

105  
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**Getting our ducks in a row!**  
Eastleigh and Swanwick Lions show how  
on page 7



# SENTINEL

**JULY 2021 EDITION**



**Lion Nick Seager after cycling from  
Land's End to John o'Groats to raise  
funds for the Devizes Lions Club  
See page 8**



The International Association of Lions Clubs

**District 105SC**

District Governor 2021 - 2022 ♦ Lion Brian Donovan

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**“Through Service We Grow”**



# The new DG's Leader...

*My Fellow Lions...*

I am delighted to welcome you all to our new Lionistic year of 2021-22.

In December 2019 I was busy visiting Clubs and getting to understand my future role. My Club had been doing its normal activities during that month, but we all heard on the news of an outbreak of a virus on the other side of the planet. It was so far away, how could it impact us? But it did, and the world was stopped in its tracks for us all in March 2020.

Now, 15 months on from the first lockdown, we are looking forward to late July when we finally emerge from the tumultuous time that we have all shared, suffered and lost. Where we have been able, our family of Lions have adapted and continued to serve and the world we emerge into will be different: we will all have changed.

After I was elected as your District Governor Elect at our Virtual Convention (many thanks to Lion Tom and his excellent team for that, and for their support of the other Districts and not least the MD Convention), I said the following:

*The District team will work hard to ensure that we can support you in gaining and retaining members through our membership team; supporting your service via our service team and to support effective training for all those that require it via our leadership training team.*

*These may be separate teams, but they all work together for our common goals, through service we attract members, through new members we can extend our service and through leadership training we provide the necessary skills for Lions to lead their clubs, seek new members and plan and carry out successful service events.*

From this my DG strap line for Lions Year 2021/22 emerged:

## Through Service We Grow

When the Lions are finally let loose on the world, we will be able to return to the events that we did previously, but I also hope that we have had time to reflect and find new things and perhaps continue and expand upon our newfound 'virtual' skills. As Lions we have to embrace change, not be afraid of it, but take control of it and use it to our advantage—an excellent quote from Helen Keller:

***“A bend in the road is not the end of the road... unless you fail to make the turn.”***

So, let's combine our new and old skills in our new world.

In developing our District structure, I have had to make some changes to the Zones so that there are enough Clubs that can then work together and support each other. Zones F and G which were four Clubs each will join as a single Zone of eight Clubs, and Zones H and I (two and five Clubs respectively), will join to create a new Zone of seven clubs).

We have some new Zone Chairmen this year, Lions Richard High, Mark Thorpe, Net Cooper and Paul Allaway who will be ably supported by the continuing Zone chairs.

## Service from the heart will guide our way

I have worked with the team leaders of Service, Membership, Leadership and Youth to ensure that they do have teams to lead and to share the workload. This has made it possible to bring in new Lions from the District to support us all, but without unduly burdening them with 'Cabinet', unless they need to present ideas for discussion or decision. Their focus is on how they can help Clubs thrive.

A new role has emerged within the membership team that will impact across all we do. The role is our New Voices Officer, Lion Diane Hopkins. Everyone needs their voice to be heard and as Lions we are champions of diversity, everyone has an equal voice.

A key change has been the reinvigoration of the Youth Team led by Lion Robert Armstrong-Collett, which will allow Lion Yorky to focus 100 per cent on Young Ambassador.

Building on the work in 2020-21 the PR and Marketing Team is now truly a team that will be able to support the whole District.

These teams have meant that others have been able to give their time in service to us all and get involved in the overall betterment of our District and to learn and grow to be our future leaders.

The District officers have a good mix of new and continuing Lions, and I thank them all for their service to us all. Never forget we are all volunteers in service. The Lions Clubs International strapline continues to be 'We Serve' but International President Lion Douglas X. Alexander's personal message to us says it all.

## Service from the heart will guide our way

*Yours in Lionism*  
*Lion Brian DG105SC*



# Matters of moment



## Welcome New Lions!

I am delighted to welcome the following new members into Lions Clubs International and wish them a long and happy time as Lions

**WINDSOR - Lions Malcolm Court and Nick Vaughan**

**WOOLMER FOREST - Lions Kelvin Perry and Fiona Seymour**

**DG Lion *Brian***

## PASSED TO HIGHER SERVICE

It is with great sadness that the Lions Club of Poole reports the passing to higher service of Lion Chris Poulton. Lion Chris had been a member for more than 30 years. He was awarded a Melvin Jones Fellowship in recognition of his long and devoted service to the Club and the community. He was the perfect Welfare Officer, a role he fulfilled for many years, ready with a sympathetic ear, helpful words and practical assistance. He will be fondly remembered by his family, friends and fellow Lions.

The Cowes Club Branch reports with sadness the passing to higher services of Lion Michael Downer, known as Chuff due to his voluntary work at the IOW Steam Railway. Chuff had been an active and willing member of the Cowes Club Branch for five years. He had been battling poor health for the past two years and will be greatly missed by all who knew him.



I hope you have all had sight of the recent LCIF Special Sentinel that was issued recently? My thanks to Lion Peter for his wonderful editorial skills.

One of the areas that I like helping with, is when a Club wishes to honour a member for their service by awarding a Melvin Jones Fellowship. As most of you will know the application form is on the international website, the easiest way is to type Melvin Jones award in the search bar, complete the form and please do make sure you read the form properly and enter the correct information before submitting it. However, a Club can also ask me to do the application for them, which I am always happy to do, but I do not claim that they come through any quicker! May I suggest that Clubs completing the forms themselves let me have a copy so that should there be any queries with the application I have the necessary information to hand to follow it up. The awards are now shipped out of the Philippines which has led to a few delays in the past. Also the Covid situation has meant that sometimes the process has been slower than we are used to. Please make plenty of time, a couple of months, to apply for the award if you want to present it at a particular function like a handover or Charter Anniversary.

A Club always need to check to see if they have the 'credits' necessary to obtain an MJF. These are earned when a Club or an individual donates to LCIF. Clubs must have enough 'credits' in the account before you can apply for the award. This can be a simple email to me [lcif@lions105sc.org.uk](mailto:lcif@lions105sc.org.uk), this is also how to contact me if you have any queries regarding MJF, LCIF & Campaign 100.

Thank you for your continued support of our Foundation during this past difficult year. I wish you all a successful and safe Lion's year.

*Lion Ann Huntley* MJF

District 105SC LCIF Coordinator



# The Bigger Picture

## Global Service Team News - July 2021

### CHANGES IN GST

We are now at the beginning of another Lionistic year and there have been changes in the way GST is run in 105SC. Basically we are reverting to the old Community Service pattern which is more in line with the MD model. It will mean that I have much more support and that different officers will be writing to you from time to time.

### SIGHT

I am pleased to say that Chichester Lions are now receiving donations of used specs. Please contact Chichester Lions before taking large numbers of specs to Chichester so that they can welcome you and show you what they do or to find out about the best way to send them. More information can be found at [www.chillions.org.uk>donating-spectacles](http://www.chillions.org.uk>donating-spectacles)

### ENVIRONMENT

At the latest MD GST meeting it was suggested that Lions support **The Queens Green Canopy** a project in recognition of Her Majesty's 70th year and it proposed that Lions Clubs plant 70,000 trees. This would mean that if each Club planted 420 trees the target would be reached. It was suggested that members could adopt trees as individuals.

#### Where to get the trees?

The Woodland Trust, through their Free Tree Pack scheme, offers free saplings to schools and community groups looking to plant on public/communal land. Through the scheme there are two deliveries each year - one in March and the other in November - to coincide with tree planting season over the winter months. The Woodland Trust are now taking applications for the **November 2021** delivery via their online application form, which can be found [here](#) along with details about the different packs/mixes available. Applications for the November delivery are due to close around mid-August.

The trees supplied are young 1-2 year saplings (about 20-60 cm tall), a good age for the trees to establish in new ground conditions and after about eight years could reach an adult's head-height. All packs also come with 60 cm plastic spiral guards and bamboo canes to protect the saplings from rabbits and other small mammals.

For reference: a small pack (30 trees) will cover around the size of one tennis court or create around eight metres of double-row hedging, a medium pack (105 trees) will cover about four tennis courts or create around 25 metres of double-row hedging, and a large pack (420 trees) will cover a football pitch or create about 85 metres double-row hedging. The Woodland Trust offer a maximum of four different packs to each group, up to a total 420 trees.

You would need to identify a suitable plot of land and liaise with the legal landowner to agree the tree planting and ongoing maintenance of the young trees. A Club member would then complete an online application form and select a suitable number of trees in their order.

Applications are checked individually against eligibility criteria.

Applications will close around mid-August, there is no flexibility to add extra orders after the deadline as the scheme is hugely popular, delivering over one million trees each year. The Woodland Trust cannot create bespoke orders, it's a case of choosing the closest suitable tree packs for the planting objectives. Trees are usually delivered over the first 2-3 weeks of November. It is therefore suggested that any tree planting events are arranged for late-November or even December - the trees can happily be stored outside for many weeks before they need planting in the ground.

### CHILDHOOD CANCER

September is Children and Cancer Month

The MD Officer has suggested that you maybe contact your Regional Paediatric Oncology Unit to ask if there is anything they need or would like but also if your funds are somewhat limited you could maybe think about toys, books, games, crayons, etc. for the playroom. If you have a talented artist in your midst, you may be able to draw a large Lion which they could colour, cut and paste or dot to dot for the playroom!!! Our regional unit is very probably Southampton but if not they could advise you where to contact. (023 8120 3603)

Another idea from District A is called "Supershoes".

They are a registered charity who provide unique customised shoes hand painted and personalised for our really brave children and young people. They cost £70.00 to produce and will brighten up anyone's day!! More information at <https://www.supershoes.org.uk/about/>

Let us make 2021-2022 the year when all our service is recorded on the MyLCI website using the Service Reporting webpage.

*Lion Judith Goodchild*

105SC GST Co- Ordinator

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**Nine-tenths of wisdom is being wise in time...**

**- Theodore Roosevelt**



## **GETTING TO THE HEART OF DEFIBRILLATORS IN WINDSOR**

Following the recent high-profile use of a defibrillator at the European Football Championship match in Copenhagen which helped to save the life of Danish player, Christian Erikson, there has been an upturn in interest in these life-saving pieces of medical technology.

The *Windsor Community Defibrillator Partnership* made up of members of the Lions Club of Windsor, the Rotary Club of Windsor St George, Windsor Street Angels, Thames Valley Police and Windsor Town Partnership. Their mission is to raise money for placing publicly accessible Automatic External Defibrillators (AEDs) in and around Windsor.

WCDP were aware that Windsor town centre did not have defibrillators that could be publicly accessed 24 hours a day. Several premises had equipment, but they were not accessible out of hours for a number of reasons, and none were in the town main thoroughfares. WCDP raised funds from donations, and has to-date installed 15 publicly accessible AEDs with a full guardianship programme to ensure they are always fully equipped and in good working order, with another five AEDs funded and locations identified for installation. They also have the knowledge about the best way to help save a life by utilising these kits and, importantly, where they can be found.

## **Questions & Answers about Lions using Social Media**

**Question:** How many people in Britain use Facebook?

**Answer:** 66% of the population. 44.84 million people in the UK and that's growing.

**Question:** Can my Club reach just some of those people to spread the good news about how Lions are working in the community

**Answer:** Yes

**Question:** How?

**Answer:** Take part in the District 105SC Facebook Workshop on Saturday 31 July from 10.00 am - 12.00 noon on Zoom.

**Question:** What's it about?

**Answer:** Learning the benefits of social media as a whole and why we should use Facebook.

- ✳ **Effective posting on Facebook**
- ✳ **Best practice - the do's and don'ts**
- ✳ **Interaction with our audience**
- ✳ **Links and sharing**
- ✳ **Building Social Media links with other Clubs and organisations.**

**This session will give Clubs insight into all these factors and more, to give clear guidance on improving the visibility of Lions Clubs in their communities. Also it will give access to a library of images and videos for Club use on Facebook throughout the year.**

**To register email the Social Media Team [smt@lions105sc.org.uk](mailto:smt@lions105sc.org.uk) and we'll send you the Zoom meeting links.**

**The optimist thinks that this is the best of all possible worlds and the pessimist knows it.**  
- Robert J. Oppenheimer

## Getting our ducks in a row

Eastleigh and Swanwick Lions have been busy getting ready for the duckrace taking place on the River Itchen on Bank Holiday Monday 30 August. You might imagine that there is only a bit of work on the day; dropping the ducks into the river and scooping them up afterwards. Notwithstanding a few Lions spent an afternoon and evening preparing.



Imagine rather a lot of black bin bags full of mucky, numbered yellow plastic ducks. The numbers on the ducks' bottoms correspond to the numbers on tickets bought by the public. Thus it's vital to ensure that ducks from the previous race did not go paddling off on their own and the ducks' numbers and the ticket numbers match. So with military precision, 2,500 ducks were cleaned, renumbered and put back into numbered bin bags.

Thanks to the Lion's wife who kept the team of Eastleigh and Swanwick Lions refreshed with cups of tea and the efforts of those involved, the task was done in a much shorter time than anticipated.

There's still lots to do before the big day, in particular selling a ticket for every duck that's taking part. Tickets for the ducks are available from time to time at the Club kiosk in Riverside Park and the intended Lions pop-up shop in Eastleigh's Swan Centre. There will be lots of prizes with £250 for the owner of the victorious duck.



## It's time to get back in the water - Windsor Lions Swimathon 2021 is launched!

Windsor Lions are delighted to announce they are back on track and are launching their popular Swimathon. This event, which allows local groups, clubs, schools, businesses and charities to raise money for themselves or their favourite good cause, will be held on Sunday 10 October at the Windsor Leisure Centre. Teams of up to six adults (eight for under 16s) may enter and will swim, relay style for just under an hour to raise money for their chosen cause.

The event has proved very popular over its 24 year history and has raised over £200,000 for local and national good causes including many Guide and Scout groups and local charities such as Blue Acre Stables and the Thames Valley Adventure Playground.

Event organiser Lion Mike Sells has been involved with the event from its start. He gave his view on the secret of its success. "People love our Swimathon because they can keep every penny they raise for their chosen cause. In essence, Windsor Lions stage the event and all the wonderful participants from a wide variety of organisations do all the hard work with the swimming!"

# Imagination is the highest kite that one can fly - Lauren Bacall

## DEVIZES LIONS - PUBLIC EYE

After more than a year with most events being delayed or cancelled due to the pandemic, the past month has put Devizes Lions well and truly back in the public eye.

### Books & Bits

The first was the four-times delayed sale of "Books & Bits" in a disused church. Despite the challenges of social distancing and sanitising, the sale brought good publicity as well as several hundred pounds of revenue. Unsold items went on to other sales and charities, releasing some welcome storage space at last!

### Sports Coaching



For more than 35 years the Club's annual Sports Coaching Weekend for children has introduced youngsters to sports that they might not normally encounter. In 2020 and again last March the event was cancelled. Fortunately the Covid rules relaxed just in time for a half-sized version in June to introduce 250 youngsters to nine sports. The event has always been popular but this time parents, children and sports clubs were especially grateful for the renewed opportunities.



### LEJOG

Meanwhile, Lion Nick Seager was cycling solo from Land's End to John O'Groats (LEJOG) and pictured below setting off.



The trip was planned for last year but delayed to this. Nick is 75 years old and one of the oldest people to take on the challenge unsupported, and generously did so to raise funds for his Club. Just before the end of the Lions year, Lion Nick reached his goal in good shape after more than a thousand miles of determined cycling and donations stood at well over twice his fund-raising target.

### Lions on the Green

A completely new venture took shape during the darker days of the 2020 lockdowns. Lions on the Green was the first significant outdoor event for many months.

On a colourful summer's day the public flocked to see more than 100 classic cars on display. There were entertainments for children and stalls for local artisans and charities. The name of the event and the title of this article are especially appropriate as the townspeople remember when two circus lions caused chaos in a nearby school after breaking loose on The Green!

*NB: Written permission was obtained from parents for the use of images on this page.*

# And learn the luxury of doing good

- Oliver Goldsmith



Not normally known for hiding their lights under a bushel, these three vertically challenged Cabinet members were snapped during the move of the District PR Equipment Store from Salisbury to Farnborough.

## Can you spot who they are?

The next time we are able to meet in person at a District event, there's a pint or a glass of wine for the Lion with the first correct answer emailed to

**pro @ lions105sc.org.uk.**

## WOKINGHAM LIONS CLUB HAS A NEW PRESIDENT

At the annual 47<sup>th</sup> Charter celebration and hand-over dinner for the Wokingham Lions Club on Friday 25 June, Lion Andy Goffin (left in the picture) was named the new president of the Wokingham Lions Club. The event took place at The Walter Arms in Sindlesham, with honorary member Town Mayor Cllr Tony Lack and Mayoress Claire Lack in attendance.



Outgoing President Lion Nigel Page (right) thanked the members in attendance, who were all thrilled to meet in person for the first time this year. He said: "It has been a challenging year, especially as far as fund raising is concerned. Many charities have struggled to raise any funds during the year, yet Wokingham Lions raised more than £16,000, most of which has gone to local charities."

## Wokingham Lions Club will donate £4,500 to nine local charities

These funds were provided by more than 500 walkers who participated in the Wokingham Walk on Sunday 23 May.

Lion Andy Slay, organiser of the Wokingham Walk, said: "We were very pleased with the turnout for this year's sixth annual walk. We had more than twice as many walkers as we had last year and raised more than £6,600. We are donating £500 each to nine worthy local charities. Since it has been a difficult time for charities to raise much-needed funds, we decided to support each of the charities that entered a team for the walk. This will leave a further £2,100 to be distributed to other local worthy causes as needs are identified."

**Youth would be an ideal state if it came a little later in life - Herbert Asquith**

## **District 105SC Youth Team**

I am very pleased to introduce the new youth team for the forthcoming Lionistic year, as a team we would like to promote the various youth projects available and encourage and support Clubs to take part where possible.

The following Lions form the new Youth Team:

- ◆ Youth Officer and Young Leaders in Service - Lion Rob Armstrong-Collett
- ◆ Young Ambassador – Lion Yorky Tuke ◆ ROAR – Lion Eric Warner
- ◆ Youth Exchange – Lion Steve Sherring ◆ Peace Poster – Lion Frances Bond

As Clubs will be aware, the various youth projects and competitions that are available are a 'shopping list' for Clubs to identify and consider which to participate in, based upon which best meet their community's needs – there is certainly no expectation that any Club will participate in all of the projects!

As a Youth Team we are on hand to members and Clubs to ask advice, help and support in any way we can to assist in considering the youth projects available and how to participate.

In the coming months, we will endeavour to publish articles to provide more information about each of the projects, but we have put together a brief summary below:

**Young Ambassador** - For information please visit: <https://www.lions105sc.org.uk/projects/youth/youngambassador.html>

**Young Leaders in Service** is an on-going project that recognises young people aged between 11-18 for their community service undertaken within a 12-month period, with a gold, silver and bronze awards.

**ROAR** is a new MD project for Key Stage 2 children (ages 7-11), encouraging children to develop an idea that will change the world and is delivered in line with the national curriculum and PSHE education. For more information please visit: <https://www.lions-roar.com/schools>

**Peace Poster** - The Lions Peace Poster competition is an International competition for those aged 11, 12 or 13, to design a poster based on their interpretation of a theme - the theme for 2021-2022 is "We are all Connected". For more information please visit: <https://www.lions105sc.org.uk/clubs/competitions/peaceposter.html>

**The Lions Youth Camp & Exchange programme** . For information please visit: <https://www.lions105sc.org.uk/projects/youth/youthcamp.html>

We would like to encourage each Club to consider each of the youth projects and how they could participate, thinking especially about how links could be created with existing youth organisations, such as Scouts, Guides, church groups, St John Ambulance, youth groups, Red Cross, cadets and schools, etc, as many potential future candidates are already volunteering within our communities.

*Lion Rob Armstrong-Collett*



# Sentinel's eye on...

## Events Calendar

*Club events for the next three months and updated month by month are listed here*

### District Events

- ♦ **Bob Cook Games** at Swindon going ahead as normal in August ; and
- ♦ **Paulton Park** event now cancelled.

### Club Events: July, August and September

- ♦ **ALTON** - Wednesday 11 August, **Cardiac Rehab Golf Day**; Saturday 14 August, **Party in the Park**; Saturday 18 September, **Classic Car Show**; Second Saturday of every month, **Lions Craft Markets**
- ♦ **BOURNEMOUTH & CHRISTCHURCH** - Saturday 21 August, **Charity Duck Race**
- ♦ **BRADFORD ON AVON** - Sunday 11 July, **Hand-over**; Saturday 24 July, **Art and Craft Exhibition**, Monday 30 August, **Family Fun Day**
- ♦ **CHIPPENHAM** - Saturday 17 July, **Jazz on a Summer Evening**, Saturday 24 July, **Collection and Membership Drive**; Sunday 8 August, **Bob Cook Games**; Saturday 14 August, **Collection and Membership Drive**; Sunday 22 August, **Cherished Vehicle and Family Fun Day**; 29 September, **Casino Evening**
- ♦ **FLEET** - Sunday 22 August, **Lions Charity Walk**
- ♦ **JERSEY** - Saturday to Wednesday 3 to 7 July, **49th Annual Swimarathon** (postponed from March 2021); Saturday 18 September, **Lions Muddy Fun Run**
- ♦ **LODDON VALLEY** - Sunday 5 September, **Lions Treacle Fair**
- ♦ **MAIDENHEAD** - Sunday 4 July, **36th Annual Swimarathon** (postponed from January); Sunday 19 September, **Duck Derby & Family Fun Day**
- ♦ **MEON VALLEY** - Saturday 11 September, **BBQ in the Park**
- ♦ **NEW MILTON** - Sundays 5 and 19 September, **Car Boot Sales**
- ♦ **PETERSFIELD** - Saturday 3 July, **Joint Handover/Charter Anniversary evening**
- ♦ **READING** - Friday 2 July, **Charity Golf Day**; Sunday 4 July, **Berkshire Motor Show**; Sunday 1 August **Club Charter Anniversary Tea**; Saturday 18 September, **Prostate Cancer Awareness PSA**
- ♦ **SWANWICK** - Saturday 14 August. **Show on the Green**; Monday 30 August, **Annual Duck Race**
- ♦ **WINDSOR** - Saturday and Sunday, 11 and 12 September, **Lions Charity Horse Ride**
- ♦ **WOOLMER FOREST** - Friday 10 September, **Inaugural Charity Golf Day**
- ♦ **YATELEY** - Monday 30 August, **Summer Fayre**

Webpage—[www.lionssc.org.uk/events.html](http://www.lionssc.org.uk/events.html)

### The Impact of Covid on Education

Name six animals which live specifically in the Arctic.

Two polar bears  
~~Three~~ Four Seals

**It is only when you abandon your ambitions that they become possible - Thomas Keneally**



# OLD MONARCH

*The Editor has the last word...*

Happy new Lions year!

Having just endured one of the most extraordinary years of our lives, it is inspiring to read of many Clubs returning to what we still regard as normality. And enjoying the experience!

Being about to hand over my Club's Presidential chain of office, I am looking forward to doing that at a traditional business meeting with all the Lions' faces not framed by Zoom watching as my successor takes on the mantle of presidency. Our Lions life goes on and it will not be too long, hopefully, before 2020/2021 becomes a memory in which few will want to indulge.

Onwards and upwards! Best wishes to you all.

*Lion Peter Tabb*



**Lions  
tail...**



**Counting 2,500 ducks for Eastleigh's Duck Race**

Please send all articles and pictures for publication in the

**DISTRICT 105SC SENTINEL**

to the Editor, Lion Peter Tabb, email : [news@lions105sc.org.uk](mailto:news@lions105sc.org.uk) and/or [peteretabb@gmail.com](mailto:peteretabb@gmail.com)  
ideally at least a week before the end of the month