - Sundays 5 and 19 September, **Car Boot Sales**; Saturday 9 October, **50th Charter Anniversary Dinner**; Saturday 27 November, **The Lions New Milton Christmas Festival**
- ♦ **NEWPORT (IOW) COWES BRANCH** - Saturday and Sunday 4 and 5 September, **Wolverton Manor Garden Fair**
- ♦ **READING** - Saturday 18 September, **Prostate Cancer Awareness PSA**
- ♦ **WARMINSTER** - Friday 8 October, **Charter Anniversary Dinner**
- ♦ **WINDSOR** - Saturday and Sunday, 11 and 12 September, **Lions Charity Horse Ride**; Sunday 10 October, **Swimathon**
- ♦ **WOOLMER FOREST** - Friday 10 September, **Inaugural Charity Golf Day**; Sunday 10 October, **Blackmoor Apple Tasting Day**

Webpage—www.lionssc.org.uk/events.html

LIONS WIT

To be sure of hitting the target, shoot first and call whatever you hit the target.

The world is moving so fast these days that the man who says something can't be done is generally interrupted by someone doing it.

- Elbert Hubbard



OLD MONARCH

The Editor has the last word...

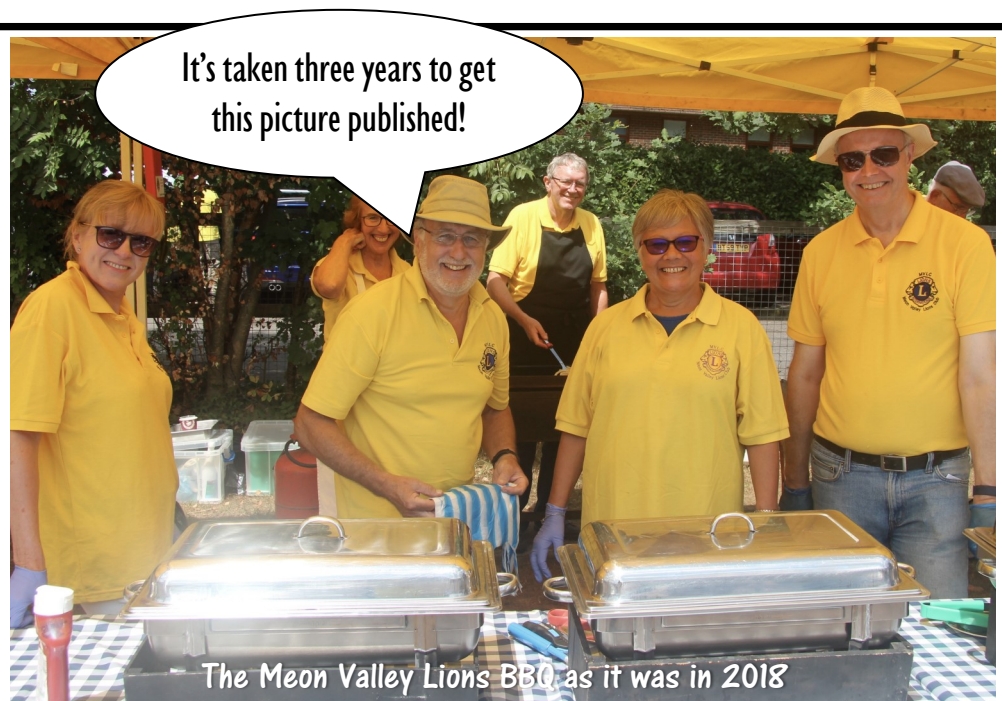
This is something of a wordy edition with lots to be said but one article in particular drew my attention - the plea from the District Youth Officer for potential Young Ambassadors to represent our District.

My own Club has long supported the Young Ambassador competition, believing it to be enormous value and frequently sponsoring the District's choice. I am acutely aware, as I am sure are both Lions Rob and Yorky, that there have been occasions when that choice has been extremely limited. There must be in this District very many youngsters well committed to serving the community and Lion Rob's article on page 6 tells us where to find them. Jersey will once again be entering a candidate - please provide him or her with some very lively competition!

Lion Peter Tabb



**Lions
tail...**



The Meon Valley Lions BBQ as it was in 2018

Please send all articles and pictures for publication in the

DISTRICT 105SC SENTINEL

to the Editor, Lion Peter Tabb, email : news@lions105sc.org.uk and/or peteretabb@gmail.com
ideally at least a week before the end of the month