

**105
SC**



How do you get your fireworks event mentioned in the Mail on Sunday? Find out how on page 10.



SENTINEL



Thank you, Lions, from Holme Primary School - see page 7



The International Association of Lions Clubs

District 105SC

Acting District Governor 2023 - 2024 ♦ Lion Sandra Manktelow

✉ dg@lions105sc.org.uk ♦ www.lions105sc.org.uk

“Changing the World”

NOVEMBER 2023 EDITION



The Acting DG's Leader...

"Changing the World"



Dear Fellow Lions ...

Autumn is truly upon us – fallen leaves and darker nights!

Highlights of my month include a visit to Julia's Hospice with three Lions from Westbury. Such an amazing place and so glad that the DG's two-year charity is supporting Children's Hospices. Later that day I then visited Westbury Lions and President Lion Geoff Curtis's granddaughter presented me with £50.31 to go to the charity. She wanted to help children in need and sold some of her toys to raise money – a Lion in the making!

I was also privileged to visit two other Clubs this month – Romsey & Waterside and Salisbury & District. Although they are two of our smaller Clubs, they still exude the Lions' ethics and strive to serve their communities.

My poor car has clocked up a few miles this month as Clive and I went to Dudley to catch up with some of the other 1st Vice District Governors and their partners. We spent a couple of days bonding at the Black Country Living Museum and, of course, eating and drinking! I'd recommend a visit to the museum especially the trip down the mine and journey down the canal tunnel.

The following weekend it was back to the same area to attend Council of Governors. I picked up Ebbo on the way as he came along to support me.

The DG team have been busy planning the Autumn Forum which will take place at the Holiday Inn, Portsmouth on Sunday 19 November. It would be great to see as many of you there as possible as it is open to all Lions. The Forum gives everyone a chance to hear presentations and join in discussions as well as making new friends and gaining new ideas.

This month three Lions from our District will be attending the last ALLI course being held - a great opportunity to meet Lions from across Europe. Six other Lions are going to the Symposium where they will spend a weekend with Lions from our Multiple District. I wish them all safe travels and know they will have a wonderful time.

Thought of the month: Lions' Clubs need to be trees that can bend in the wind rather than fence panels. We need to be flexible to evolve. We need to welcome new ideas and give members the opportunity to put down firm roots.

Have a great month

Lion Sandra Acting District Governor

The bigger picture



Lions Clubs International FOUNDATION

Some of you reading this, occasionally will receive either an email or see on FaceBook an appeal for you to make a donation to LCIF. This usually happens when there has been a disaster in some part of the world. I received one just this week in the wake of the major hurricane that hit Mexico.

These are generated by LCIF and unfortunately members in this country cannot donate this way due to current banking regulations. I have spoken to those in the know, and if the situation is able to be changed, I will let you know.

I inadvertently left a 0 off the grant amount recently awarded to Morocco, it should have been \$100,000

I often refer to Clubs making donations to the Foundation, but it is possible as an individual to make a personal donation as well. To this end IP Lion Dr. Patti Hill has had

the pins shown below issued. If you do wish to make a donation, you can do so either by cheque or by BACS, make your payment via District Treasurer Tim.



If you have any questions concerning LCIF or MJF Awards, please do get in touch.

lcif@lions105sc.co.uk. Thank you.

Lion Ann Huntley MJF

District 105SC LCIF Coordinator

lcif@lions105sc.org.uk

From the LCIF Chairman, Lion Brian Sheehan

Hello Lions, Leos and fellow humanitarians,

The last several weeks I have had the opportunity to visit with many of you around the world and hear your stories of service made possible by LCIF grants. I was particularly moved by the way Lions in Morocco have used LCIF grant funding to help people who were impacted by the devastating earthquake that struck there. The region will continue to need Lions for many months to come, and I'm proud that our Foundation and Lions on the ground can work together to help during this time of great need.

Our Foundation truly empowers us to make a difference in the world, thanks to the continued support of Lions, Leos and many others who generously give to LCIF, including our corporate partners. The LCIF and Latter-Day Saints charities' partnership began in 2018 to fight the major causes of preventable and reversible blindness for underserved populations in Africa, South America and the Middle East.

I also hope you will learn more about ways to support LCIF and be recognised for your contributions. Thank you for being an ambassador for LCIF.

Lion Brian Sheehan

Chairman, Lions Clubs International Foundation

Matters of moment and ideas

Acting DG's Month November

- 3 Nov: Eastleigh Lions Official Visit
- 4 Nov: Ferndown & Wimborne Charter Anniversary
- 5 Nov: Bradford-on-Avon Charter Anniversary
- 6 Nov: Petersfield Lions business meeting
- 7 Nov: Havant Lions Official Visit
- 8 Nov: Fleet Lions Official Visit
- 9 Nov: Hayling Island Lions Official Visit
- 13 Nov: New Milton Lions Official Visit
- 15 Nov: Loddon Valley Lions Official Visit
- 18 Nov: Petersfield Lions Quiz
- 19 Nov: Autumn Forum Portsmouth and 1st VDG Zoom meeting
- 20 Nov: Devizes Lions Official Visit
- 28 Nov: Zone Chairmen Zoom
- 29 Nov: 1st VDG get together via Zoom
- 30 Nov: Lions/Brian Tumour Research Appeal Officers' meeting via Zoom

2nd VDG's Month

- 8 Nov: Basingstoke Lions Business Meeting
- 19 Nov: Autumn Forum Portsmouth
- 25 Nov: Farnborough Lion Official Visit (tbc)

District 105SC Autumn Forum Sunday 19 November 10.00 am to 4.00 pm Holiday Inn, Pembroke Rd, Portsmouth PO1 2TA

There will be a mix of presentations and discussions. Presentations will include membership, safeguarding, Club roles, ROAR and LCIF. The Forum is open to all Lions. To attend, please send an email with your name and Club to sandramanktlow@lionsclubs.co.uk. The cost of the lunch is £20 and can be booked via www.lions105sc.org.uk/booking56.

Lion Christine Munday will be at the event to do DBS checks. Please remember to bring your birth certificate, passport, driving licence and proof of where you live (i.e. a utility bill) and your national insurance number if you have one.

An exciting day of fun, fellowship and new friendships.

CREATIVE? THE BRAND IS ALL

We Lions have a very strong brand and most of us make good use of it.

Like many brands, the Lions brand has developed over time and even the logo (the image we all carry on our pins) has developed so that, although it is recognisable as being the current manifestation of the original, it is of its time.

There are still a few brands that project the image of their founders. The two that spring most quickly to mind are Ford and Coca-Cola. It was thought at one time that the Ford logo was Henry's Ford's hand writing. It wasn't - the letters were those of a hand printing set used by a clerk to liven up a sales invoice. The logo for Coca-Cola, originally sold as a brain tonic, was created by the founder's partner and bookkeeper in 1900 to stand out from its competitors. It was originally printed in black but became red when Coca-Cola became a leisure soft drink rather than a medicine.

The use of the word 'brand' stems from the 15th century practice of farmers using hot irons to burn symbols on to their property to show their ownership. Dan White, a leading expert on branding, states that the concept of a brand is straightforward. It is something potential consumers will recognize and that conjures up for them a set of mental associations.

Thus, how we use the brand is very important and that is where creativity comes in. The brand brings with it an image in the eye and mind of the beholder and however creatively we use it, the brand must always be conveying the same intention. That as Lions we serve.

Lion Peter Tall MJF MCIM MCIPR

More Matters of Moment



Welcome New Lions

This month a warm welcome to six new members to Lions International and best wishes to them for a long and happy time as a Lion.

WESTBURY - Lions Dylan Coward, Chris Crosby, Dawn Kerwin, Stefan Kerwin and Jean Lucas

WOKINGHAM - Lion Alwyn Jones

Acting DG *Lion Sandra*



Changing the world
with International
President
Lion Dr Patti Hill

You are making such a big difference in people's lives every single day. Now imagine how much more your Club could accomplish if everyone in your community knew of all the good they could do as part of your Club.

Let's show our pride in our Clubs by shining a light on our service every day. We are the global leader in humanitarian service, and we need to make sure that our communities know how we serve and how they can participate. Let's use great marketing and communication to show our communities that we are changing lives - and that they can change the world by becoming Lions and Leos.

Yours in service

Lion Dr Patti Hill

PASSED TO HIGHER SERVICE

The oldest member of Bournemouth & Christchurch Lions Club recently passed to higher service at the age of 101. **Lion Peggy Moore** was an active and enthusiastic member of the Club until quite recently. Her late husband, PDG Lion Bob Moore, was District Governor of the old Lions District A and they attended the 1976 Lions World Convention in Tokyo where they met the Emperor.

The Woolmer Forest Lions report with sadness the passing to higher service of **Lion Derek Port**, a Lion for more than 50 years and a member of Woolmer Forest Lions Club for the past 18 years. Lion Derek's wife, Margaret, passed away just a few days before him so their daughter, Karen, has lost her mother and father in the same week.

The Lions Club of Westbury also reports with sadness the passing to higher service of **Lion Roger Mussell**, a Lion for 15 years.

The 105SC Sentinel offers sincere condolences to all the Lions' families, friends and fellow Lions.

“I always have a quotation for everything - it saves original thinking.” - Dorothy L. Sayers

HELP FOR UKRAINIAN CHILDREN

All Lions will be aware that Ukraine is suffering a myriad of difficulties arising from the invasion of the country by Russia in 2022. One of those difficulties is now becoming evident and arises from the use of mines, both anti-personnel and anti-ordinance, and cluster bombs in and around the actual war zone.

While these are essential elements of modern warfare and are used by both sides in the conflict, they also represent a potentially lethal problem to civilians and especially children. The thought of young children losing limbs or their lives to these weapons is disturbing but most of us have no way of doing anything about it. However, a member of Swindon Lions Club, Lion Chris Stubbings, realised that he could do something.

He spent many years as a Royal Marine Commando specialising in ordinance of all types and helped to remove landmines when the fighting stopped. He also worked in Cyprus and was awarded the British Empire Medal and the unspoken thanks of all those who can now use the previously deadly fields. He now wants to try to share his hard-earned knowledge with today's potential victims.

Thus, he has produced 13 laminated sides of A4, describing these weapons and telling people what to do and, especially, what not to do if they find any. The work is liberally illustrated with photographs of mines and bombs. Copies have been placed in schools and libraries in the Swindon area where Ukrainian children are studying and can photocopy the parts of particular relevance. Many of the children who are making homes in Wiltshire go home for holidays or to see relatives.

This document was originally written in English but has now been translated by a Ukrainian refugee. Swindon Lions realised the potential value of this work and also recognised that if it was available in digital form this would greatly increase its use. Lion John Farmery was able to scan and digitalise the document and it is now available as a PDF file. It is known that paper copies, and perhaps also digital copies, have reached the Ukraine as they have been taken there by a local charity, Swindon Humanitarian Aid Project (SHAP), which has been responsible for the shipment of an amazing amount of humanitarian aid to the Ukraine.

If any Lions Clubs could use this document, perhaps with Ukrainian refugee families, please contact Swindon Lions Club via the website (<https://swindonlions.org> : contact@swindonlions.org) and the Club will gladly send on the electronic version.



MDHQ is in its third year of sorting spectacles and is currently processing around one million a year. This total does not include those processed by Chichester Lions. Lion Brigitte is engaging with other organisations to see if they have volunteers, e.g. people with learning difficulties, to assist with this processing.

Where do these spectacles go

Thirty-five boxes have been sent to Ukraine to cover the shortage there. MDHQ is now also sending glasses to MedicoFrance, but this is costing around £260 per pallet for delivery.

MDHQ has vision material available to Clubs at no cost. Details to follow.

The new website for spectacles is now live at <https://lionsrecycling.co.uk/how-to-donate/>.

This public website explains what, where and why to donate spectacles. The where contains a map with all the drop-off points for spectacle donations.

This is a work in progress and some Clubs and Zone chairmen have forwarded their collection points to me (many thanks) and these will be sent to MD to be added to the site.

Lion Mark Cooper

IPP/District Vision Officer
Lions Club of Fleet
Tel: 07881 823162
www.fleetlions.org.uk

“How pleasant is the day when we give up striving to be young - or slender.” - William James



THANK YOU, LIONS!

Class Year 4 of Holme Primary School sent a big ‘thank you’ to the Woolmer Forest Lions Club for their generous donation to cover the cost of their coach for a trip to the Living Rainforest at Hampstead Norreys.

The class teacher paid tribute to the Club saying: “With our small class number and the increasing travel costs, the trip was deemed too expensive but thanks to the Woolmer Forest Lions Club, the children did not miss out. The youngsters had a brilliant experience and especially enjoyed the Amazing Adaptions workshop.”

FIND THOSE PHOTOS!



A reminder that photographs for the Environmental Photographic Competition need to be with me by Friday 1 December.

Full details of the competition can be found on the 105SC website at <https://www.lions105sc.org.uk/clubs/competitions/environmentphotograph.html>

Looking forward to receiving your photos.

Lion Judith Goodchild

Environment Officer 105SC



Woodley & Earley's Wild Tribe Heroes

One of the Woodley & Earley Lions projects this year has been taking sets of Wild Tribe Heroes books into the 15 primary schools in the Club's area. Inspired by an article in the Lion magazine, the Club also supplied a set of books to the Home Schoolers group.

The books have been delivered by Lions and each school has expressed gratitude. The books will be used by their Ecowarrior groups and then put in the school library. Pictured is President Lion Glenda Kennedy with Tom Smith, head of Earley St Peter's Primary School.

“News is what someone wants repressed. All else is advertising.” - William Randolph Hearst



On Friday 1 September this year our District held its first gleaning event at Cranbourne Estate Dorset.

After a frantic week of organising the manpower for the event I am extremely grateful for the Clubs who responded to my late District mailing last month. Many thanks to the MD Hunger team led by MD Hunger Officer Lion Dr Chris Hibbert and his volunteers who travelled many miles to help out on the day, also members from the Ringwood & Fordingbridge Lions Club, Poole Lions Club and my own Aldershot Lions Club for all their help. Also the estate volunteers for lending a hand to pick the veg.

We collected 300kg of carrots and potatoes on the day and these were then collected by Fareshare for distribution to good causes.

I am now point of contact for the local Fareshare distribution points in our District, and with future gleans more time will be given to organise the events.

We have set up a District 105SC WhatsApp page for future gleans, so if you would like to join in, please send me your mobile number so it can be added to the group.

Lion Ian Hambleton

105SC Hunger Officer



Hook and Odiham Lions Club gets busy

October saw Lions being very busy within the community. They continue to help the local foodbanks by transporting food from the Fleet Foodbank to the Hook one every week.

Lions also helped to erect poppies around the village putting some 70 along Griffin Way. Later they will take them down and they will be cleaned and kept for next year.

Saturday 28 October saw the annual **Spooktacula**. This year it was decided to add more elements to the evening with a free games area for the children who were visited by the Snow Queen and Olaf, as well as the usual Fancy Dress competition and fireworks.



Setting up took place in the dry with the Odiham Fire Brigade helping by putting up the main lights on the Beacon. Then the weather turned and by late afternoon heavy rain made the whole site very muddy. However people still came as many had bought their tickets earlier and they especially enjoyed meeting Olaf and the Snow Queen and were rewarded with a magnificent firework display.

“A civilisation flourishes until it starts to analyse itself.” - A.N. Whitehead



On Saturday 28 October Lions Clubs from Zone G met at Knoll Beach in Studland to carry out a beach clean, a simple project provided you don't forget the tide times and don't arrive at the beach at high tide!

At the same time the National Trust were running a children's treasure hunt along the dunes. Two of the Zone teams followed the children and were amazed at what the youngsters left behind.

Other teams went round the car parks and in front of the beach huts where Zone chairman Lion Richard Weaver was confronted by four ladies and two gents clad in rubber suits supposedly meditating! Asked if he would like to join them, Lion Richard made his excuses, left and carried on cleaning.

When the Lions had finished, they gathered in a café for a well earned cuppa.

The National Trust were very appreciative of the Lions' efforts and the event did much to raise the Lions' profile.



A BUSY MONTH FOR WOKINGHAM LIONS CLUB

Wokingham Lions have had a very busy and rewarding month with lots happening.

On Friday 29 September, the Club staged a Quiz Night resident Quizmaster, Lion Ian Grange, making sure everyone had a fun evening. The usual raffle too and the evening raised £1,200.

Friday 6 October saw the start of the Comedy Night season, which runs until next Spring. This Lions year the Club hosts five Comedy Nights, all at Wokingham Theatre. These events not only raise funds but also the theatre (a registered charity) profits from the bar takings and a local charity is invited to run a raffle. This event made a profit from ticket sales of almost £1,600 and the guest charity 'Home-Start Wokingham District' raised £540 from the raffle. The figures from Wokingham Theatre, are awaited but suffice to say, the bar was busy!

Sunday 15 October turned out to be perfect for the Wokingham Walk. The Club runs two walks a year, one in the spring and the other in the autumn. This time around 250 took part and enjoyed not only the crisp autumn weather, but also the beautiful countryside so close to the town. The total raised by the Club will be around £3,400. However, many walkers also obtain sponsorship for other causes, use it for training for other events, to catch up with friends and family or to give their children have a break from the television or computer.

Finally, Lions Nick and Jennifer, have just taken a car full of spectacles and hearing aids to Chichester. The SpecTrek bins have been upgraded and collection points increased. This, in conjunction with a growing population in Wokingham, has boosted donations, and it is planned for some Lions to go down to Chichester soon to help the Lions there with the sorting.

ROAR National Awards Day 2023

The Roar 2023 National Awards day can be viewed on Zoom on Wednesday 6 December at 10.30 am until 12 noon.

Join us through the following zoom link

[https://us02web.zoom.us/j/89147579192?](https://us02web.zoom.us/j/89147579192?pwd=cDF3VEJlSld3aitPZ0pmMVZwSC9GZz09)

[pwd=cDF3VEJlSld3aitPZ0pmMVZwSC9GZz09](https://us02web.zoom.us/j/89147579192?pwd=cDF3VEJlSld3aitPZ0pmMVZwSC9GZz09)

The meeting ID is 891 4757 9192 and the passcode is 623155.

If your Lions Club is interested in seeing how this exciting new youth programme engages young people, then please join us on the day. www.lions-roar.com/



**“How do I know what I think until I see what I say.”
- E.M. Forster**



Don't cross a wounded Lion! Or how to get the biggest free advertisement for your fireworks event!

Lion Jim Storey of Fleet Lions does like to grab the headlines when he can! He spotted some comments by a reporter in the *Mail on Sunday* about bank closures and that they didn't seem to happen in Portugal where the reporter had been on holiday. Lion Jim emailed him noting that in France, where he'd been, they seemed, if anything to be expanding - not like the branch of the HSBC the Lions used in Fleet.

The reporter spotted Lion Jim's number in his email and rang him.

They had a good chat and Lion Jim stated that the biggest issue with not having a bank branch was for the Club's annual fireworks event from which they used to bank thousands in cash but now have to use only online tickets.

It turned out that the reporter lived only 15 miles away and loved his local Lions! So out popped a nice article about bank closures affecting small charities - and a great national advertisement for the Fleet Lions Fireworks Fiesta. And Lion Jim even got to see the piece before it was published!



Good news from Westbury

The Lions Club of Westbury are pleased to welcome both new members to the Club and to start a Leos Club this year. At the October business meeting, attended by Acting DG Lion Sandra Manktelow, the Club badged up five new members (see page 5), which means it is on target to get to a strong membership of 50 by the end of this Lionistic year. The membership now spans every decade from the youngest member, Lion Dylan (19), to the oldest in the 80s, and everyone between for everyone has something special to offer to the community.

The Leos Club started in July with an invitation to young people in the town to a Pizza and Pop evening and are already going from strength to strength.


District 105SC
Convention 2024
8th – 10th March 2024
The Wild West
DoubleTree by Hilton
Swindon

The graphic features a desert landscape with cacti and a 'WANTED' sign. The sign has a photo of a man and the text 'REWARD £5000'. The background is a light blue sky with a sun.

Ensure your five minutes of fame!

The Convention team is looking for Lions to give a five minute talk on a successful project related to one of the seven pillars of Lions – Vision, Hunger, Diabetes, Youth, Environmental Issues, Childhood Cancer and Sport.

Please get involved. It's great to share your success!

Please email lionlisa001@gmail.com



The Events Calendar

Club events for the next three months and updated month by month are listed here

Club Events: November, December 2023 and January 2024

- ◆ **ALTON** - Second Saturday of the month, **Lions Craft Markets**
- ◆ **BASINGSTOKE**—Friday 17 November, '70s/80s Music Night'
- ◆ **BRADFORD ON AVON** - Sunday 5 November, **Charter Anniversary Lunch**
- ◆ **CHIPPENHAM** - Saturday 25 November, **Christmas Bazaar**; Friday and Saturday 1 and 2 December, **Mulled Wine at Christmas lights switch-on at Corsham and Chippenham**; Friday 2 to Friday 22 December, **Carol Float**; Wednesday and Thursday 20 and 21 December, **Collection at Morrisons**; Saturday 27 January, **Burns Night**
- ◆ **DEVIZES** - Tuesday 14 November, **Diabetes Awareness event**
- ◆ **GUERNSEY** - Saturday 4 November, **Charter Anniversary**; Wednesday 6 December, **Lions Winter Wonderland**
- ◆ **JERSEY** - Saturday 16 November, **60th Charter Anniversary**
- ◆ **NEW MILTON** - Saturday 4 November, **Lions Christmas Market**; Saturday 25 November, **Lions Christmas Festival**
- ◆ **ROMSEY & WATERSIDE** - Wednesday 8 November, **Business Meeting**, Saturday 11 November, **Bookstall in Romsey Market**, Friday and Saturday 24 and 25 November, **Fundraising Romsey Town Centre**
- ◆ **WINDSOR** -
- ◆ **WOKINGHAM** - Friday 17 November, **#Woky Comedy Night**

Webpage - www.lions105sc.org.uk/events

District Diary Finance Committee Meeting

Tuesday 9 January at 7.00 pm via Zoom

To commemorate World Diabetes Day, Tuesday 14 November, a poem from Juliette Hart of Jersey who has Type 1 diabetes.

MAKING SENSE OF DIABETES MELLITUS

Diabetes is the first thing we think of,
It's the last thing we do,
It's the thing that wakes us
in the middle of the night.
It's an endless push towards being in range
but blood sugar's fickle and inclined to change.

To make sense of this we're vigilant with figures.
We know our days are numbered.
We're mathematicians and statisticians
whose goal is a graph of readings in green,
blinking on devices which record and report,
red alerts warning the danger of coma
caused by illness, misdosing, diet or sport.
Those flickering digits disorder our days.

Our language is of insulin units,
glucose millimoles per litre of blood,
grams of carb and the glycaemic index.
Pear-drop-breath caused by ketones
is an acetone-laced-sweet-smelling warning,
a dabble with death - to elude if we must be
mindful munchers and sugar snack gluttons,
stabbers of needles and pressers of buffons.

We fall too fast or rise too slow.
We're often too high and too often low.
We strive to find answers to balance our senses.
The power to make our health better,
lead the way to the future, is alert in our hands.
It's the first thing we think of,
the last thing we do.

© Juliette Hart—October 2023



OLD MONARCH

The Editor has the last word...

This month sees World Diabetes Day which marks the birthdate (14 November) of the Canadian Dr Frederick Banting who with US scientist Charles Best discovered how to isolate and extract the hormone insulin (which the body uses to control blood sugar levels) from a pancreas and which, when purified can be injected into someone with diabetes where the sufferer's body cannot produce its own. Those first experiments in 1921 earned Dr Banting the Nobel Prize. It is very fitting that one of the core aims of Lions Clubs worldwide is to combat diabetes, since the number of those with the condition everywhere continues to grow. In very emotive terms Juliette Hart's poem on the previous page surely convinces those of us who do not have the condition just how valuable the Lions' initiative is. And that we all should be doing something to promote it.

Lion Peter Tabb



**Lions
tail...**



Wokingham's Lion Nick with the boxes for SpecTrek (see page 9)

Please send all articles and pictures for publication in the
DISTRICT 105SC SENTINEL
to the Editor, Lion Peter Tabb, email : news@lions105sc.org.uk
ideally at least a week before the end of the month