

105
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Redundant Racing Ducks seek a new home... see page 6



SENTINEL

SEPTEMBER 2019 EDITION



**A cuddly Lion from Glantawe Lions Club greets Lara Cooper and Susan Eaglestone from Chippenham Gateway at the Bob Cook Games
Read all about the Games on page 5**



The International Association of Lions Clubs

District 105SC



District Governor 2019 - 2020 ♦ Lion Jarvis MacDonald

✉ dg@lions105sc.org.uk ♦ www.lions105sc.org.uk

“Lions Serve to Create a Better World for All”

Matters of Moment

DG Team Visits September 2019

DG Lion Jarvis

<i>Date</i>	<i>Activity</i>
1 September:	Trowbridge & Westbury Classic Car Show
2 September:	Swindon Club Official Visit
5 September:	Hart Club Official Visit
9 September:	Jersey Club Official Visit
10 September:	Guernsey Club Official Visit
12 September:	Westbury Lions Business Meeting
16 September:	Chippenham Club Official Visit
18 September:	Loddon Valley Club Official Visit
28 September:	GMS Lions Charter Anniversary Dinner

1st VDG Lion Steve

2 September:	Wareham Club Official Visit
10 September:	Wantage and Grove Club Official Visit
17 September:	Woodley and Earley Club Official Visit
23 September:	Reading Club Official Visit
26 September:	Burnham Bucks Club Official Visit

2nd VDG Lion Brian

3 September:	Wimborne & Ferndown Official Visit
4 September:	Celebration evening with TAB, a local charity that works with disadvantaged and vulnerable teenagers and young adults
10 September:	IOW Ryde and IOW Ventnor Official Visits
11 September:	Abingdon Club meeting
15 September:	Oxford parks Memory Walk with Alzheimer's Society (Steward)
18 September:	Salisbury & District Club Official Visit
25 September:	Farnborough Club Official Visit
27 September:	CLIC Sargent tranquillity garden and (evening) Steward for Maggie's Oxford Culture Crawl (cancer support and hospice)

THIS YEAR'S ENVIRONMENTAL COMPETITIONS



The Environmental Photographic Competition for Lions and Leos

Go to <https://www.lions105sc.org.uk/clubs/competitions/environmentcompetitions.html#photo> for full information.

The Environmental Poster Competition for Children

For this year the theme is **THE CHANGE OF WEATHER PATTERNS**
Go to <https://www.lions105sc.org.uk/clubs/competitions/environmentposter.html> for full information.

Lion Judith

PDG Judith Goodchild
105SC GST Co- Ordinator



Welcome New Lions!

I am delighted to welcome the following new members into Lions Clubs International and wish them a long and happy time as Lions.

DG Lion *Jarvis*

ABINGDON - Lion Tracey Desmond
BRADFORD ON AVON - Lion Rachel Hudson
CHRISTCHURCH - Lion Mark Allen
SWINDON - Lion Paul Jobe

The DG's Leader...

"Fund Raising, Fun Seeking, Service Giving, Life Saving – Creating a better world for All"

My Fellow Lions

AUGUST has come and gone as quickly as July and I have noticed as I have been on my travels around the District that the nights are drawing in.

I received a very warm welcome on my first Club visit in August to Calne Lions where they handed over a brand new fully kitted out Yamaha motor bike (just happened to be the same model as mine) to Free Wheelers who are a blood biker's charity that specialises in transporting urgently needed blood around a very large area of the south west. Calne Lions have one special project each year and they raised more than £16,500 to pay for the bike, which I thought was a very good effort and an inspiration to us all.

I visited Swanwick Lions and Basingstoke Lions where I received an equally warm welcome and was pleased to see major planning in progress for fund raising events and service projects in both Clubs.

I also attended "The Bob Cook Games" which are held at near Swindon Town Football Club. The games have been organised by the Chippenham Lions for many years and are named after one of Chippenham's founding members. These games are for people with learning and physical difficulties. I have to say it is one of the best Lions event I have ever attended with more than 200 competitors. Many of these individuals face many challenges in their daily lives and it was heart-warming to see the strong but fair competitive spirit. The smiles on their faces as the medals were handed out are something that will remain with me for a very long time. It was a great example of Lions working together as there were many Lions Clubs local to Swindon and nationally helping out from as far away as Coventry and Bridgend.

I mentioned in my last missive that our good friend PDG Lion Ken Staniforth passed away. His funeral service was on Friday 16 August. I think he would have been pleased at the large turnout and kind words expressed by people from our own District, all over the United Kingdom and even a tribute from Past International President Lion Wayne Madden. As per Ken's wishes we had a party and celebrated his life with music and dancing. I'm sure if Ken was looking down on us, he would have had a big smile on his face.

Lion Jarvis

District Governor 105SC



The bigger picture



Global Service Team News

THE WORLD-WIDE WEEK of Service in Sight takes place from Monday to Sunday 7 to 13 October with World Sight Day being on Thursday 10 October.

Sight or Vision has been at the heart of Lions Service since Helen Keller asked us to be 'Knights of the Blind' in 1925 and it continues as one part of the five pillars of the GST programme.

During the week of service, and especially on World Sight Day, Clubs are asked to do something to help the blind or visually impaired or to raise awareness of vision issues in their community. Some ideas:

Many Clubs collect used spectacles so why not make 10 October an extra special day for collecting them.

If you have a club which supports the blind in your community, why not do something special for them when they meet during October, or help a blind person living in your area.

Make the community aware of one of the difficulties of being blind or having low vision by arranging a blindfolded walk for your Club and a local dignitary, such as the Mayor, to experience, for instance, the problems of obstacles on pavements. Believe me there are more than you realise!

To increase your knowledge of what happens to used spectacles, visit Chichester Lions at their workshop at Apuldram (PO20 7PE) between 10:00 am and 1:00 pm. See their flier.

Volunteer to create audio recordings of books and periodicals for people who cannot see.

If you just want to donate to Sight Projects then consider Sight Savers, Guide Dogs for the Blind, the Macular Society or Living Paintings.

Whatever you do please remember to record it on the myLion web site.

Following on from my article in the August edition, THE LION has more information on Brain Tumours research (page 9) and Childhood Sight (pages 32-33 for our MD project and page 48-49 for the LCIF project). There is also an article about Lions Sight Savers on page 22 featuring our own PCC Lion David Firth and PDG Lion Patrick Hamblin.

Looking ahead Thursday 14 November is World Diabetes Day and I will be launching a District Challenge to Clubs in October's edition of the 105SC Sentinel.

Lion Judith

PDG Judith Goodchild
105SC GST Coordinator

CAMPAIGN | 100



LCIF • EMPOWERING SERVICE™

I AM sometimes asked what happens to the money my club donated to LCIF. Unless the Club designated the money towards a specific request it will be used for the numerous programmes that LCIF are involved with worldwide.

Some Clubs will have donated to the fund when in September 2017 hurricane Maria struck Puerto Rico. It caused a huge humanitarian crisis for its 3.4 million residents. The hurricane hit two weeks after hurricane Irma had visited, leaving more than a million without power. LCIF awarded an emergency grant to help begin the recovery process. Tragically 2,975 people lost their lives. Two years after the storms, local Lions are still leading the reconstruction efforts. LCIF provided a grant of \$100,000 to build five new homes. Due to the financial diligence of the Lions they not only built the five planned new homes but also carried out necessary repairs on a further 17 and another three have been identified for repair.

You can read more about this project and others that LCIF have been able to support by visiting the international website and putting 'blog' in the search area.

This is just one example of the fantastic work Lions worldwide can do with help from the Lions family via LCIF. Our Clubs are always there to help, but sometimes the needs are greater than what individual clubs can do and that is where LCIF, and the donations your Club makes can help to make such a difference. It is worthwhile remembering that if we needed help in this country, it would be there, as it has been in the past.

Thank you for continuing to support LCIF.

*"Alone we can do so little,
together we can do so much".*

Lion Ann Huntley MGF

District 105SC LCIF Coordinator

News from the Clubs...

Lions £2,000 for the Lewis-Manning Hospice



AT a small ceremony on Wednesday 24 July, Wimborne and Ferndown Lions Club gave a donation of two thousand pounds to the Lewis-Manning Hospice to help continue the loving care which the Hospice gives to patients with life limiting illnesses and support for their families.

The bulk of the money for this donation came from this year's Lions' fundraising via Easter Egg draws held in many local pubs and clubs.

Pictured above are Mark Elling of Lewis-Manning with Lions Anne Lippitt, Ken Taylor, Joan Budden and president Lion Frank Fortey holding the cheque.

Medals galore in Bob Cook Games

THE BOB COOK GAMES took place at Swindon's County Ground Athletics Track on Sunday 11 August.

Organised by the Chippenham Lions Club with the help of several local clubs, this was the first time the Games had been organized since redistricting and while Chippenham is now in District 1055C, the organisers were mindful of how important this event is to so many competitors from the old 105W and how much it was looked forward to from year to year. Chippenham Lions were pleased to welcome competitors and Lions Clubs from the old 105W and District Governors Lions Jarvis MacDonald and Ian Gott.

There were around 200 entrants from 15 clubs along with their helpers and both track and field events were contested strongly with large entries for field events such as the discus, javelin, shot-put and welly-wagging, while others chose to try their hand at the gentle sport of boules.

While medals were awarded for success in every event, two major trophies were awarded to the lady and gentleman judged to best represent the Games' true spirit of determination against the odds. This year the Joy Cook Memorial Trophy was awarded to Amanda Zachary by Julie Hamlen, daughter of the late Joy Cook and wife of Chippenham Lion, Norman. John Stafford was awarded the men's trophy, donated in memory of the late Ivor Bull, a Chippenham Lion and tireless supporter of the Games. This award was made by DG Lion Jarvis MacDonald.

The day ended with competitors departing happy, tired and festooned with medals.

All helpers took away their own memories but for many the abiding one will be of the tremendous determination shown by the competitors and

Chippenham President Lion Ian Gilbert and the DG officially opened the Games



The DG presents a Gold Medal to Sally the Guide Dog for leading partially sighted competitor Donna Livoti to victory



#Woky Comedy Night

Friday 6th Sept 2019

Doors 19:30 - Show starts 20:30

Three brilliant acts plus compere - Bar - 18+ only

WADE Centre, 40 Reading Road, Wokingham, RG41 1EH
5 mins walk from Town Centre - Car parking available

Tickets only £15* - buy online at wokinghamlions.org.uk or [@wokinghamlions](https://www.facebook.com/wokinghamlions)

All profits to charity



More Club news...



Windsor Lions tacking up for Annual Horse Ride event

THE WINDSOR LIONS are in the throes of their final preparations for their biggest annual fundraiser - the Cross-Country Horse Ride in the spectacular Windsor Great Park.

Entries are now closed with more than 800 riders clamouring to saddle up on Saturday and Sunday 7 and 8 September. The exciting new course is under construction and riders will be able to experience the full beauty of the Deer Park within Windsor Great Park.

Funds raised from the event will go to riding-related and other local charities and also to fund much of the work carried out in the local community by the Windsor Lions.

WORLD SIGHT DAY 10 OCTOBER 2019



CHICHESTER LIONS CLUB will again mark **World Sight Day on Thursday October 10th 2019** by holding an "Open Day" at their Spectacle Recycling Centre at The Apuldram Centre, Common Farm, Appledram Lane South, Chichester, West Sussex, PO20 7PE).

Lions from all Clubs in the District, Multiple District, and suppliers of spectacles in the area and friends and family are all invited to come to see what the Chichester Lions do, see spec-sorting in action and perhaps sort some specs themselves.

The workshop will be open from 10.00am until 1.00 pm and refreshments will be served.

For further details as to where to find the "open Day", please visit the website at:

www.chilions.org.uk

If you wish to come please can you notify Lion Sue Boucher on 01243 785737 or e-mail sight@chilions.org.uk.



I HAVE 2,499 brothers and sisters who are race-trained and looking for a new challenge as we have been declared redundant by Christchurch Lions. We are all numbered and live 100 to a bag. If you want the excitement of having us race to raise funds for your Club, our transfer fee is a very modest £500.

For further details, contact our keeper, Lion Bernard Gilbert by email at bernard.gilbert@christchurchlions.org.uk



Mayor becomes a Lion

WOKINGHAM TOWN MAYOR Cllr Lynn Forbes was inducted into the Wokingham Lions Club as an Honorary Member by President Lion Lyn Baily, The induction took place at the Club's business meeting on Wednesday 14 August.

More Club news...

Lion Chiara hikes to Everest Base Camp



RECENTLY a most adventurous member of the Wokingham Lions Club, Lion Chiara Evans, hiked to the Everest Base Camp. By doing so she raised money for Myeloma UK, and trained hard to achieve her goal.

Everest is traditionally the ultimate goal for mountaineers and she wanted to do something that pushed her way out of her comfort zone.

To make the hike she undertook high-intensity interval training four times a week walking everywhere.

Her hike was organised by Jagged Globe, at the forefront of planning, organising and leading mountaineering expeditions, adventurous skiing and high-altitude treks.

She supported Myeloma UK because she believes that finding cures for all types of cancers is vital. She chose this charity in particular, since her father-in-law was diagnosed with it in the past year.

Of her experience, Lion Chiara says: 'The trek was extraordinary, but having reached Base Camp and achieved what I set out to do, I would not do the same trek again. I would however love to return to Nepal, as it is a beautiful country, and there are so many stunning hikes to be done. I would love for my husband and son to see with their own eyes how remarkable Nepal really is!'

A heart warming TV appearance

ONE of the most moving and heart warming projects in which Swindon Lions have ever been involved is how many of the members describe the ongoing support for Dressability. This Swindon-based organisation alters, repairs or creates original clothing for people of all ages with physical disabilities or learning difficulties.

Every year the Swindon Lions organise a huge fund-raising fireworks show for the people of Swindon. As many as 8,000 come along to enjoy the family show. In a good year (weather permitting) this means the Club can use the profits to support not only Lions charities but also other local charities and organisations.

The Club was delighted when their offer of a £1,000 grant was eagerly taken up by Dressability. The charity was very keen to set up a project for their volunteer dressmakers to design and produce princess dresses for children and young people with life-limiting illness or disabilities in cooperation with national charities Starlight and Make a Wish.

Manager of Dressability, Sharon Toombs, has constantly kept the Lions up to date with their work, sending pictures and details of their latest creations and even bringing some of them along to our meetings to show the members.

However the absolute highlight has been the creation of two party dresses for a little girl, Grace, who is seven years old and was born without properly developed legs and feet, so is confined to a wheelchair.

She has never owned a party dress or even a proper school dress, so Dressability decided to surprise her.

BBC Points West heard about this and wanted to make a special TV feature, so a camera crew and presenter were there when Grace was brought along to the workshop to collect some school trousers that were being altered or so



she thought.

When she arrived with her father, she was totally overwhelmed when she was shown the dresses and asked if she would like to take them home. President Lion Maurice Watson and Secretary Lion Steve Austin, with their wives, were also there to see her delight, a pleasure the Swindon Lions are sure was shared by the viewers of Points West when they saw the subsequent film and interview with Secretary Lion Steve when it was shown a week later on the evening news.

Even more Club news...

A new 'blood bike' for the Freewheelers from the Calne Lions



IT ALL BEGAN in July 2018 at a Bike Meet in Calne when Lion Phil Viles came across the Freewheelers Blood Bike stall. The Freewheelers are a charity whose volunteers fill the gap when the NHS 'blood bikes' don't provide a service. Evenings and weekends 365 days a year, these bikers deliver blood plasma, breast milk, prescriptions, x-rays, medical samples and many other items .

So a seed was sown. Let's raise the money to buy these guys a brand-new bike costing £17,500. The challenge was set and with determination the

Club wholeheartedly agreed to get behind the project. So the Calne Lions got to work with their usual gusto in December with the Santa collection, and were off the mark towards the target.

Then Lion Les Stiff suggested a fundraising Ball. Three months later, after a lot of hard work, the Ball was held raising a fantastic £4,800. The end was in sight when the famous Calne Lions Duck Race took over the town in May and with this event's takings there was sufficient money to buy the new bike.

On 6 August the Yamaha arrived. In recognition and appreciation of the generosity of the businesses and people of Calne who supported this fantastic cause, Calne Lions asked not only for their emblem on the bike but also a sticker acknowledging that it was from the people of Calne.

President Lion Phil Viles, IPP Lion Martin Bright and all the members of Calne Lions thank the people of Calne, all the voluntary helpers and the people and businesses who supported the project. enough for their generosity. "Well done, Calne! Together we did it."

Cllr Robert Merrick, Calne Town Mayor, who attended the cheque presentation, said, "This evening just shows how proud the Lions must be. They have raised over £16,000 to fund this blood bike which is amazing. The blood bike will help so many people in the years to come. The Calne Lions are to be commended for this amazing achievement."

The Freewheelers' Matt Goodall said, "The gift of a new bike is just amazing. It gives us a brand new machine to help us continue to provide a regular, reliable service and keep more of our bikes on the road."

RYDE LIONS CONCERT A GREAT SUCCESS

THE RECENT VISIT of the South Wales Male Choir to the Isle of Wight was deemed a great success by Ryde Lions who hosted the event held at the Parish Church in Ryde.

At almost full capacity, 400 people enjoyed the magnificent voices of this world-famous choir, a performance that will long be remembered by all who attended. Supporting the Choir were nine local ladies who rendered a *cappella* the song 'Cinnamon'.

Proceeds from the evening exceeded all expectations and will go to nominated charities including funding towards the next PSA (prostate cancer) test day in October.



And finally...

AN EXCELLENT DAY FOR HOOK AND ODIHAM LIONS

ON SUNDAY 7 JULY the Hook and Odiham Lions organised their annual fair at Hartletts Park. The weather was fine and warm but not as hot as last year! The crowds came and enjoyed the various stalls and arena events. The arena events highlighted the Karen Blackburn Dance Academy who entertained with a variety of dances, the Hook Choral Society sang a programme of well known songs, Flyte of Fancy who herded his geese expertly and Ridgeway Falconry with birds of prey (like this owl) who had travelled from the north of England and these proved to be very popular.



Alongside this was a Fun Dog Show run by Ann Sutton, wife of Lion Roger, which proved to be a very popular event. Our local MP, Ranil Jayawardena, presented the winners' rosettes to Lancaster's Samoyed "WILLOW", judged best in show, and to Rate's Rhodesian Ridgeback "GUS" and William's Terrier "DAVE" who were worthy runners-up.



There were around 100 entries from classic vehicles to fairground rides, donkeys to doughnut stalls, food court and fairy land stalls plus many charity and commercial stalls

By 5:00pm it was time to pack up. Everyone was very tired but the Lions had put on a very successful event and helped the Club's finances so that the Lions could assist others in the area who need a helping hand Not bad for a Club with just 15 members! Thanks go to partners, friends, Hook Parish Council, Aldershot Lions, Odiham and Hook Rotary and the 4th Bramshill Scouts who all assisted and to anyone who sponsored the event in any way.

The Hook and Odiham Lions have received many thanks for the way in which the show was organised. They have already held a review of the event and noted changes that can be made so that next year it will be even bigger and better.

WINDSOR LIONS IN THE PIT



THE WINDSOR LIONS enjoyed a recent celebratory fish supper with their friends at the Thames Valley Adventure Playground (TVAP) after presenting a cheque for £3,000 to refurbish and extend the sand pit. The work, funded by the Lions and carried out by volunteers from local businesses commemorated a founding member of the Club, Lion John Peters. Lion John, who sadly passed to higher service last year, had been deeply involved with TVAP, with his wife Rosie, since its foundation more than 40 years ago.

The adventure playground provides children and adults with all types of special needs to enjoy the fun, freedom and friendship and play in a safe and stimulating environment.

Past President Lion Bob Tavinor, who organised the event, said: 'Windsor Lions and TVAP go back a long way and this ongoing legacy is a fantastic way to mark Lion John's passing.'

Pictured above are Rosie Peters, Lion John's widow, Peter Prior of TVAP and Windsor President Lion Judy Hill.



Sentinel's eye on...

A Social Event

WOKINGHAM LIONS CLUB ORGANISES THE GREAT #WOKY PUBS QUIZ 2019 AT WOKINGHAM CRICKET CLUB ON FRIDAY 22 NOVEMBER

WHICH Wokingham pub has the most knowledgeable trivia team? The search is on for the best Pub Quiz Team from Wokingham district pubs. Organised by the Wokingham Lions Club, **The Great #Woky Pubs Quiz 2019** will take place on Friday, 22 November, at the Wokingham Cricket Club.

"We plan to make this an annual competition to find the best pub quiz team in the Wokingham district," says Lion Ian Grange, organiser of the event. "Funds raised from the entry fees will be donated to a local charity, and the winning team can choose the charity. Teams can be made up of staff, regulars, or the team that keeps winning the pub's quizzes. We hope to get 15 teams to compete in the quiz."

Each pub can enter one team with up to eight members per team. The winning team will receive prizes, a trophy to take back to the pub and the first chance to host next year's event.

Doors open at 19:00, and the quiz starts at 19:30 at the Wokingham Cricket Club (The Pavilion, Sadlers End, Sindlesham RG41 5AW). Cost is £12 per team member and includes food.

Lion Ian adds: "It should be fun to see which Wokingham pub has the smartest team, as well as participating in a great social occasion and a fundraising event that will benefit a local charity."

What makes a good Lion?

A SIMPLE QUESTION with many answers.

I was talking to an acquaintance the other day, sounding him out, with a view to proposing him as a new Lion. I thought he had all the right attributes - a good job, a stable relationship, a grown up family, a proven willingness to help his community (he was already a member of another local charity) and knew many of our members. I also rather presumed, that having almost no family commitments, he would have the time to be more involved and was likely to welcome the commitment being a Lion required.

I was rather stumped when he asked me why I thought he might make a good Lion. Was I, he asked pointedly, assuming that because we had been well acquainted for many years, he shared my ideals and objectives? Was I also assuming that he would enjoy being part of a large international organisation rather than, or even as well as, the small, local but very active charity he already belonged to that suited his ideals and his desire to involve himself in the community in his own way? And his final comment rather floored me - he was not at all sure he would enjoy it.

We are constantly, and with justification, urged to increase our numbers to enable Lionism to benefit the communities in which its members live in the manner our founder had visualised a century ago. I am sure that Melvin Jones also visualised that we would enjoy the commitment involved. I am still wondering why, in this instance, I failed to convince my acquaintance of that. I am working on it.

Lion Peter Tabb

PASSED TO HIGHER SERVICE

The 105SC Sentinel records with sadness the passing to higher service of Lion Bruce Barnes of the Loddon Valley Lions Club and Lion Stuart Reese, Charter Member and Charter President of the Melksham Lions Club



OLD MONARCH

The Editor has the last word...

It is evident from the articles in this publication that it hasn't taken long for Clubs to get into gear after the summer recess. Clearly being a Lion is not a seasonal vocation. We are all once again busy at raising funds to allow Lions to support 'good causes'. That's what Lions mostly do (as evidenced in these pages) rather than raise money for themselves as a majority of other charities do.

In my relatively small and contained community (107,000 people), we have in excess of 300 charities, only a handful of which are national, the others all created to meet a specific and identified (and identifiable) local need. A recent count indicated that over the past decade my Club has funded around 120 of them in some way. Curiously, as fundraisers, we actually compete for financial support from the community with the very charities we set out to help. These pages are proof of just how well Lions do so and also how valuable the Lions' support is in every community they serve. Keep up the good work!

Lion Peter Tabb



**Lions
tail...**



Wokingham's Mayor becomes an Honorary Lion

Please send all articles and pictures for publication in the

DISTRICT 105SC SENTINEL

to the Editor, Lion Peter Tabb, email : news@lions105sc.org.uk and/or peteretabb@gmail.com
ideally at least a week before the end of the month

