

**105
SC**



Why is this Lion sharing a park bench with a Womble? Meet him on page 7

SENTINEL



The International Association of Lions Clubs

District 105SC

Acting District Governor 2023 - 2024 ♦ Lion Sandra Manktelow

✉ dg@lions105sc.org.uk ♦ www.lions105sc.org.uk

“Changing the World”

OCTOBER 2023 EDITION



The Acting DG's Leader...

"Changing the World"



Dear Fellow Lions ...



Opening the Summer edition of LION magazine, I was struck by how many Clubs had been recognised for service – Devizes, Farnborough, Hart, Jersey, Maidenhead, Meon Valley, Petersfield and Wokingham – not bad for a District of 54 Clubs! Apologies if I have missed any Club.

It's been a busy month where I have been wearing many different hats! My Petersfield Lions hat – helping at their afternoon Bridge & Tea event – making sandwiches and serving to the bridge players and chairing the Club meeting as Immediate Past President.; my Brain Tumour Research hat – running a tombola stall at a fair in aid of the appeal; my Acting District Governor's hat – various meetings and Club visits to Calne, Highworth & District, Maidenhead, Ringwood & Fordingbridge and Windsor as well as helping at Alton's Classic Car event. On route to Calne I stopped off at Avebury and couldn't resist buying a fruity hat ready for the winter!

What has struck me this month is the number of Lions, from new Lions to those who have been Lions for a while, who have been keen to attend training – whether it be Symposium or the last Advanced Lions Leadership course. If you are interested in future learning, please let District know so we can support you. I am getting excited about our Autumn Forum which is taking place on Sunday 19 November at The Holiday Inn, Portsmouth. We are busy planning an agenda which will include membership and a presentation on ROAR. This forum is open to all Lions and will be a chance for you to learn something new and to join in with discussions. It would be great to see lots of Clubs represented. Booking details will be sent out shortly but do reserve the date.

Quote of the month: Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young. (Henry Ford)

Have a great month and keep learning!

Lion Sandra Acting District Governor

The bigger picture



Lions Clubs International FOUNDATION

The scenes from Morocco and Libya, coming on the heels of the devastating fires in Maui, have been a tragic reminder of the power of Mother Nature. Fortunately, members of the family of Lions have stepped up and are doing their best to help those who need it most. I have been asked about appeals for specific disasters, we tend not to do that and instead ask that donations be made to Disaster Relief. If appeals were issued for every event, sadly I would be contacting Clubs more frequently. Do not assume that LCIF is not responding because no major appeal has been launched, this is far from the case.

Both Maui and Morocco have received initial grants of US \$10,000. Sadly, the situation in Libya is not so easy. The latest information I have is that LCIF is in contact with implementing partners regarding possible emergency projects. As there are no Lions Clubs in Libya, LCIF are unlikely to approve any grants direct. However, if Lions from other countries propose grants to serve this disaster, this will be evaluated by LCIF while maintaining the safety of the implementing Lions is maintained.

Please continue to support our Foundation.

Lion Ann Huntley MJF

District 105SC LCIF Coordinator
lcif@lions105sc.org.uk

From the LCIF Chairman, Lion Brian Sheehan

Hello Lions, Leos and fellow humanitarians,

Where there is a need, there is a Lion. When a region is recovering from a natural disaster, a community is facing food insecurity, a family just learned their child has cancer, or any other humanitarian needs arise, Lions are poised to help, empowered by the Lions Clubs International Foundation (LCIF). I am very happy to report that during the week of the August Board of Trustees meeting, 85 grants were approved, totalling \$9.4 million. Giving to our Foundation

ensures that your generosity makes the most impact, both locally and globally, and in communities large and small. Thank you to everyone who continues to donate and share the story of impact we create together.

Lion Brian Sheehan
Chairman, LCIF

LCIF's Mission

What We Do

We support the large-scale efforts of Lions Clubs in the areas of humanitarian service and disaster relief.

How We Do It

We fund projects through grants to enable Lions clubs worldwide to improve the lives of people in need, both in their own communities and around the world.

Why We Do It

We believe that through our work, we are able to create lasting change and empower communities to thrive.

Matters of moment and ideas

Acting DG's Month October

- 1 Oct: DG Planning meeting
- 7 Oct: Multiple District GST meeting
- 8 Oct: Finance Zoom followed by DG Team meeting
- 10 Oct: DG Team Zoom meeting
- 11 Oct: Romsey & Waterside Lions Official Visit
- 12 Oct: Visit to Julia's House Children's Hospice
- 12 Oct: Westbury Lions Official Visit
- 14 - 15 Oct: 1st VDG and partners weekend get-together
- 16 Oct: Salisbury & District Lions Official Visit
- 20 - 22 Oct: Council of Governors
- 25 Oct: 1st VDG Zoom get-together
- 26 Oct: Lions/Brain Tumour Research officers meeting via Zoom
- 29 Oct: Cabinet
- 30 Oct: Zone C meeting

2nd VDG's Month

- 8 Oct: Finance Zoom followed by DG Team meeting
- 11 Oct: Basingstoke Lions Business Meeting
- 12 Oct: World Sight Day supporting vision display and spectacles collection
- 25 Oct: Club dinner meeting
- Club visits to be confirmed during October



World Sight Day Thursday 12 October

This year's focus is on the importance of eyecare in the workplace. More details can be found at <https://www.iapb.org/world-sight-day/> where there are toolkits and a wealth of resources to help your Club be involved with the #LoveYourEyes campaign

CREATIVE IDEAS

Creativity is often very much in the eye of the beholder. Very, very much in the eye of the beholder was the creativity of one of the Madison Avenue greats, Mary Wells of the advertising agency Wells Rich Greene. Mary was known to her contemporaries as Mary, Mother of Invention.

One of Mary's clients was, curiously, her husband who was president of Braniff Airlines. Braniff was one of the numerous airlines operating within the United States where, in a country where getting on a plane is as common as us getting on a bus, competition is fierce. Mary recognised that constant discounting of fares was potentially ruinous, particularly where each competitor had the same selling proposition. What about Braniff could turn the selling proposition into a unique selling proposition?

What Mary devised is still talked about today (like here!). She convinced her husband that what he must do is paint each of the company's aircraft (she probably called them 'airplanes') a different pastel colour - pink, lilac, beige, coral, rose, etc, etc. And it worked. The unique selling proposition of having each airplane a different pastel colour worked. Passengers chose not the cheapest, they chose the prettiest and Braniff boomed.

This type of creativity could be defined as thinking the unthinkable and the example Mary set is still being pursued today with aircraft (or airplanes) now clothed in liveries that a couple of decades ago would have been unthinkable.

Creativity is often the ability to think the unthinkable. As unthinkable as raising funds by climbing the highest hill in Hampshire dressed as a mermaid!

Lion Peter Tabb MJF MCIM MCIPR

More Matters of Moment



Welcome New Lions

This month a warm welcome to three new members to Lions International and best wishes to them for a long and happy time as a Lion.

HAYLING ISLAND - Lion Sue Mills

HOOK & ODIHAM—Lion Neil Crew

YATELEY & DISTRICT - Lion Ian Winchcombe

Acting DG *Lion Sandra*



Changing the world
with International
President
Lion Dr Patti Hill

Dear Lions

When you give someone a drink of water, you can quench their thirst for a day, but by building a clean water system, you change their lives - and their community - for good. That is the kind of big, sustainable impact that our greatest partner, Lions Clubs International Foundation, helps us make every single day.

Our Foundation gives us the support we need to expand our service and support our growing membership. But just like every great partnership, that support works both ways. We support LCIF and LCIF supports us. So, let's keep serving, and let's keep supporting great service at home and around the world.

Yours in service

Lion Dr Patti Hill

International President

PASSED TO HIGHER SERVICE

The Lions Club of Jersey reports with sadness the passing to higher service of former Lion and Past President **David Râtel**. David was President in 1973/74 and was most noted for his sense of humour and his ability to ensure that at the Club's dinner meetings - which in those days usually followed an hour or so's appropriate preparation at the bar - still followed the agenda.

Although David retired as a Lion some years ago, his wit was often called upon as a guest speaker at the Club's Charter Anniversaries. A former estate agent and golf club secretary, David had a wide circle of friends with whom he made weekly online contact (particularly recently when his deteriorating health confined him to his laptop) with expositions of sparkling humour. He will be sorely missed by that circle of friends and all the Lions who knew him.

The Sentinel extends its sincere condolences to David's wife Maureen and his family.

“We don’t make mistakes, just happy little accidents.” - Artist Bob Ross

New Forest for Ukraine



Ringwood & Fordingbridge box up supplies for people of Ukraine

On Saturday 9 September, Ringwood and Fordingbridge Lions travelled to Lymington to help *New Forest for Ukraine* pack much needed articles of donated clothing, toys, footwear, blankets and medical supplies into boxes destined for hospitals and aid centres in Ukraine and Poland.

New Forest for Ukraine have access to two warehouses in Lymington where, on a daily basis, they assemble huge amounts of donated items desperately needed by those who have lost everything in the war.

Club president Lion Stephen Sherring was amazed at the scale of the operation and the generosity of the public who donate enough for a fully loaded lorry to leave Lymington for Poland and Ukraine every three weeks.

Lion Stephen says: “The dedication of the volunteers who work tirelessly in their Lymington warehouse to make sure that every lorry load destined for Ukraine is full to bursting with essentials that we all take for granted here is incredibly humbling. It was both our honour and pleasure to spend the day helping them with their amazing work.”

There are collection points all over the New Forest for anyone who would like to donate items needed for aid centres and hospitals in Ukraine.

There are many opportunities for all the Lions Clubs in the area to help out in the same way.

Buy Early for Christmas!

Three Lions Clubs in north-east Hampshire (Aldershot, Fleet and Hart Lions) are launching a new fundraiser: The Lions Charity Advent Calendar.

“This is a new challenge for us,” says one of the initiators, “And we really hope the public enjoy taking part and raising funds so we can help more local people. We really enjoyed working together on this though it was a bit of a test working with printers in Germany!”

The idea itself came from the German Lions Club twinned with Farnham (SE). The Surrey Club are good chums with their near neighbours in SC who embraced the concept.

The calendars are on sale at £5 each and there are prizes to be won on every one of the calendar’s days with a special prize of £250 on Christmas Eve. All together there is more than £3,500 worth of prizes to be won, thanks to the generosity of the local businesses in Aldershot and Fleet towards the project.

The Lions will be out selling the calendars on every Saturday until December in either Aldershot or Fleet shopping centres and supermarkets.

A Happy Christmas!

**“Age is something that doesn’t matter,
unless you are a cheese.” - Luis Bunuel**

Wokingham Lions’ #Woky Comedy Nights at Wokingham Theatre



Wokingham Lions’ #Woky Comedy Nights are proving very popular and dates have been announced for the next season. Proceeds from ticket sales are distributed by the Wokingham Lions to charities and good causes, predominately in the local area. The profits from the bar help support Wokingham Theatre, itself a registered charity, and the raffle at each event raises funds for a different local guest charity.

The charity being supported by the Friday 6 October event is “Home-Start, Wokingham District” who support local families through difficult times and are part of Home-Start UK.

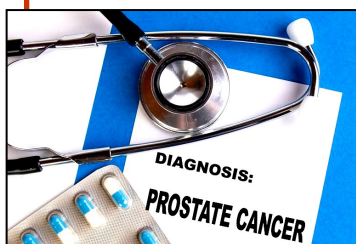
A Lion meets a Womble on a Guernsey Lions’ Children’s Whisper Seat

The Children’s Whisper Seat is a fascinating concept developed by the Lions Club of Guernsey. The carved wooden seats are being installed in all the islands of the Bailiwick of Guernsey - Alderney, Sark and Guernsey itself. The seats are designed to allow young people somewhere to share their secrets, overheard only by the lion at one end and, in this example, a Womble at the other. The Wombles were the creation of Alderney resident, the late Elizabeth Beresford.



“Never before has the future so rapidly become the past.” - Arnold Glasow

A ‘Good News’ story from Windsor Lions’ April Prostate Cancer Screening Event



Usually a tale about someone having treatment for cancer would hardly be classed as a ‘good news’ story. But a local Windsor man, John Strange, was keen to acknowledge the part that the Lions Club of Windsor played in bringing his cancer journey to light – and

hopefully to a successful conclusion. Windsor Lions Prostate Cancer Screening Event was held in April at Windsor Racecourse and for John it triggered a series of events that resulted in the removal of his prostate and the cancer it was harbouring.

John emailed the event co-ordinator, Lion Diane Purchase, in June saying ‘Can I say a big thank you for organising the prostate cancer event. I saw it advertised at Wexham Park Hospital and decided to book a place. My result was abnormal and I now have a positive diagnosis which can be easily rectified by surgery. Without your event I would be unaware of this so thank you so very much. I am now badgering people to get tested!’

Almost 1,100 men had a simple blood test at the event and around 70, including John, needed follow up investigations for possible prostate problems which might otherwise have gone undiagnosed.

John has recently reported again to Lion Diane. ‘I have now had surgery and they have removed the prostate and hopefully all the cancer...Thanks again to you and the Lions as without your event it would still be silently growing inside of me’

Talking of the event Lion Diane Purchase commented: ‘Stories like John’s are why we are so passionate about this event. Uncovering just one case like this makes it all worthwhile and we are very grateful to John for sharing this powerful story and encouraging other men to get tested. We hope to stage another event in late 2024 or early 2025.’



Lions/Brain Tumour Research Appeal

In 2022/23 fourteen Clubs in our District have donated £8,884.59 to the appeal which has so far raised a quarter of a million pounds across the British Isles. There is still a long way to go to reach our target of £1 million, but plans are afoot from the new Multiple District Officer to have some large fundraisers.

If your Club would like to host an event, please let me know. There is a pop-up banner and leaflets available.

Another way of boosting the appeal is to donate via our District Treasurer, letting him know that the money donated is for Lions/Brain Tumour Research. Don’t forget that 100 percent of donations goes on funding research and equipment with nothing taken off for admin.

With much appreciation for supporting this initiative.

Lion Sandra Manktelow

Lions/Brain Tumour Research
Officer

“He who has a why to live for can bear with almost any how.” - Viktor Frankl

Opportunities don't happen, you have to create them!

During the spring and summer months Reading Lions' Think Tank have been working hard to create such opportunities for fundraising during these financially difficult times.

The Club has held a Quiz Night, taken their catering van and their Human Tutti Frutti Machine to several local events and held a very successful Charity Golf Day.

The most recent event was a Regional Skittles Evening. The Reading Lions were joined by members of the Lions Clubs of Maidenhead, Windsor, Wokingham and Woodley & Earley – all ready for an evening of competitive fun!

It seems that the first



games of skittles took place in the Third Century! Monks used to throw stones at pieces of wood which represented their sins and temptations! Ignorant of this lofty origin the Lions nevertheless enjoyed a great evening of fish and chips and competitive Skittles – the honour of each Lions

Club being at stake!

The result was a tie between Wokingham Lions and Woodley & Earley Lions and the prize was £100 for their charity accounts. The remainder of the £750 raised that night was split between the Reading Lions, and hosts the Royal British Legion in Tilehurst.

This was a fun night and a great example of event staging with duties and funds shared. The Clubs are sure the monks would have approved!



Picnic in the Park

The residents of Knowle Village held their annual 'Picnic in the Park' and there was a great turn out. The Meon Valley Lions Club members were happy to support this event and took along their Play Your Cards Right Game, which went down well and there were a couple of lucky winners.

Taste of Wickham



On Sunday 10 September, the Meon Valley Lions and the intrepid residents were out in force at the Taste of Wickham. Despite the weather, the Club did a roaring trade in burgers and sausages which were much appreciated, especially by this young man who wasn't going to be beaten by one of the jumbo sausages.

Minibus

The Club's trusty minibus was shuttling revellers back and forth from the Taste of Wickham and the park and ride. Its also out several times every week, driven by our members, providing service and aid to many organisations, transporting people to various clubs - to name a few: MV Carers, Wickham Lunch Club, Curdridge Lunch Club, seated exercise in Shedfield and Opensight. This service is invaluable to many local people.

To enable the Club to continue with this support they need to replace the minibus and are in the process of raising funds to do so.

“Outside of a dog, a book is man’s best friend. Inside of a dog, it’s too dark to read.” - Groucho Marx

The Value of Prostate Screening

In April this year, Loddon Valley Lions held a Prostate Screening Event for 200 men in their local community. Of these, ten tested red, indicating a strong likelihood of them having the disease. One of these was a member of the Loddon Valley Club who, sensibly, made speedy arrangements to visit his GP.

The GP could find nothing wrong with the Lion’s prostate gland, but had another blood test carried out. This confirmed the result the Lion had received from the screening, so the GP had further tests carried out over time. These showed the condition was worsening, but as the GP could find nothing wrong with the prostate, the Lion was referred to hospital for scans.

The scans confirmed the GP’s diagnosis that there was indeed no problem with the prostate, but did indicate the possible presence of a tumour in the bladder/kidney area. This was investigated by surgery and a tumour, subsequently found to be malignant, was removed. The Lion has now fully recovered from his operation and his surgeon is confident, subject to follow up checks, that the cancer has not spread.

Had this Lion not attended our screening, he would have been totally unaware of the problem, probably until it was too late and the cancer had spread to other parts of his body.

So, fellow Lions of the male variety, don’t be afraid, if you get the chance, take the test! As has been shown here, it can flag up other issues, which if tackled quickly, as in this case, could save your life.



Introducing District Diabetes Officer Lion Gillian Clancy

Hello, I am Lion Gillian Clancy, 105SC Diabetes Officer, and I am looking forward to meeting many Clubs and so please do send me an invitation!

As this is my first Sentinel article, I am going to start by asking what you want from me as District Officer.

Send me any questions to

CLANCY.INC@blueyonder.co.uk as I would rather give you the information you need than simply write an article and submit it each month.

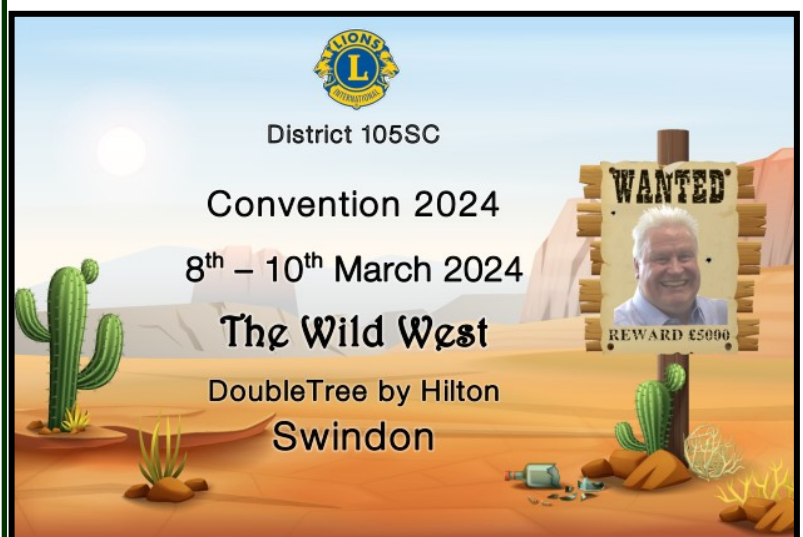
But a few questions for you from me too?

- ◆ What are you doing for diabetes in your Club?
- ◆ What would you like to be doing within your Club?
- ◆ What are you going to do for World Diabetes Day on Tuesday 14 November?

If you have diabetes yourself, what do you struggle with? Do you need help or ideas to cope with the condition.

Enough from me for this month and I look forward to hearing from Lions across our District.

Lion Gillian Clancy



District 105SC

Convention 2024

8th – 10th March 2024

The Wild West

DoubleTree by Hilton Swindon



Sentinel's eye on...

The Events Calendar

Club events for the next three months and updated month by month are listed here

Club Events: October, November & December 2023

- ◆ **ALTON** - Second Saturday of the month, **Lions Craft Markets**
- ◆ **BASINGSTOKE** - Monday to Sunday 9 to 15 October, **Specs Collection**; Thursday 12 October, **World Sight Day**; Friday 17 November, **'70s/80s Music Night'**
- ◆ **BRADFORD ON AVON** - Saturday 7 October, **Comedy Evening**; Sunday 5 November, **Charter Anniversary Lunch**
- ◆ **CHIPPENHAM** - Saturday 14 October, **Slightly Blue Concert**
- ◆ **DEVIZES** - Saturday 14 October, **Lions Arts Coaching Day**; Saturday 9 December, **Lions Christmas Fair**
- ◆ **JERSEY** - Wednesday 4 October, **Opening of the Lions Community Hub at Maison des Landes**; Saturday 16 November, **60th Charter Anniversary**
- ◆ **ROMSEY & WATERSIDE** - Wednesday 11 October, **Business Meeting and ADG Visit**; Saturday 14 October, **Bookstall in Romsey Market**, Wednesday 8 November, **Business Meeting**, Saturday 11 November, **Bookstall in Romsey Market**, Friday and Saturday 24 and 25 November, **Fundraising Romsey Town Centre**
- ◆ **WINDSOR** - Sunday 29 October, **Swimathon**
- ◆ **WOKINGHAM** - Friday 6 October, **#Woky Comedy Night**; Friday 17 November, **#Woky Comedy Night**

Webpage - www.lions105sc.org.uk/events

District Diary - Finance Committee Meeting

- ◆ **Sunday 8 October via Zoom**



Spectacles

MD105 will shortly be publishing a web page with address details of where members of the public can drop off their unwanted glasses and hearing aids. To assist with this information gathering, the MD105SC Zone chairmen have been asked to collect these details for all their Clubs and forward them to me. Please assist your Zone chairman by providing this information as soon as possible.

Spectacle Delivery Options Chichester Lions

Chichester Lions are operational again. All clubs are requested to call to arrange delivery. To assist Chichester Lions with processing:

- ◆ Please do NOT sort the glasses;
- ◆ Please bag loose lenses separately;
- ◆ No cases or cleaning cloths;
- ◆ Please place hearing aids in a bag;
- ◆ Although Clubs are likely to keep a record of their own spectacle count for the Service Activity Report, there is no need to write the number of spectacles on each box: and
- ◆ Always call to arrange a delivery date -
tel: 0344 9632443 and email: sight@chilions.org.uk

Lion Mark Cooper

mark@fleet-its.co.uk

LIONS WIT

Did you hear of the Lion who spent all September studying escapology. That Lion really needs to get out more.



OLD MONARCH

The Editor has the last word...

Lions are indefatigable fundraisers and I was heartened to read of the initiatives by the Aldershot, Fleet and Hart Clubs and the Reading Club and its neighbours. One activity of Lions Clubs (and most other charities for that matter) that was almost crippled by Covid was fundraising but with some obviously creative thinking, raising funds is back on track. What's more these are also inspiring examples of Clubs working together. And all strength to their elbow, albeit I would have liked to have thought Christmas was a little further away than seemingly it is.

This month sees World Sight Day on Thursday 12 October and hopefully Clubs throughout the District will be active in promoting it since Vision is one of the five core pillars of our service to our communities.

Lion Peter Tabb



**Lions
tail...**



Please send all articles and pictures for publication in the
DISTRICT 105SC SENTINEL
to the Editor, Lion Peter Tabb, email : news@lions105sc.org.uk
ideally at least a week before the end of the month