

**IPDG Lion Ken Staniforth MJF
Rest in Peace
We shall miss you**



**105
SC**



The Clubs of 105SC get into gear



SENTINEL

AUGUST 2019 EDITION



Meet the 2019 - 2020 Cabinet



The International Association of Lions Clubs

District 105SC



District Governor 2019 - 2020 ♦ Lion Jarvis MacDonald

✉ dg@lions105sc.org.uk ♦ www.lions105sc.org.uk

“Lions Serve to Create a Better World for All”

Matters of Moment

DG Team Visits August 2019

DG Lion Jarvis

<i>Date</i>	<i>Activity</i>
6 August:	Calne Club Official Visit
7 August:	Swanwick Club Official Visit
8 August:	Westbury Lions Business Meeting
11 August:	Bob Cook Games, Swindon
14 August:	Basingstoke Club Official Visit
16 August:	IPDG Lion Ken Staniforth funeral
21 August:	Zones 3F & 3G Meeting - Burnham

1st VDG Lion Steve

11 August:	Bob Cook Games, Swindon
14 August:	Romsey Club Official Visit

2nd VDG Lion Brian

5 August:	Woolmer Forest Club Official Visit
8 August:	Alton Club Official Visit
10 August:	Cholsey Flower Show, Lions Tombola and Lions stand
11 August:	Abingdon Lions Summer BBQ
14 August:	Abingdon Lions Club Business Meeting
21 August:	Bradford on Avon Club Official Visit
25 August:	Stivvy Fest - Steventon Village Fete, Lions Tombola and Lions stand
26 August:	Cowley Classic Car Show, Lions Tombola and Lions stand

ENVIRONMENTAL COMPETITIONS



The Environmental Photographic Competition for Lions and Leos

Go to <https://www.lions105sc.org.uk/clubs/competitions/environmentcompetitions.html#photo> for full information.

The Environmental Poster Competition for Children

For this year the theme is
THE CHANGE OF WEATHER PATTERNS
Go to <https://www.lions105sc.org.uk/clubs/competitions/environmentposter.html> for full information.

Lion Judith

PDG Judith Goodchild
105SC GST Co-Ordinator
gst@lions105sc.org.uk Tel: 0118 981 2260



Welcome New Lions!

I am delighted to welcome the following new members into Lions Clubs International and wish them a long and happy time as a Lion.

DG Lion *Jarvis*

CALNE - Lion Dave King
CHIPPENHAM - Lion Norman Johnston
FARNBOROUGH - Lion Thomas Denman
HAYLING ISLAND - Lions Charlotte Atkins
HENLEY ON THAMES - Lion Dave Adamson
ISLE OF WIGHT RYDE - Lions Barbara Moye
and Raymond Vanson
LODDON VALLEY - Lions Andy Rough and
Jane Saunders
MELKSHAM - Lion Isobel Buxton

Thought for the Month

"Short words are
best and old words
when short are
best of all"
- Winston Churchill



The DG's Leader...

"Fund Raising, Fun Seeking, Service Giving, Life Saving – Creating a better world for All"

My Fellow Lions

Well, that is the first month done. What a scorcher! I was informed by previous District Governors that the time would fly by and, boy, they were not joking. It seems only minutes ago it was 1 July.

The month started off with a visit to Milan for the International Convention, which included being sworn in as District Governor. Our District was very well represented with many members attending, including senior members of the Cabinet. I must mention the lovely ladies from Hart Lions who looked splendid in their pink outfits at the international parade.

I attended an excellent seminar on "Membership in the 21st Century" from which I picked up some very good tips which I will be sharing with all over the coming months.

On returning from Milan we had our first Cabinet meeting - Start Over - where a large turnout witnessed new and experienced Lions being badged up for their respective roles within the Cabinet. We are all here to support both your Clubs and your members, so let us know what we can do to help you.

We were reminded by the District Convention chairman Lion David Firth that the District convention will be held on the weekend of 20-22 March 2020 at the Hilton Double Tree Hotel, Swindon. Lion David has negotiated very reasonable rates for both the accommodation and the meals over the weekend which are considerably less than have been paid at recent conventions. So, if you want to have a say in how your District is run as well as having a great deal of fun, get yourself booked in. Details will be on the website shortly.

Finally, I couldn't write this without mentioning a few words about our great friend Immediate Past District Governor Lion Ken Staniforth MJF.

Lion Ken eventually lost his battle with what he called "the little c". Our thoughts are with his partner Jean and his family. He fought 'the little c' with great dignity and was determined that it wasn't going to define who he was. He was a huge support to all around him, he will be sorely missed. PCC Lion Peter Burnett and I were blessed with being able to present him with his new chain the night before he passed away. The smile on his face said it all.

We will be giving him a big send off on Friday 16 August at 2.00 pm in Salisbury. For those that would like to attend please contact me on dglions@105sc.org.uk. Full details are also on the District In Memoriam page - www.lions105d.org.uk/inmemoriam.

Lion Jarvis

District Governor 105SC



The bigger picture



Global Service Team News

At the Cabinet meeting in July I gave a presentation on GST and this will be placed on the 105SC website very soon. I would like to share with you news of two of the areas covered:

1. VISION

Lions have been involved with sight since 1925 and we should continue to:

- Collect old specs and send to Chichester Lions.
- Help with organisations associated with blindness e.g. Macular Association.
- Support Sight Savers.

A new venture is being piloted:

VISION SCREENING FOR CHILDREN

- 1 in 13 children have a sight deficiency.
- 45 per cent of schools do not test vision.
- MD are launching a programme to test vision.
- MD 105D/SC was chosen as a test area and a pilot took place in Dorset this month.

The last 105D Cabinet agreed to purchase a camera. This project **must** be handled correctly. Administration is essential and underpins the process. MD is working with Public Health England for certification to support the project.

Please wait for more information before proceeding.

2) CHILDHOOD CANCER

A child is diagnosed with cancer every two seconds somewhere in the world.

How to help:

Support cancer charities dealing with children such as the Kids Cancer Charity.

Support your local Children's Hospices.

MD is committed to work with Brain Tumour Research. Brain tumours are the largest killers of people under the age of 40 and the death of fathers and granddads from them can cause great distress to children. A partnership was signed between the MD and BTR this year; a fund raising campaign was launched at MD Convention. This means:

We need to raise nationally £1million over four years to build a Lions Laboratory and equip it for research into brain tumours. This represents £400 per Club per year.

New leaflets are being produced in liaison with BTR.

Pins are being produced for sale.

We need to organise special events at Club, Zone and District levels.

For more information about the work of BTR in Portsmouth go to <https://youtu.be/zFdXuO6HOcs>

MD are also supporting

a) Head and Neck Cancers

Leaflets are available from MDHQ

b) Prostate Cancer

ILion Dave Ebsworth is the MD Officer responsible. He has written to Clubs re the Tortoise and the Hare. Find out more at <https://www.lions105sc.org.uk/news/tortoisesandhares.html>.

Let's make it a bumper start for 105SC!

Lion Judith

PDG Judith Goodchild

105SC GST Coordinator

gst@lions105sc.org.uk Tel: 0118 981 2260

CAMPAIGN | 100



LCIF • EMPOWERING SERVICE™

Campaign 100 – one year in of three, the goal, to raise \$100 million every year for those three years.

As the first year ends it would seem the target has been reached. Since launching at the Las Vegas Convention in 2018, Lions around the world have raised \$109 million during the first year. That is some achievement, but, as always, there is still more we need to do. There will always be projects that Lions worldwide want to help, organise or just support. Over the 50 years LCIF has been in existence, LCIF has been able to support many varied programmes and projects, some big, some small, but all in their way have an impact on a life, for example:

Len Dompke lives 12 miles from his local Chicago hospital. The drive he had to make one day would be hard and mean recognising and making changes to some unhealthy habits. District 1-J partnered with Edward Elmhurst Health to develop a diabetes prevention and lifestyle intervention programme, receiving a grant of \$95,000 from LCIF. One year on and Len is 80 pounds lighter, stronger and healthier. Best of all due to the programme which had funding from LCIF he is no longer at risk of developing diabetes.

This is just one example of the way Lions, through help from LCIF, can have a lasting impact on people in their local communities as well as the worldwide community we are part of.

Please look at the international website for information on LCIF, the Lions blog. I can also be contacted with any queries which I will do my best to deal with.

Thank you for your continued support of LCIF – Your Foundation.

“Alone we can do so little, together we can do so much”.

Lion Ann Huntley MGF

District 105SC LCIF Coordinator

News from the Clubs...

Windsor Lions Support the Windsor Homeless Project

I arrived late to the 'Windsor Homeless Project annual sponsored sleep out' having just left our Lions Charity Charter Ball. Stepping out of my 'glad rags' into layers of warm clothing in a basketball court in Windsor at midnight felt almost surreal. Makeshift boxes and plastic sheeting were strewn around housing huddled individuals all of whom, several months earlier, in the warmth of their own homes, had decided like me to sign up to sleeping outside in Windsor on the night of Friday 5 April.

Lion Lindsay MacGregor 'sleeps out' to see what it's like to be homeless

The idea was to raise much needed funds to support the work of the wonderful team who run the Windsor Homeless Project where homeless people are offered hot food, drinks, clean clothes, toiletries, companionship, activities and advice around mental health appointments, housing and employment. The event also brings an awareness to the plight of those for whom cold exposed nights have become a way of life. It was hard to imagine how anyone could sustain more than one night outside. It was cold, the ground was hard, cramp came in waves and sleep never came. The futile 6 am wakeup call seemed an age away.

Three of us from Windsor Lions, Tiia Stephens, Alec Bradfield and I took part, raising between us, with the support of Lions, £1,293. As we cleared away our homes for the night in reflective silence and gratefully cupped a mug of hot tea, we felt strangely humbled by the whole experience and full of a sense of guilt that we could now head home to hot showers and a comfy bed.

That night, the shelter raised over £12,000 which will all go to sustain the amazing support of the Windsor Homeless Project.

Would I do it again?

You bet!

'LENNIE' MEETS THE WILD WEST!

Seeing a lion on the loose in Basingstoke may be strange enough — but a lion in Basingstoke in a cowboy hat? Such was the theme of the Winklebury Gala on

Friday 28 June — 'Cowboys and Aliens' — now in its third year.

Lions don't often have a problem with heat in their native countries, but the Basingstoke Club's very own 'Lennie' had rather a struggle on his paws in the 30 plus degree temperatures. Nevertheless, a promise is a promise and he prowled the event bringing smiles and laughter — and, it has to be said, some admiration for being out there in the heat which, for that reason specifically, brought forth some coins into his bucket along with comments such as 'You got the short straw there mate'/'rather you than me'/'must be flipping hot in there' - yep!! But a portable water pack with hose (both hidden) operated by the right paw and a battery fan (also hidden of course) operated by the left eased his plight, if only a little!

His reward? Many hugs, many cuddles (from 'the little people' that is) and many photos to boost his already inflated ego because generally, give or take the odd unsure little face, he's assured of a warm welcome wherever he prowls.



WOKINGHAM LIONS HAVE A NEW PRESIDENT

At the 45th Charter celebration and handover luncheon for the Wokingham Lions Club on Sunday 30 June, Lion Lyn Baily was named the new president of the Wokingham Lions Club. At the event several awards were made to members in recognition of their valuable contributions to the Club.

Outgoing president Lion Debbie Slay welcomed the new president and reviewed the major events for the Lions Club over the past year.



More Club and Zone news...

Zone 4K Funfest—a fun day out with the Lions

On the last day in June a spectacular day of fun was held in Yateley for more than 700 people with disabilities or special needs, their families and carers from throughout the south of England.



The annual Zone 4K Funfest has been run free of charge for more than three decades by the Lions Clubs of Farnborough, Aldershot, Fleet, Hart, Hook & Odiham, Loddon Valley, Yateley & District and Maidenhead.

Attractions at this year's event included bungee trampoline, bouncy castles, train rides, obstacle course, a helter-skelter, a giant football target and circus skills together with piggy racing, coconut shy, water pistols, crossbow games and face painting. Music was provided by Elvis impersonator Dave Hurrell and Rodney Dell.

This event provides games and attractions specifically designed to get all the guests fully involved in the fun whatever their degree of disability. A team of more than 100 Lions helped the disabled participants on and off the rides, taking the time to show how to aim and fire fun crossbows and assisting those with limited strength and mobility with the throwing games throughout the day.

In attendance to give their support was the Mayor of Rushmoor Cllr Sue Carter, the Chairman of Hart District Council Cllr Sharyn Wheale and the Mayor of Yateley Town Council Cllr Jerry Crisp.

The aim of the Lions Clubs in the 'old Zone 4K' is to run Funfest to give as many people with disabilities as possible with their families and carers a great day out. This legacy of success will continue long into the future in the new Zone 2E of District 1055C.

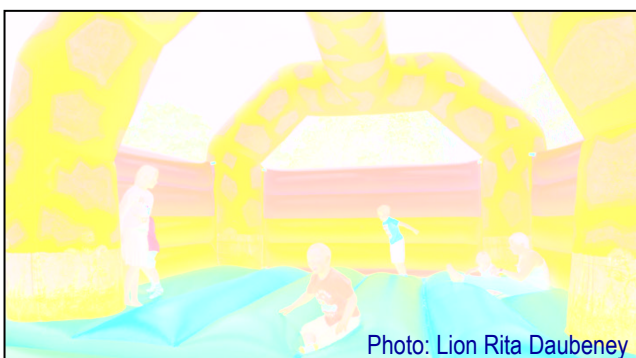
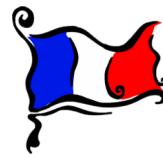


Photo: Lion Rita Daubeney



ENTENTE CORDIALE!

The weekend of 21 – 24 June saw the annual twinning weekend between the Basingstoke Lions with the Lions of the French Club – Alençon Cité—whose turn it was to host. Normally, between 12 and 16 of Basingstoke Lions participate. However on this occasion we were whittled down to seven by a series of untoward events like a broken arm fractured wrist, fractured eye socket (fortunately not all to the same individual) and a contretemps with a deer on a country road on the outskirts of town.

Nevertheless those who went had a wonderful time, as always. The French Lions are always very welcoming and everyone generally gets by with the lingua franca known as *Franglais*. The programme for the weekend included a visit to La Mchaudière, a magnificent dray horse training and exhibition centre, a tour of Le Mans including a vintage car museum and their handover dinner where also an MUF was presented and a new recruit badged (Lucky them). The weekend ended with the annual BBQ and boules match. Basingstoke lost – as they often do. This is not necessarily a bad thing as the beautiful pink marble trophy is the sort of artefact that tests a car's rear suspension.



The Club return their twin's generous hospitality when they visit next year – and Basingstoke will probably lose at boules again..



*The e-mail of the
species is more deadly
than the mail.*

Stephen Fry

Other Club news...

A demicentennial handover

On Tuesday 25 June Wimborne and Ferndown Lions Club held a dinner to mark the annual transfer of presidential duties at the end of the Lions year.



The outgoing (in more senses than one) Lion president Lion Anne Lippitt handed over responsibility for presiding over the Club to new president Lion Frank Fortey.

Lion Anne thanked the Club members warmly for their help and hard work in what had been a very successful demicentenary (50th) special year.

The Club's 51st year is in safe hands, Lion Frank having been president twice before.

Reporter Steve's the mane man for Fleet Lions Club

NEW HONORARY MEMBER GIVEN TOP HONOUR FOR HIS WORK



Fleet Lions have given a reporter on the *Fleet News*, their local newspaper, an Melvin Jones Fellowship.

Steve Lloyd has supported the Fleet Lions and other community groups for many years. Since the Club's charter in 1974 and from when Steve joined the News in the late 1980s, the *Fleet News* has actively championed the Club. Steve, in particular, has always been very supportive of the Lions and regularly went out of his way to source copy from the Club and other community groups, many of whom were not, perhaps, as publicity savvy.

In many ways, the local paper was pivotal to the growth and development of the Lions and, although the nature of print has changed dramatically over recent years, the paper remains key in keeping those interested in staying abreast of local matters, aware of our efforts. For people that care, this is more than mutual vested self-interest but being part of the local community and the covenant the press has with its readers.

Over the past 31 years, Steve's constructive support for the Fleet Lions has helped the Club raise more than £1 million for local good causes as well as contributing towards the wider Lions movement in meeting humanitarian needs in communities around the world.

In recognition of the active role played by Steve in supporting Fleet Lions and other community groups, Fleet Lions, together with their international partners, decided to award Steve the highest award in Lionism, a Melvin Jones Fellowship. Fleet Lions genuinely believe such an honour is well deserved.



Lion Guy Elliott MJF - 28 Aug 1922 - 28 Jun 2019

Lion Guy was a Charter Member of Loddon Valley Lions Club and actively served the local community for more than 44 years. He was Club President 1987/88.

It was on Guy's farm where our Country Working Fair ploughing competitions took place and in Guy's barn that many of the Club's Social Barn Dances were held. In the earlier days of the Loddon Valley Lions' Treacle Fair it would be Guy on his tractor leading the parade through the village to the delight of the residents.

Guy was a very popular member of the club (especially with the ladies). Respected and loved by all he will be greatly missed for his dry sense of humour, camaraderie and his willingness to help all around. He was a true Lion to the end.

Into the Reading Lions Den!



Reading Lions held their third 'Lions Den' event on Wednesday 12 June. The Club was sponsored by the local branch of Savills who donated £1,000 towards the grant scheme and the Lions had set aside a total £11,000 to donate with a maximum of £750.00 per grant.

The event at the prestigious Royal Berkshire Conference Centre at Reading's Madejski Football Stadium in Reading. The conference facilities were made available to us free of charge and the centre provided complimentary tea, coffee and soft drinks for all the volunteers and local participant groups. Savills provided 'goodie bags' for everyone taking part and brought along biscuits to go with the teas and coffees.

Twenty local community groups applied for grants. The community groups needed to demonstrate that any grant awarded would be used to improve the health and wellbeing of local Reading people and to be able to provide feedback on how the grants are used.

On the night, each Lions Den interview took 15 minutes, allowing ten minutes for the applicants to make their 'pitch' for a grant and five minutes for questions. Two interviewers were allocated per pitch. It was a fast-paced evening with the 'timekeeper' being kept very busy.

The local Thames TV Community Channel arrived to do a piece on the event which was shown on the TV channel for the next two consecutive days. Great publicity!

No decisions were made on the night but after subsequent deliberation by the interviewing teams, 18 grants were awarded totaling **£11,465.00**. The grant moneys were distributed by the end of June and feedback is now awaited on each of the projects.



Windsor Lions Support the Windsor Homeless Project

The Windsor Lions pledged £2,000 to help fund an eight-week project which saw seven churches around central Windsor open their doors – and kitchens – every night to those who needed shelter.

Its objective was simple, tried and tested, and fulfilled a very evident need in the Windsor Community: to provide a safe, warm and hospitable overnight shelter during the potentially most inhospitable nights of the winter.



The project resonated so strongly with our President that she decided to get 'hands on', volunteering to help with overnight sessions and cooking for the homeless 'guests' and helpers. She was not alone – her fellow Lion Tiia spent every night of the eight weeks

providing transport – picking up 'guests' and delivering them to a different church every night – and Lion Ted found a whole new lease of life as a regular Friday night cook at Dedworth Green Baptist Church where his chicken curry received the culinary equivalent of a standing ovation!

Most nights up to ten guests – some with dogs – attended the shelter and the feedback was entirely positive. Everyone got something out of it – not just the 'guests' but all the volunteers too.

It was an educational and humbling experience to see the number of volunteers – well over 120 in total – giving up their time to provide not just delicious dinners, night-time supervision and warming breakfasts but their compassion in trying to help the 'guests' with their problems wherever they could. Often this involved playing Scrabble, watching DVDs or just chatting. It was a privilege too to get to know the 'guests' and getting a whole new perspective on the blemish on our modern society that homelessness represents. ***These aren't problem people – these are people with problems.***

At the end of March the project came to an end. It was a huge success and once again Windsor Lions were able to make a real difference – both financially and practically - to people in real need, and plans are already underway to do it again – but bigger and better – next year. But, sadly, the underlying problem remains until we can find a permanent solution to this first world problem.

PDG Lion Bob Moore

It is with deep regret the Bournemouth Club advises the passing to higher service of Past District Governor Lion Bob Moore, who passed away peacefully on Thursday 18 July 2019 aged 97years. Lion Bob has been a strong and dedicated member of the Lions Club of Bournemouth, providing his experience as the Club mentor. We extend our condolences to his wife Lion Peggy Moore and his family. Lion Bob's funeral will take place on: Monday 5 August 2019 at 12.30 pm Bournemouth Crematorium, North Cemetery, Strouden Avenue, Bournemouth, BH8 9HX, afterwards returning to the Sunrise Residential Home, Poole Rd, Westbourne BH4 9DR. At the family's request, no flowers or black clothing.



Sentinel's eye on...

Community Service

MAY FAYRE PROFITS DONATED TO TWO CHARITIES

Profits from this year's May Fayre event, organized by the Wokingham Lions Club, were donated to two local charities. The beneficiaries were Me2 Club and Home-Start Wokingham District.

Lion Lyn Baily, Wokingham Lions' president, said: "We are very pleased to be able to support Me2 Club and Home-Start, with a cheque for £3,000 to each organisation. This money will help vulnerable families with children in the Wokingham area, and enable the charities to continue their valuable work."

Tess Eagles, manager, Me2 Club, said: "The Me2 Club team is very grateful for this amazing support from the Wokingham Lions Club. The fantastic donation of £3,000 will enable six more local children with additional needs to join in with a weekly, mainstream leisure activity. With the support of their volunteer 'buddy' the children will grow in confidence and self-esteem, while having lots of fun! Families will also receive approximately 285 hours of valuable respite."

Emma Roberts, scheme manager, Home-Start Wokingham District, said: "With this support provided by the Wokingham Lions, we can continue to provide our support to vulnerable families across the Wokingham Borough. This vital donation will enable us to train more volunteers, and in turn these volunteers will regularly support families with young children, helping to reducing isolation, providing encouragement and advice and a listening ear. A huge thank you to the Wokingham Lions, and by extension all those who supported the May Fayre, for your help to us in our work."

Organised by Lions Andy Slay, Ian Grange and other Lions members, this year's annual May Fayre event took place on 6 May. Next year's May Fayre will be on Victory in Europe Day (VE Day), Friday 8 May 2020.

Fundraising

It's all about funds, the wherewithal that gives Clubs that which they need to help the community they seek to serve. And fundraising is not getting easier.

In my little corner of the world (just 45 square miles) there are in excess of three hundred recognised charities chasing the same pound. What is more is that several are now employing professional fundraisers who often come up with amazing ideas that are outstandingly successful. Who would have thought that a local charity that operates exclusively in Jersey would dream up an annual raffle where the top prize is £1 million! And each year that raffle is a sell out and the charity involved receives more than £600,000 from that one event. This event was devised by a professional.

We Lions differ from other charities because we raise funds (as so often demonstrated in these pages) and then give those funds away, very often to other charities. That is how we serve.

So what is the secret of coming up with potentially highly lucrative fundraising concepts? Many Clubs in the District are very successful fundraisers but they all know just how hard they have to work to achieve significant results and many, like my own, rely on events that are tried, tested and trusted by our supporters and have run for years but there is always a risk that one day the novelty will wear off, that despite having the Lions brand attached, these fundraisers might be overtaken by more innovative, more exciting, events.

Faced with stiff competition, particularly from the professionals, we need to look at that competition and see what they do, work out how they think and not be afraid to think big like them. And we must not forget that we have one unique selling proposition they will not have—that we are Lions, members of the world's largest community service organisation. That is one mighty brand. Let's use it and make it work.

Lion Peter Tall

Lions Club of Jersey Fundraising Committee

PASSED TO HIGHER SERVICE

The 105SC Sentinel records with great sadness the passing to higher service of PDG Lion Ken Staniforth MJF of the Salisbury and District Lions Club. Lion Ken's funeral will take place on Friday 16 August at 2.00 pm at the Gray Manor Hotel, Park House Cross, Cholderton, Wiltshire. Dress - whatever is comfortable. Following the funeral service, there will be a wake at the George Hotel, 19 High Street, Amesbury Wiltshire. Donations in Lion Ken's memory can be made to Salisbury District Hospital, Pembroke Ward/Unit and Nunton Unit via Funeral Directors, James Benedict, The Centre, Amesbury, Wiltshire SP4 7DR.



OLD MONARCH

The Editor has the last word...

It was difficult not to devote a significant part of this edition to another tribute to IPDG Lion Ken Staniforth MJF. I paid what I considered an appropriate tribute to Lion Ken in the June edition, unaware that his passing to higher service would come so soon. These will be my last words since we don't keep looking back because we're not going that way.

Although of geographic necessity our acquaintance was limited, his personality was such that I felt I knew him well and counted him as a friend as well as a Lions colleague. How he combated his condition won the admiration of us all.

Lion Ken was an inspirational leader and a great motivator, everything our District needed during the sometimes painful transition from 105D to 105SC. Without his fortitude and common sense the process would have been even more fraught than it was. We will miss him.

Lion Peter Tabb



**Lions
tail...**



Basingstoke's Lennie squares up to
Aldershot's Chinese Lion Dog at the Hook Village Show

Please send all articles and pictures for publication in the

DISTRICT 105SC SENTINEL

to the Editor, Lion Peter Tabb, email : news@lions105sc.org.uk and/or peteretabb@gmail.com
ideally at least a week before the end of the month