



The International Association of Lions Clubs

District 105SC

District Governor 2020 - 2021 ♦ Lion Steve Petty

✉ dg@lions105sc.org.uk ♦ www.lions105sc.org.uk

“Kindness Matters”



The DG's Leader...

"We are all volunteers and give of our time freely", let us enjoy ourselves and spread fun, joy and laughter as we do what we do best - We Serve"

My Fellow Lions

November has arrived and the outside world is still determined to be challenging with no let up in the foreseeable future. However life continues and we are here to serve in whatever way we can within our local rules and regulations. As the world emerged from the 1918 Spanish Flu, just after Lionism was founded in 1917, there is much recorded about how Rotary Clubs worked hard around the world during the recovery period of that pandemic and very little about what Lions did. I hope that Lions will now head the charge back to normality out of this current pandemic. Planning for the future is needed and needed now.

Many Clubs are now planning their pre-Christmas events and it is interesting to hear and see how they are to deliver these events. There is a summary of the common rules and regulations across MD105 printed in the latest Lion Magazine and repeated on the MD105 website. I have previously mentioned that many local authorities also have their own interpretation of the rules and regulations and I urge everyone to contact your local authority's Health and Safety Officer before going too far. I already understand that some are not processing requests for street collection licences.

The Multidistrict Symposium set for 21 and 22 November has now conceded to the fact that the event will be held virtually and not face-to-face. I congratulate the two 105SC members who put their names down for this event. I look forward to the post-event report coming back to District.

Over the past few months the 105SC has tried to address the need for more Guiding Lions across the district and I am pleased to announce that the first new 105SC Guiding Lion has graduated. Congratulations to 2nd Vice District Governor Lion Dave Ebsworth in taking that prestigious title. There is a second candidate not far behind and I anticipate a further announcement in the next issue of the Sentinel. If there are any other members interested in pursuing this training, please contact our District GMT Officer Lion Mike Baker. If not this training, there are many other opportunities to climb the ladder of Lionism available. As we so often say, "Just ASK!"

Until recently we have been working without a Zone A Chairman. I welcome Lion Roger Stratton from Devizes Lions Club into the fold and hope to work alongside him in fulfilling that role.

Stay Safe.



Lion Steve District Governor 105SC



The bigger picture

Global Service Team News

DIABETES

Saturday 14 November is World Diabetes Day. Please try to do something on that day to promote awareness of diabetes or support organisations such as DiabetesUK who support people with diabetes and research into the disease.

HUNGER

I have now attended a Zoom meeting about this topic and learned a great deal. The topic of free school meals during holidays is a current concern which deals with midday meals but of equal concern is the fact that many children go to school without eating anything at all. Last month I mentioned "Magic Breakfast". It is the charity arm of Magic Radio and while working throughout the country is not so active in the south. The organisation partners with schools to supply simple but adequate breakfasts for children. The benefits are substantial in that children who do not have breakfast are unhappy, disruptive, distracted, restless and lethargic and generally do less well in exams and learning in general. Do schools in your area have hungry children and do the schools know about Magic Breakfasts? With the likely increase in unemployment due to Covid-19 this need is likely to grow. Why not visit your schools and talk to them about the scheme. It could also be a way into schools to help with other projects including our Lions Youth ones. Information is available from www.magicbreakfast.com/. I also have a copy of their latest Annual Report which I will send to anyone who would like to see it. This charity also requires money, so please think about making a donation. I also see, on FaceBook, an idea called Reverse Advent Calendar. The idea is to put an item of food stuff into a box every day during Advent and then to take it to your local Food Bank. I advise that early in the New Year would be a good time to do this rather than Christmas Eve as has been suggested in the article.

This could be done by individual Lions. A twist on this is that rather than putting aside food, why not put £1, or whatever you feel appropriate, into a jar each day during Advent and then give to a Food Bank in January. If ten members in a Club did this, then £240 could be donated in January, which would help Food Banks to buy quite a lot of food at a time when their stocks will be low. I suspect, that like with me your normal Christmas activities will not be happening, and that you will not be spending on pre- Christmas dinners, so a £1 a day should be easy to find.



Congratulations to Wokingham Lions who are running a series of quizzes for five months and then donating the proceeds to the **Five Global Causes – Hunger, Environment, Diabetes, Childhood Cancer and Sight**.

I have recently completed a training section on Service Projects and this is available from GLT Lion Mike Baker.

Whatever you do please record it on Mylion and keep well and safe! As I have written in the September edition of Sentinel our reporting record is poor, so let's see if we can improve it over the next couple of months.

Lion Judith Goodchild

105SC GST Coordinator gst@lions105sc.org.uk
Tel: 0118 981 2260

Matters of moment



Welcome New Lions!

I am delighted to welcome the following new members into Lions Clubs International and wish them a long and happy time as Lions.

CHIPPENHAM - Lions Amy Morgan and Sue Morgan

FLEET - Lion Denis Rees-Clark

HART - Lion Sue Tilley

NEWBURY - Lions Emily Coleman and Emma Dunlop-Walters

PETERSFIELD - Lion Ian Burt

READING - Lion Adrian Goddon

SWANWICK - Lions Teri Abbot and Fraser Mitchell

WARMINSTER - Lions Ros Harrison, Jean Rogers and Jennifer Rowney

WINDSOR - Lion Martin Shea

DG Lion *Steve*

Living with Covid-19 The new normality



Just when we thought we might be winning the fight against Covid-19, it seems we are not. However, due to the generosity of Clubs who have donated to LCIF, many areas in the world like Sierra Leone are better prepared. There is an article in the latest edition of the Lion magazine about this.

Alongside the situations that many Lions associate with LCIF, disaster relief probably being the main, there are other areas of life that a grant from LCIF can help with. One such is the fight against diabetes. In the world today 463 million people live with this condition, many are over 65, similarly many do not know they have it and it leads to the death of 4.2 million. A diabetes grant from LCIF is helping Lions in Kentucky USA, to run screening sessions working with healthcare professionals. In Romania a grant helps to run a week long summer camp for children with diabetes to learn more about how to take care of themselves, talk to other youngsters going through the same experience and have support from professionals (they also have a lot of fun!). Visit the international website or contact myself if you wish to learn more.

The only way that LCIF can support Lions either during the aftermath of a disaster or providing help to members of their own communities is down to donations from Lions. We have all benefitted recently from emergency grants from LCIF during the first wave of the Covid-19 outbreak. We need to make sure we are there if needed again. Please consider a donation to OUR Foundation to continue to support those we can, in whatever way we can. Keep safe.

Lion Ann Huntley MGF

District 105SC LCIF Coordinator

Where there's a need, there's a Lions Club

UP TO THEIR EYES IN SPECS AND BOOKS

Warminster Lions Club collect unwanted spectacles from businesses and residents throughout the year. In commemoration of World Sight Day on Thursday 8 October, the Club delivered 3,000 pairs of spectacles to the excellent collection and sorting point operated by the Chichester Lions.

World Sight Day is celebrated to create awareness about vision impairment, blindness, and other sight related problems.

The Warminster Lions' continual collection of unwanted spectacles is well supported by SpecSavers in the town and by public contributions at the Club's second-hand bookshop.

The bookshop was re-opened in early July, although for only three mornings a week due to manning and Covid-19 constraints. It is a popular venue for many local residents who either need to re-stock their books and jigsaws, or else wish to donate their reading material after lockdown clear-outs.

The bookshop's successful re-opening has generated sufficient funds to allow the Club to continue to make significant charitable donations, most recently to Wiltshire Air Ambulance, the local Alzheimer's Support Day Centre, and the Foodbank in Warminster.



Eastleigh Lions support Age Concern on Silver Sunday



Silver Sunday was a special day dedicated to senior citizens and this year it was particularly important to show that they were not forgotten.

The past six months have been very difficult for this generation as many have been unable to leave their home and have missed family and friends. Nationwide Age Concern decided to celebrate Silver Sunday by hosting a virtual tea party for their members at 3.00 pm on Sunday 4 October - Silver Sunday. Their members would be able to sit back and enjoy a tea party with goodie bags of everything needed to hold a tea party - plus some extra gifts. In the Eastleigh area, the Lions were pleased to help and distributed 140 goodie bags on behalf of Age Concern.



Wokingham president Lion Nigel Page presents a cheque for £320 to Sarah Simpson, founder of the Ollie Young Foundation

Lions doing what they do well...

Lion Barrie's "Bunny Hop"

For reasons best known to himself, Lion Barrie Haynes of Bournemouth and Christchurch Lions Club and Zone Chairman for East Dorset, decided to attempt to ride a lady's perfectly ordinary heavy bicycle the 30 miles uphill from Poole to Shaftesbury re-enacting the well-known Hovis TV advertisement by ending up at Gold Hill. This



event was in aid of 'Wear It Pink Day', raising money for Breast Cancer Now (Research). However Lion Barrie was a day late doing it on Saturday 24 October and around an hour late getting there, mainly because of being stuck in second gear, the awful weather and old age! He was dressed from head to toe as a pink bunny rabbit.

PDG and CNR Lion David Taylor was responsible for the Shaftesbury finale and invited well-known radio broadcaster Johnny

Walker and his wife, Tiggy, (pictured above) to meet Lion Barrie at journey's end.

So far just under £900 has been raised, £450 of which has been donated to three Clubs in Lion Barrie's Zone. His Just Giving page is still open and can be accessed via the link on his FaceBook page or by going to Just Giving Barrie Haynes - Charity Cycle Ride to Shaftesbury.

Covid cancels Wokingham's fireworks

The annual Wokingham Fireworks Spectacular scheduled for Saturday 7 November has been cancelled. This major event is organised by volunteers from Wokingham Lions Club, the Rotary Clubs of Wokingham and Easthampstead and two local Unicorn Clubs.

"Regretfully we have had to cancel this event," says David Gold, chairman of the Wokingham Fireworks Charitable Trust. "We had set ourselves a target of raising £25,000 for five local charities, the Thames Valley Air Ambulance, JAC in a Box, Topic of Cancer, Alexander Devine Children's Hospice Service and Wokingham Young Carers. Even though the event cannot take place, we hope people will still donate to these worthy causes."



**“You can’t get very far until you start
doing something for somebody else”
- Melvin Jones**

Prostate Cancer Screening – Do you know your PSA level?



Civic Award for Chippenham Lions

Each year Chippenham Town Council presents Civic Awards to individuals, organisations and groups who have made a material contribution to the advancement, wellbeing and welfare of the people of the town or who demonstrated outstanding citizenship. Chippenham Lions were one of five winners this year and Mayor Councillor Teresa Hutton said of the award winners: “These wonderful people work tirelessly to offer vital support to those in need and I offer our thanks and gratitude for their brilliant work.”

Covid meant that Hook and Odiham Lions could not hold their planned screening for Prostate Cancer in May but hope to do so in 2021. In the meantime they are concerned that **prostate cancer has not gone away** and it is now the most commonly diagnosed form of cancer in the United Kingdom.

Led by Lion Mark Hazell, in their attempt to help combat this disease they are willing to subsidise prostate cancer DIY home testing kits, for up to 200 local men aged between 45 and 70, that can be completed in the comfort of their own home. The 200 available subsidised slots will be assigned on a first come, first served basis.

They are suggesting that if men think they have prostate cancer symptoms (see the Prostate Cancer UK website prostatecanceruk.org) or do not wish to wait for the Club's screening event, they strongly encourage these men to arrange a PSA blood test with their GP or, if that is not possible, then to order and complete a home testing kit.

Hook and Odiham Lions have teamed up with the Graham Fulford Charitable Trust to provide these home testing kits which typically cost £22.99. After our subsidy this will cost local men £11.49.

Hook and Odiham Lions hope this initiative will help men and even prevent deaths.

*Lions Judith Goodchild and
Mark Hazell*

Hook and Odiham Lions Club

Meeting by ZOOM

District 105SC now has its own Zoom account, which may be used by Clubs who don't have their own account. Just email zoom@lions105sc.org.uk to request a meeting, giving date and time and name and email address of the member who will act as host.

More Club news



Meon Valley's Macmillan Coffee Morning Appeal calls in Colin the Caterpillar

Always looking for imaginative ways to fund-raise, Meon Valley Lions Club had fun supporting the Macmillan Coffee Morning Appeal by giving Club members and friends a chance to enter a competition to guess the number of sprinkles adorning **Colin the Caterpillar**.



Everyone joined in the fun to give their guesses and raised £125 in donations and the winner donated the price of the cake. This was gratefully received by the Macmillan Cancer Relief Fund and will help to fund a Macmillan nurse for a day.

Covid-19 puts paid to Meon Valley's door-to-door Santa's sleighride

The Meon Valley Lions will not be able to carry out their usual door-to-door Santa Sleigh's collections this year and their fundraising for the benefit of their community will be much reduced.

However this inventive Club is printing a special Christmas card giving people information on how they can still donate. They also donated the cartoon below to the Sentinel!



**Turn your face to
the sun and the
shadows fall
behind you.**

- Maori proverb



A page devoted to Medic Alert...

The Medic Alert Foundation is a Lions project introduced to the UK from Canada in 1964 by Lion Denis Gilchrist.

The Lions Early Start Programme (ESP) was established in 2013 with the intention of ensuring that all children who needed medical identification protection could receive MedicAlert membership sponsored by Lions Clubs across the UK.

Membership provides each child with a personal online record that securely stores their information, including comprehensive medical history, directives or precautions to ensure fast and accurate first care decisions in an emergency. This full record is only a phone call away via the 24/7 emergency phone line.

£300 provides membership from birth for ten years, ensuring that if the child is taken ill or involved in accident and the parent/guardian is unable to speak for them, MedicAlert can. Clubs can name a specific child for the donation. If not, MedicAlert will identify a suitable child on application for the Lions supported programme, the ESP

Joshua lives with a severe nut allergy as well as asthma. After a scary reaction that left him struggling to breathe, his parents turned to MedicAlert to provide reassurance. "MedicAlert provides peace of mind when I'm not with my son. It is potentially lifesaving to have his medical needs on him."

Maya has Type 1 diabetes, coeliac disease and a peanut allergy. As she was too young to explain her medical conditions, her parents worried whenever they were not together. "The MedicAlert bracelet that she wears reassures us that she will have a voice."

The Lions and MedicAlert joint aim is to always be able to award places on the Lions Early Start Programme at no cost to those children in need whose families may be experiencing financial difficulties. You can help by raising vital funds to support the scheme.

Since the launch of the Early Start Programme in 2013, Lions Clubs across the UK have raised funds to provide vulnerable children with free MedicAlert membership until their tenth birthday, along with a piece of medical ID jewellery. This gave the child, and their families, the peace of mind and confidence they require to live fuller lives and enjoy their childhood.

Applications to the Early Start Programme have increased year on year, demonstrating the ongoing need and value of MedicAlert membership for young people.

**Fellow Lions, our successful collaboration with MedicAlert regarding the Early Start Programme relies on your support.
Please consider making a donation.**

**If you require any further information, please contact
Lion Iain Pudney on welfare@lions105sc.org.uk**

And almost finally...

THE BASINGSTOKE BUGLE!

News from our Hampshire correspondent Lion Philip Wilson

World

Sight Day

Our World Sight Day at Morrisons went very well. Our position was perfect. Everyone had to pass by our interesting display after shopping. Many walked by and then returned either for a closer look or to put a donation into the bucket. It gave us an opportunity to chat and explain how we raise money and how we spend it. They were really interested. As PRO it was an eye-opener. Having produced these reports for nine years, which are published in most local community magazines, 80 per cent of these people had never heard of us. Wow!

Fund raising

Our latest venture is the Basingstoke and Deane Community Lottery on which we have a page which enables supporters to buy lottery tickets. Half of the purchase price comes to our charity account and another 10 per cent to other good causes. We can only hope that this is more successful than Easyfundraising (that isn't) and Amazon Smile which is more a wry grin.

Welfare

We have received four new bids for assistance. One had to be rejected immediately and the other three are being scrutinised. In these straitened times we look at both sides of every coin.

Reboot IT

Basingstoke Voluntary Action and our Club are co-operating in this scheme to revamp old computers to be passed on to people who cannot afford new ones.

So if you have a redundant computer you can donate, please contact BVA on 01256 423816 or email contact@bva.org.uk with your details and they will arrange collection.

Funky Fun

As we can't meet for a proper dinner meeting, we had a Zoom Halloween Party complete with Funky Facts, Quizzical Questions and a menu of Eyeball Pasta, Freaky Fingers, Witches' Cauldron and Slime Soup with Dragon Drool - delicious!

Next Month

By popular demand, another Zoom Quiz on Saturday 14 November. This time we are going mad with 110 easy questions - they are very easy if you know the answers!

Specs spectacular

Thanks to Morrisons we had a display and specs collecting point in their store. We also decided to set up two weeks early and by THE day, Thursday 8 October the container was already a third full. With our customary round-up from local opticians, we now have almost 2,500 pairs of specs ready to be delivered to Chichester.





Sentinel's eye on...



District 105SC Young Ambassador 2021

Fellow Lions

After discussion with other District Young Ambassador Officers and our MD Officer I will go ahead with this year's Young Ambassador competition.

In view of the current Covid-19 situation and the uncertainty regarding for people gathering in confined spaces, I intend to run the District Finals using

a series of Zoom meetings.

All the Zoom meetings will take place on Saturday 9 January 2021. The first Zoom meeting will include the following people: District Young Ambassador Officer, District Governor, three judges, any candidates who are eligible, sponsoring Club representative(s), any candidate's family members and any other interested parties.

This meeting will serve as an introduction to the competition. The judges will be introduced. A Lion from each sponsoring Club will introduce their candidate. Each candidate will then have the opportunity say a few words about themselves and their service within their community. Each presentation should be approximately three minutes in duration. The order in which the candidates are to be interviewed will be decided. This Zoom meeting will then end.

The interviews will then take place over a series of meetings involving the three judges and a candidate. Each will take approximately twenty minutes.

After the last interview has taken place the judges will then join a Zoom meeting to discuss their findings.

When a decision has been made by the judges, a meeting will be called for all involved where the judges will announce our Young Ambassador for 2020 – 2021.

I will then hold one more Zoom meeting to include the Young Ambassador, their parent or parents and a representative from their sponsoring Lions Club. I will make them fully aware of the arrangements for the Multiple District Finals which will take place in February.

All Zoom meetings will be called by email which will include a link to enter the meeting. Timing will have to be ad hoc, so please keep an eye on your emails.

The MD Finals are currently being arranged both in person and to be carried out over Zoom meetings. It will be dependent on the Covid restrictions in force at the time.

Completed entry forms and all relevant paperwork must be delivered to me via email by Tuesday 15 December 2020. We have updated the forms for 2020 so, if you intend entering a candidate, please email me and I will send you all the paperwork that you need.

Please keep me informed even if you are still looking for a candidate. Don't just surprise me at the last moment.

If anyone requires more information or help please call or email me.

Lion Yorky Tuke

District Young Ambassador Officer Email youngambassador@lions105sc.org.uk Mobile 07818202422



OLD MONARCH

The Editor has the last word...

This piece is being written right after the announcement of a new 'lockdown' across the country to halt the spread of Covid-19. The proposed 27 days implies that the virus will be sufficiently subdued, if that is the right expression, in time for Christmas. However the impact on Lions Clubs is likely to mean that the Lions' Santas and sleighs that bring so much to their communities will be taking a year off and for many of us, and those we pledge to serve, the festive season could well be anything but.

But we are Lions and where there is a need, even in the feign of Covid XIX, there will always be a Lion.

Ralph Waldo Emerson once said that when it is darkest, men and women see the stars. He wrote that in the 19th century so he didn't actually say women. I added that.

Keep safe and well.

Lion Peter Tabb



**Lions
tail...**

"No, I'm not from the local Playboy Club..."



Lion Barrie Haynes meets Lions Gordon Cox (president) and Tony Ives (secretary) of Blandford & District Lions Club on his way from Poole to Shaftesbury - see page 6

Please send all articles and pictures for publication in the

DISTRICT 105SC SENTINEL

to the Editor, Lion Peter Tabb, email : news@lions105sc.org.uk and/or peteretabb@gmail.com
ideally at least a week before the end of the month