Will your Club promote a Young Ambassador? See page 5 AUGUST 2020 EDITION

To order yours, turn to page 6



The International Association of Lions Clubs

District 105SC



District Governor 2020 - 2021 ♦ Lion Steve Petty

ica dg@lions105sc.org.uk ♦ www.lions105sc.org.uk

"Kindness Matters"

The DG's Leader...

"We are all volunteers and give of our time freely", let us enjoy ourselves and spread fun, joy and laughter as we do what we do best - We Serve"

My Fellow Lions

- You might think that under the current situation in our District and country that very little has been going on the past few weeks, but you couldn't be more wrong. Lions across the area have been working hard to help their communities. Members have been going out collecting food, picking up litter, delivering newsletters, selling plants, helping with gardening and conducting general fund raising activities, etc. Others have been holding online quizzes and auctions along with some long overdue updating of their social media and websites.
- Can I say a big 'thank you' to everyone who has continued serving in these unusual times. I have been busy with many online meetings, chatting with Club members on the phone, receiving the usual parcels from Oakbrook and attending a well organized mini District handover.
- Many Clubs are now back to their usual monthly meeting albeit using video conferencing and organizing events and fund raising for the time when they feel able to get back outside. I say using video conferencing but as we have several islands in the District, I believe some of them may be able to get back face-to-face from August?
- Have you considered the future of mixing video conferencing with face-to-face for Members not able to attend and even opening up meetings to potential members via video conferencing? Guest speakers are also more likely to attend via video conferencing?
- If your Club still needs access to Zoom, this facility is advertised elsewhere in this newsletter. If you need help, then please contact Lion Tom Sayer, our District communications portfolio holder, who will be able to help you get up and running.
- Later in this edition you will see the names of new Lions who have been badged-up during July. You might ask "how" but Lions are very resourceful and the old saying "anything is possible if you just believe" is very appropriate. Congratulations and welcome to those new Members and I look forward to meeting you.
- Don't forget that LCI have also reduced their portion of the subscriptions for new Members and suspended the joining/registration fee for the rest of the current half year. So don't hang about, do it now!
- Several Clubs are still concerned about the CIO process and whether or not it applies to them. I have been talking to the MD CIO officer who has offered to clarify any issues that clubs still might have. If asked, Lion Robyn has offered to attend any Zone meeting using Zoom but she does ask that despite having worked within the CIO process for many years she is, in the context of Lions, only the messenger and asks for your respect.

The new DG's Leader - page 2

I have had a few members mention that I have not yet selected a charity for my District Governor's year. After a small amount of pressure from our Members, and also from neighbours in SW and CW, I have agreed to support the "<u>Hope for Tomorrow</u>" mobile cancer care unit. They are currently receiving only about a third of the money they need to operate and get no government support. The mobile units can care for up to twenty patients a day and are regularly seen in locations across our District. Over the years we have lost many members to cancer and consider this a small token of remembrance to them.

The country is now beginning to open up and several Multidistrict training opportunities will be going ahead face-to-face in the autumn with approval of the hotels. Watch out for the invites.

Stay safe

Yours in Lionism

Lion Steve

DG 105SC

DG Team August 2020

1st VDG Lion Brian Donovan

Club meetings via Zoom

3 August - Henley-on-Thames 4 August - Calne 18 August - Woodley and Earley 19 August - Loddon Valley 24 August - Reading

2nd VDG Lion Dave Ebsworth



The chains of office for this Lions year were moved on (in Lion Dave's garden)





I am delighted to welcome the following new members into Lions Clubs International and wish them a long and happy time as Lions.

FARNBOROUGH - Lion Paul Seal FLEET - Lion Nick Page ISLE OF WIGHT RYDE - Lions James Morgan and Roneen Munro



The bigger picture

Global Service Team News

AN EXCELLENT IDEA SPREADS THROUGH THE MD

Reading Lions Club reported in the special Covid-19 edition of the Sentinel on how they used their Santa Sleigh to collect foodstuffs for those in need during the pandemic. This was discussed at the last GST meeting and passed to other Districts. Balsall Common in 105CW also used their sleigh in this way and collected 3.4 tonnes of food and toiletries plus £389 in cash plus £545 in online donations and thus helped three Food Banks. Other District GST Officers are using their newsletters to promote this idea. **Could you use your sleigh to collect food for the hungry?** If not now, could you ask for food donations when you go out in December? Normal house-to-house collections may be difficult, but I am sure we can find a way to take Santa to our communities spreading Christmas cheer as well as replenishing our funds. The use of PayPal or other online donations and good advertising could make it a very happy Christmas for Clubs.

Before that we have **World Sight Day** on Thursday 8 October 2020. This is still our biggest contribution to helping others throughout the world. Diabetes, which is growing throughout the world, causes many sight problems, including diabetic retinopathy. So far no new initiatives from MD, but some of the older ideas can be used or adapted to the times we are living in:

- Blindfold a Mayor or local dignitary and take them around your town centre keeping social distancing. I would not suggest doing this in a supermarket this year!
- Have a stand in the centre of your area and combine an information day about Lions and sight.
- Arrange a special collection of specs. Could you use your Santa Sleigh for this in conjunction with a food collection? There is still a problem with disposing of used specs but the MD GST Committee are looking into this and hope to find a solution soon as this is a project that they wish to continue. And, now that opticians are open, keep collecting used specs.
- Make a donation to a sight charity such as Living Paintings who provide special books for the blind especially text books for children.

Blindness always means that people feel different and isolated from the world but the lockdown has meant that this feeling of isolation has been intensified. Could you find a blind person in your area and befriend them?

Don't forget the **Environmental Competitions**. The MD Environmental Photographic one is open to all Lions and Leos and the classes are plants, animal life, weather phenomenon and other aspects of nature. Entries should be with me by Monday 4 January so that the winning entries can be forwarded to MD for judging at the end of January. The Environmental Poster Competition is open to young people and the theme this year is "How we spoil our Beaches and Countryside – the impact on our food sources". Entries should be with me by 1 March to allow time for judging before Convention.

I wish you well in all your endeavours. Kindness Matters and Service remains our motto and our reason for being Lions.

Lion Judith Goodchild

105SC GST Coordinator gst@lions105sc.org.uk Tel: 0118 981 2260

CAMPAIGN | 100



In my last article for the Sentinel, I reported the amount the district had donated during the last year. I am happy to amend that report and the total was\$56,368.96, a massive 'thank you' to all that decided that a donation to our Foundation was what they wanted to do. The work of the Foundation is always going ahead no matter what the circumstances, indeed during the current pandemic the Foundation provided more than 280 grants to support Lions worldwide with various projects.

It is not just during pandemics that the Foundation is called upon to offer support. Earlier this month, central and southern Japan suffered devasting flooding, in just six hours 15 inches of rain fell causing flash flooding and landslides. The Foundation is providing \$100,000 to help offer relief for children, families and communities trying to cope with Covid -19 and now flooding. Our continued support of our Foundation is vitally needed. Whenever a situation such as this arises, the Foundation is ready to help. This is our organisation in action.

Over the years, both our Multiple District and, in fact, our District have benefitted from support from the Foundation by receiving grants that have supported a variety of different projects. The Foundation does not just support emergency projects, there are a variety of different grants that can be applied for to support Lions. Look at the LCIF section of the International website to find out more.

As ever, stay safe and well.

Lion ann Huntley MJ7

District 105SC LCIF Coordinator

District Youth Newsround

LIONS YOUNG AMBASSADOR 2020 - 2021

Fellow Lions

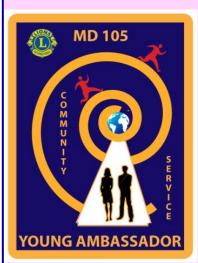
I am pleased to be able to inform you that the Lions Young Ambassador competition for 2020 to 2021 is to go ahead. Now is the time to try to locate a candidate for your Club to put forward. Make contact with the leaders of youth organisations. They are the ones who know which young people are active in their community. The list of organisations could include St John's Ambulance, Scouts, Guides, youth clubs and church groups. The list is endless. Ask them who they think would make a suitable candidate. You could look out for articles in your local paper reporting on a young person who has carried out some form of public service. Please give it some thought.

If you need any help with your candidate completing paperwork and putting together a portfolio please contact me. Please let me know immediately if you MAY have a candidate. The deadline for entries to the District Finals is the 15 December 2020

The dates of the competition are as follows: -District Finals - 9 and 10 January 2021 Multiple District Finals - 19, 20 and 21 February 2021

These are the dates that your candidate could possibly be required to attend.

The Young Ambassador Competition is a very worthwhile and rewarding experience for all involved and you now have the opportunity to offer this to a deserving young person in your community. You owe it to all young people to seek out those who are carrying out service activities in your area. They should be acknowledged and their efforts praised. Every single Club in this District MUST have at least one potential candidate and all you have to do now is find them.



A Club Officer's Guide and the District Application form can be downloaded from the District Young Ambassador webpage.

Please act now to find a Young Ambassador who will represent our District in 2021.

Lion Yorky Tuke

District Young Ambassador Officer



Young Leaders in **Service**

The Lions Young Leaders in Service scheme is still continuing for all those young people who are helping in their community. There is one significant change to the rules from 2020 onwards. It is now open to young people aged eight to 18. The period of service is 12 months from the date of their first service activity after registration. Special consideration is being given to the 12-month period that may have been interrupted by the Covid 19 pandemic. If you have anyone who is affected in this way please let me know and I will contact the MD YLiS Officer for guidance. All the necessary forms and a Club Officer's guide can be downloaded from the District YLiS webpage. If you need any help or guidance please contact me at youth-

chair@lions105sc.org.uk

Lion Yorky Tuke Young Leaders in Service

Other District Matters...

Multi District PR & Marketing, Communications and Website

In the last month, changes have been made to the **Lion Magazine** format to give a clean cut, more public facing viewpoint as an attractive and interesting means of promoting Lions to the general public and as a recruiting tool for new members.

In line with that new image, the Multi District Website has changed its layout for the members' area (<u>https://lionsclubs.co/MemberArea/</u>) to make it more easily accessible and usable to Lions Club members.

The members' area opens with a bolder, boxed structure with an easy search box enabling quicker searches. Below that are six topic boxes headed:

Latest Lions News Membership Matters Information, Documents and Guidelines Communications, PR & Marketing Conventions & Events Directory of projects, appeals and service areas

Each category box contains the clickable sub entries to reveal a library of information on these topics.

The MD Membership Directory login access is available through the Membership Matters box.

You will need to register for this closed members only area, even if you have registered into the previous 'Lions Forum'. The registration process can takes about 24 hours from application through the online form but is often



Introducing the striking range of Lions branded re-usable face masks which are available for purchase at the cost of £5.75 each plus p &p.

Any Club or Lion interested should email Lion Brigitte Green at MDHQ (Brigitte@lionsmd105hq.org.uk) and she will send them to you. much quicker.

Check out the members area of the MD website, it's well worth finding what information and contacts are available in the various sections, together with downloadable documentation such as insurance certificates, DBS clearance application forms, public performance licences and data protection.

Also available for those Clubs wanting recruitment material are extra copies of the Lion Magazine by applying to MDHQ at just the cost of postage. The 'Get Involved' recruitment publication has been reprinted as further material to assist Clubs and is available through MDHQ.

The District 105SC Cabinet requested, through the PR & Marketing Co-ordinator, whether a more localised version of this invaluable publication could be produced. High production costs at present make that unlikely, but as reproduction techniques improve and printing costs fall this situation could be reviewed long term.

In the meantime the MD Communications team suggests getting printed inserts made detailing local achievements and highlighting local recruitment details. The cost of printing a high quality double sided A4 insert can be as low as £46 for 1,000. Details of this deal will be made available to District PROs so if your Club would like to find out more email pro@lions105sc.org.uk

Lion Richard Keeley

District 105SC Marketing & PR Co-ordinator

Clubs beating Covid-19

 Detecting
 Windsor

 prostate
 Lions

 cancer
 partner

 new
 initiative

 for
 prostate

 cancer
 prostate

 testing
 testing

Windsor Lions have reinvented their very popular Prostate Cancer Awareness Event buy offering **Home Testing Kits** which have the approval of the NHS. The Club has joined forces with the Graham Fulford Charitable Trust (GFCT), a charity dedicated to reducing this insidious disease, after its fourth event at Windsor Race Course in April had to be cancelled due to Covid-19.

Speaking about the new initiative, organiser Lion Diane Purchase commented: 'During the pandemic hundreds of men were unable to gain access to testing for prostate cancer. When the GFCT told us about the new test they had developed and approached us about teaming up with them, it seemed like an ideal solution.

'The test is sent out in the post after registering on line. It involves a simple finger prick test which is then posted back with the result following shortly after. GFCT will ensure the same clinical overview and reporting systems as before. Because of the increased cost involved, the GFCT have to make a charge of £22.99 per test. We really hope that many men out there will take advantage of this and achieve some peace of mind.'

More details are available on the Club's website.

CARERS MISS OUT ON PAULTON PARK VISIT

Normally the Eastleigh Lions Club would give local young carers a well-deserved break and a fun day out at Paulton's Park but unfortunately the pandemic had different ideas and the annual trip had to be cancelled.

During the lock-down these unsung heroes would have been finding their lives even more demanding than usual. So, while the Lions couldn't put on their customary day out, they felt they would like to do something as an alternative this year.



Lion Anne Wright, chairman of the Community Committee and newly appointed President Lion Mark Campbell handed over a cheque to One Community who support young carers from their base in Eastleigh. Receiving the donation were Jean Roberts-Jones, One Community's chief executive (taking the cheque) and Hayley Malcolm who runs the services for young carers.

Hopefully next year will see a return to the Club's regular outing for the young carers, a well deserved recognition of their vital work that they do.

Meeting by ZOOM

District 105SC now has its own Zoom account, which may be used by Clubs who don't have their own account. Just email zoom@lions105sc.org.uk to request a meeting, giving date and time and name and email address of the member who will act as host.

More Club news

WOKINGHAM LIONS INDUCT TOWN MAYOR **AS HONORARY MEMBER**

Cllr Town Mayor Tony Lack was inducted as an honorary member of the Wokingham Lions Club on Tuesday 28 July. President Lion Nigel Page and Membership Director Lion John Cleary welcomed him to the Club.

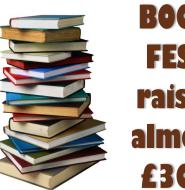


"We are delighted that Cllr Town Mayor Tony Lack (pictured above with Mayoress Claire Lack) is now an honorary member of the Wokingham Lions Club. We have always been closely associated with supporting local charities and the local community. We greatly value working with both the Wokingham Town Council and the Wokingham Borough Council," said Lion Page.

"The underlying principle of the Lions Club is to serve the community, and as a worldwide organization, it has been doing this for more than 100 years," Mr. Cleary said.

Mayor Tony Lack said: "It was a privilege to be inducted into the Wokingham Lions by President Lion Nigel Page and Membership Director Lion John Cleary, today. Wokingham Town, not just the Council, really appreciates the work that the Lions do year in, year out, to support local charities, by running some of the best events around."

He added: "It is very sad that we were not able to enjoy the May Fayre, and we know that many other events will be at risk, but the success of the Great Woky Pub Quiz just showed what the Lions can do when they need to. I look forward to keeping up with the Lions and supporting them in their future events, whatever those might look like."



BOOK 1 1 1 raises almost E: (• (•)

Petersfield Lions thank the people of Petersfield for their generous support of the Club's Book-Fest on Saturday 25 July where a large selection of books were available for a donation.

This was the first Club event since March and raised £281. This will help the Lions to continue supporting good causes in Petersfield and the surrounding areas during the coronavirus pandemic.

On the stall were also "Message in a Bottle" and the Club's new "Message in a Wallet", a simple idea to help the holder and paramedics in an emergency by recording personal and medical details.



When the coronavirus lockdown occurred **Romsey & Waterside Lions** found themselves with four huge Easter Eggs left over from their major annual fundraiser. So they gave two eggs to Happy their local hospital and one to a local care nume who ranks is the user of the second s their local hospital and one to a local care home who raffled it to help their funds - a young care practice. It was good to help the NHS/care workers when things were so bleak, The Club also supported three local foodbanks with donations totally well over £1,000.

And even more Club news...

Fleet Lions keep the promise

Following the article from MD 105 Vision Officer Lion Sue Taylor in last month's edition of the Sentinel, Fleet Lions decided that they too would 'keep the promise'. Lion Jim Storey tells how this was achieved:

"It wasn't our plan to have a 'sight focused year' for 2019/20 but things just snowballed bit!

"We and our Branch in Aldershot have collected specs and taken them to Chichester Lions for many years. So we kept on collecting. What a fabulous set-up they have and how well our SpecTrek leads did. We also provided our usual annual sponsorship of an eye camp through LCIF.

"We decided to make sight a bit of a theme for handles for our last August beerfest. We'd heard an inspiring talk from the RNIB at the District Convention so we decided to link up locally and find out what they needed. They run seminars to help people who are losing their sight to learn how to cope with this life-changing experience. A great idea and they were very grateful for the £1,000 we gave them to run more seminars locally. We also tracked down and gave £500 to the local Macular Society so they could organise some trips out for their members - not the easiest of activities to organise.

"We had a great talk from our local talking newspaper. They could serve many more 'readers' so they went away with £1,000 for new flash drives and players. They also generated some good publicity via ourselves for new customers and I went to their well equipped studio and recorded a couple of articles about what Lions do."



Children are the living messages we send to a time we will not see.

- Neil Postman



Last year's Jersey Lions first ever Muddy Fun Run attracted more than 500 competitors who tackled a 3km course featuring more than a dozen very muddy obstacles and raised more than £7,000.

For this year's event, due to be held on Saturday 19 September, the course has been extended and, responding to popular demand after last year's event, another half dozen obstacles have been added.

However, thanks to Covid-19, the event is under threat since currently any event, even those held in the open air, is limited to 40 participants.

Several major fundraising events in the Island around the same time have already been cancelled. However the Jersey Lions are hopeful that, since the incidence of Covid-19 in Jersey is currently very low, the 'Big Muddy' will take place.

And finally...

THE BASINGSTOKE BUGLE!

News from our Hampshire correspondent Lion Philip Wilson

t last we escaped sequestration and actually met for Handover. It was a pretty joyful occasion even though social distancing was still the norm. I think a lot of the "joy" was occasioned by the fact that there was no handover whatsoever. It was very definitely a case of "stet" as far as the top jobs were concerned.

New Lions

But there was nevertheless cause for celebration as we welcomed Sarah Williams and Charlotte Gruntowska into the Club. Both have already proven their worth in many ways, but particularly in their support for the Fleet computer regeneration and distribution scheme. And they are full of ideas!!!!

Lion of the Year

Half way through the evening our President, Lion Tony Bamberger, was left uncharacteristically lost for words when, to universal acclaim, he was voted our Lion of the Year. It was an award very well earned. All in all we look forward to the year ahead with some optimism.

Quiz Night

Since 1992 Quiz Nights have been a good fundraiser for us. In fact we were due to have one in April at the Cliddesden Millenium Hall when the dreaded coronavirus struck and we were forced to cancel. We (I) have been slow to exploit the potential of Zoom for this activity. But, on 1 August, we're going to have a go. Our regulars have

been as slow to react as we have, but applications are now rolling in. Should be fun provided there are no slips betwixt cup and lip!

Music, music, music

We are also now considering acts which we might get to perform for us at the British Legion. We have a number of groups who have given us Jazz, Motown and Rock nights there which were well supported. And it boosts the takings of the Legion (which is, of course, another charity) as well as ours.

STOP PRESS

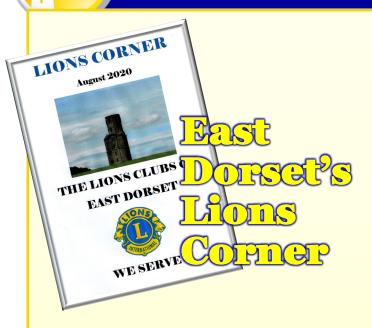
And the stop press news is that we will be having our next business meeting at the British Legion instead of on Zoom. Yippee!

Food for Thought

Our resident spy in the sky a.k.a. "Vigilant (Lion Ann) (Ann) Vicars has pointed out that our reliance on cash collections is facing a real challenge. She also pointed out a possible commercial solution.

Around £3,500 of our small Club's annual charity income comes from people dropping small change in buck-ets, and the loss of even a small percentage of this would be felt. I'm sure that other Clubs have the same experience. There is no doubt that more and more people are, for a variety of reasons (Covid 19, banks vanishing from the High Streets, charging for use of cashpoints, etc.), going cashless. We need to offer them a simple and acceptable alternative. It appears to me that Lions Clubs International should develop its own solution. It would certainly ensure that the donations that people make to us as a charity are . We need to offer them a simple and acceptable alternative. It appears to me that Lions Clubs International should develop its own solution. It would certainly ensure that the donations that people make to us as a charity are fully used for charitable purposes. You too can help to make a difference to the lives of others by joining us via www.basingstokelions.org.uk

Sentinel's eye on...



Congratulations to Lion Barrie Haynes, Zone Chairman of Zone I, on the successful launch of the LIONS CORNER, the newsletter of the Lions Clubs of East Dorset.

Editor and Zone Chairman Lion Barrie, having returned after a year's break, realised he had a problem, like all ZCs, keeping one to one contact with the six Clubs in the current situation as he can't attend meetings nor help out at events, etc. He is hoping to meet via Zoom but that is not the same as more than 50 per cent of his Lions are not computer literate or, like himself, they struggle a bit!

So he has come up with the simple idea of a monthly Zone Journal to be sent out to his Zone's Clubs and the DG each month. He intends to publish it at least a week in advance of the 105sC Sentinel so that the publications do not clash! Thanks, Barrie!



From one editor to another: It's a very good read!





On the grounds that there's no such thing as bad publicity, Basingstoke Lion Annie Vicars wrote to Joe Wicks, having watched the tv presenter perform his keepfit routine in a panda suit, with a very helpful suggestion.

- Lion Annie's message to Joe read as follows: "I am a member of Lions Clubs International (the world's largest voluntary organisation) and, as such, I have frequently donned a Lion costume at various charitable events, so suggest that you consider adopting this innovation to keep you cool in any future 'Panda' appearance. My partner has created for me a portable mini-fan which, powered by a battery pack on a belt around my waist and operated by a switch in my left hand, fits inside my costume's head-piece."
- To say that this is a cool device is no understatement but sadly Lion Annie's device did not earn a mention which, had it done so, would have been seen or heard by 585,000 viewers
- Phineas T. Barnum coined the phrase that there is no such thing as bad publicity but first you have to have the publicity! A very innovative effort!





I suspect that by now, five months into the reign of Covid XIX, most of us would have believed that the combined brains of the nations of the world, would have beaten the coronavirus to extinction. But not so, since even the 105SC Sentinel has had to devote its front page to the latest fashion accessory. Not since, in the early 1970s, as a keen Leeds United supporter, I bought my wife a pair of knickers claiming that "The Leeds Machine Keeps on Revin'", has there ever been such a bizarre fashion statement.

In my own Club we have held Board and Business Meetings on Zoom but are hoping that we might meet face-to-face in September. Curiously our difficulty has been finding an appropriate venue since so many of our usual hostelries remain closed or so restrictive that our numbers (circa 35) are almost impossible to cope with.

When will this all return to normality, whatever that may be?

Lion Peter Tall



Please send all articles and pictures for publication in the **DISTRICT 105SC SENTINEL** to the Editor, Lion Peter Tabb, email : news@lions105sc.org.uk and/or peteretabb@gmail.com ideally at least a week before the end of the month