

105
SC



Jersey Lions' Muddy Fun Run returns
and 450 runners get very muddy...



SENTINEL



Faces of the Bob Cook Games



The International Association of Lions Clubs

District 105SC

Acting District Governor 2023 - 2024 ♦ Lion Sandra Manktelow

✉ dg@lions105sc.org.uk ♦ www.lions105sc.org.uk

“Changing the World”

SEPTEMBER 2023 EDITION



The Acting DG's Leader...

"Changing the World"



Dear Fellow Lions ...

August was a quiet month for me as I got to grips with my new role. At the beginning of the month Clive and I managed a few days away in our camper van and met up with a Lion from Folkstone & Hythe. On Thursday 10 August we had a wonderful boat trip and firework display organised by Poole Lions. The weather was good, and the firework display spectacular. Another few days away in the van to a campsite at Hurley on the bank of the Thames. Two informative visits to Windsor Castle and Cliveden.

I do so enjoy reading the articles in The Sentinel, especially from Clubs about the service activities they have organised, so I am throwing down a challenge that every Club publishes one service activity in the Sentinel this year. I will pledge £1 per Club to go towards our Children's Hospice Two Year Appeal. We also have a Facebook page dedicated to ideas – Lions District 105SC Ideas Group, so please have a look and add to it if you can.

One of our goals is to increase the number of Clubs who report service to 75 per cent. This has been steadily growing since we came out of the pandemic, so the goal is achievable as we managed 68 per cent last year. For every Club that reports this year I will pledge £1 per Club again for our Children's Hospice Two Year Appeal. If you need help with how to report service, then I would be more than willing to assist even though it will cost me money!

One thing I have learned over the years is that it is good to ask for help and not do everything yourself – a bitter lesson I learned when taking on the role of Acting Headteacher and thought I could do everything! If your Club has any challenges, please do make use of District. We want to promote Guiding Lions who are there to help you in any way whatever. If you are interested in becoming a Guiding Lion (criteria is that you must have been a Club President), please contact Lion Mike Baker glt@lions105sc.org.uk.

Quote of the month: Be strong enough to stand alone, smart enough to know when you need help, and brave enough to ask for it.

Have a great month full of fun and laughter.

Lion Sandra Acting District Governor

The bigger picture



Lions Clubs International FOUNDATION

Natural disasters know no boundaries, nor do they differentiate between those who have, and those who do not.

Wildfires have ravaged Canada, Greece, Tunisia, United States and, of course, the most recent Maui.

Flooding has wiped out areas in Bangladesh, Columbia, India, Japan, Korea, and the United States.

Hurricanes and Typhoons have wrecked parts of Bangladesh, China, Brazil, and Philippines.

When these events strike Lions are usually among the first to respond. Due to our worldwide membership Lions see the need and put out the call and luckily, our Foundation is there to answer.

Since 1 July, the start of our new Lions

year, 45 disaster relief grants totalling more than US\$485,000 have been issued.

For our charity to be there when Lions call upon it, we need to support our Foundation by making either a personal or a Club donation.

If you feel this is something you or your Club would like to do, then please send a cheque made out to District 105SC and marked "Disaster Relief" or make a BACS payment. Both need to be sent to our District Treasurer, Lion Tim Hanton.

Thank you.

Lion Ann Huntley MJF

District 105SC LCIF Coordinator

Hurricane Idalia devastated communities

On August 30 2023, Hurricane Idalia slammed into the Florida Gulf Coast as a major Category 3 hurricane, leaving destruction in its wake. Buildings were submerged almost entirely, and many homes and businesses crumbled.

When a natural disaster strikes, we, as Lions, are ready to help. Right beside us is the global Lions Clubs International Foundation. LCIF is mobilising funds to empower Lions in those areas to help their communities recover.

Your generous donation to LCIF's Disaster Relief Fund helps Lions continue to serve!

Matters of moment and ideas

Acting DG's Month September

- 1 Sep: Petersfield Lions Bridge Tea Afternoon
- 2 Sep: Stall at Warsash Fair in aid of Lions/ Brain Tumour Research Appeal
- 3 Sep: Zoom Council of Governors meeting
- 4 Sep: Petersfield Lions business meeting
- 5 Sep: Calne Lions Official Visit
- 7 Sep: GAT Zoom meeting
- 11 Sep: Highworth & District Lions Official Visit
- 12 Sep: Maidenhead Lions Official Visit
- 14 Sep: Ringwood & Fordingbridge Lions Official Visit
- 16 Sep: Volunteering at Alton Lions Classic Car Show
- 18 Sep: Windsor Lions Official Visit
- 27 Sep: 1stVDG Zoom get-together
- 30 Sep: GMS Charter Anniversary

2nd VDG's Month

- 7 Sep: GAT Meeting
- 9 Sep: My Cancer My Choice Fashion Show
- 13 Sep: Basingstoke Lions Business Meeting
- TBC: Blandford Lions Service Day

Symposium

**24 to 26 November 2023
at the Abbey Hotel, Redditch**

Are you a younger/younger in-service member of your Club?

If so, this could be for you if you have been a Lion for five years or less.

The weekend will be driven by your needs. At previous Symposiums some of the topics covered have included – how can we change, conflicts, communication, leadership opportunities, service journey, projects...

If you are interested, please contact me as soon as possible for all the details. Please note that I need to get nominations forms to MD by Saturday 30 September.

Lion Sandra

Acting District Governor Sandra Manktelow
dg@lions105sc.org.uk

CREATIVE IDEAS

Having once bestowed upon myself the title of "Creative Director" (of my own advertising agency where, for a time, I also fulfilled almost every other role), I attended a number of courses these being the days before everything was available online. It was on one such, in London at one of the agencies that had established itself in the US during the American Civil War, that I became acquainted with Jerry Della Femina.

Who, you are asking, with some justification, is Jerry Della Femina and what does he have to do with creativity?

Jerry Della Femina was a Madison Avenue advertising executive who, asked to devise a headline by the Japanese electronics giant National Panasonic for their new US advertising account, came up with the byline "From those wonderful folks who gave you Pearl Harbor".

Jerry's later claim to fame was that his then Madison advertising agency Della Femina Travisano inspired the big hit television series "Mad Men".

In this instance, Jerry delivered his controversial suggestion at a meeting attended by many of the senior executives of National Panasonic who, it must be said, were not amused and in the dead silence that followed, one of the account managers who had been looking forward to running this potentially huge account dropped his pipe and managed to set himself on fire.

Clearly creativity is very much a two-edged sword. Few of us are likely to be bidding for the marketing business of any giant corporation but there are two important lessons to be learned here.

Even down to Lions Clubs' level, people do not buy from clowns nor do they buy from those who offend them.

Lion Peter Tabb MJF MCIM MCIPR

More Matters of Moment



Welcome New Lions

A warm welcome to four new members to Lions International and best wishes to them for a long and happy time as a Lion.

HOOK & ODIHAM - Lion Neil Richard

ROMSEY & WATERSIDE -
Lion Caroline Egg

SALISBURY & DISTRICT - Lions Janet
Keah, John-James McChesney

Acting DG *Lion Sandra*



Changing the world
with International
President Lion Dr Patti
Hill

Dear Lions

Changing the world begins with us. But we're not supposed to do it alone. Collaboration is the key to delivering meaningful and lasting outcomes in your community. That's why inviting more great members just like you can help your Club and community reach their full potential.

Let's start with planning ambitious service that addresses the biggest challenges facing our communities., Then, let's bring in new members to help us make an even bigger impact.

You know the difference one Lion can make. You know the difference your Club has made. Together, we are changing the world one life, one relationship and one community at a time.

Yours in service

Lion Dr Patti Hill

International President

PASSED TO HIGHER SERVICE

The Lions Club of Fleet reports with sadness the passing to higher service of **Lion Travis McCall** on Thursday 10 August. A Fleet Lion for 29 years, Lion Travis was a very enthusiastic member who held many positions within his Club, including three terms as President, as well as District Sergeant-at-Arms for several years. The Fleet Lions extend their sympathies to his wife, Gill, and all their family, Lion Travis will be missed by all,

The Meon Valley Lions Club also reports with sadness the passing to higher service of **Lion Peter Angelis** and the Westbury Lions Club reports the passing to higher service of **Lion John Powell**.

The 105SC Sentinel extends its sincere condolences to the deceased Lions' families, friends and fellow-Lions.

**“Success is the most convincing talker
in the world.” - Napoleon Bonaparte**

The welcome return of the Bob Cook Games and a great success for the Chippenham Lions

These disability games made a welcome return to the Athletics Track at Swindon’s County Ground after a break of three years caused by Covid and then by extreme heat. The event was run by Chippenham Lions on the second Sunday in August with Clubs and competitors from 105SC as well as the old 105W with whom they have had a long association.

The Games were formally opened by Chippenham president, Lion Jim Dutch and PDG Lion Brian Donovan who wished everyone good fortune and great enjoyment in taking part.

Both track and field events were contested strongly with entries for field event such as the discus, javelin and welly-wagging, while others chose to try their hand at the gentle sport of boules.

While medals were awarded for success in every event, two major trophies were awarded to the lady and gentleman who were judged best to represent the Games’ true spirit of determination against the odds. This year the Joy Cook Memorial Trophy went to Clare Reed (Chippenham Gateway) and was awarded by July Hamlen, daughter of the late Joy Cook and wife of Chippenham Lion Norman Hamlen. For the gentleman, a trophy was awarded in memory of a late Chippenham member and tireless supporter and worker for the Games, Lion Ivor Bull. This trophy was awarded by PDG Brian Donovan to Darren Brown (Keynsham Mencap).



All helpers will take back their own memories, but the tremendous determination shown by all competitors and the pleasure and pride they gained as they were presented with their medals was evident to all.

But as well as everything else, the day also brings together Lions from Clubs throughout the various Districts and it’s an opportunity to renew friendships and reinforce the bond between Lions. The Games are always on the lookout to involve more competitors and more Lions Clubs, so if your Club would like to be part of it, then why not approach a disability club in your area.

“Attention is the rarest and purest form of generosity.” - Simone Weil

THE GREAT BRITISH BEACH CLEAN

How would you like to help clean our beaches? You have the opportunity to take part in the annual event which takes place from Friday 15 September to Sunday 24 September. The week is being organized by the Marine Conservation Society. The Great British Beach Clean is a week-long citizen science event where hundreds of beach-cleans take place up and down Britain. Beach-cleans are being organized on various beaches during this week in our District. Beaches where cleans will take place include Shanklin Beach, Eastney Beach and Warsash Beach. Full details of venues and times can be found at

<https://www.mcsuk.org/what-you-can-do/join-a-beach-clean/great-british-beach-clean/all-about-the-great-british-beach-clean/>

I hope some will be able to help. Sessions only take a couple of hours. If you do take part please let me know and record on your activities reports.

Lion Judith Goodchild
Environment Officer for I05SC

Cheers!

Fleet's 15th Beerfest

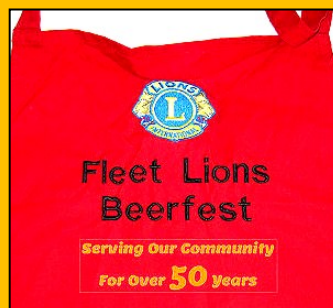
The Fleet Lions' 15th Beerfest was held at their main local venue, the Harlington, on Saturday 5 August. It was celebrating their 50th year of helping the local community so they upgraded their aprons to say that! The Beerfest featured 36 Real Ales, ten Ciders and a Gin Bar run by the Scouts.

The Lions ran their usual two sessions - 11.00 am to 3.00 pm and 5.30 pm to 9.30 pm with great music at each. A local franchise came in to do burgers, fresh pizzas and a hog roast. All the helpers received a free massive bap full of hog! More than half the helpers on the day were new non-Lion friends, built up through networking.

More than 800 people came along, about the same number as last year and they got through 2,500 pints of beer and 350 of cider. Everything had gone by the end of play.

Fleet Lions supported their prostate screening programme and the Lions Community Store to the tune of £1,500 each but expect to make around £9,000 in total.

The Lions asked their customers to bring their own glasses and nearly all did. That saved a quarter of a ton of carbon dioxide, so their drinking helped the environment. It also saved £2.50 per person on glasses which meant the entry price could be dropped by £1, the other £1.50 being spent on a one-off public liability insurance policy. All tickets were sold online and the entry price included the first two pints. That helped cut down the cash taken on the day as the

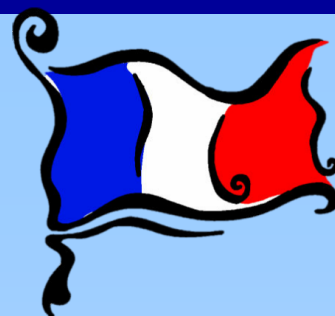


Club's bankers, HSBC, no longer have a branch in Fleet.

So all's nearly over and done now - just the ironing to do! Fleet Lions are looking forward to seeing even more customers at their 16th event on Saturday 3 August 2024.

“Youth is the season made for joys.” - John Gay

Holly represents Britain at Lions International Youth Camp in France



Holly Ryan (22) from Hurn in Ringwood enjoyed her opportunity at the Lions International Youth Camp in Sables d’Olonne in France this July, making firm friends with other students attending from Finland, Italy, Norway, Poland and Turkey.

Holly had a wonderful time which included visiting La Rochelle, Ile d’Yeu (the island where Marshal Petain was imprisoned), Puy de Fou and Maillezois.

“The activities during camp consisted of sailing boats made in the region, visiting the Puy de Fou theme park, having tours around Sables d’Olonne and La Rochelle and other points of interest,” Holly enthused. “The Leos organised a treasure hunt, laser tag and a beach trip on two of the camp days. In the evenings we all cooked together and took it in turn to make our favourite dishes. We also learnt how to make French crepes and had a French cheese and wine tasting night.”

This was all made possible through the Lions Clubs operating in France who met Holly’s expenses and arranged her accommodation at the camp which was situated close to the Sables d’Olonne beach. The visit began with a short stay with a host French family. The Lions International Youth Camp & Exchange programme runs each year during the summer months. Multiple places are available on the scheme which is designed to promote friendship, travel and a greater international cultural awareness

for those aged between 16 and 22.

Holly’s application was accepted by the Ringwood & Fordingbridge Lions Club who helped with all the arrangements. Participating in this scheme has helped Holly to create lifelong memories and friendships, cement her independence and confidence with new people; shape her future goals about what she wants to do and engendered in her a firm desire to help others.



“It’s all that the young can do for the old, to shock them and keep them up to date.” - George Bernard Shaw



Every Club in our District must have someone like Holly in their local community and by offering access to this international scheme each Club can help shape our leaders of tomorrow.

Ringwood & Fordingbridge Lions have helped many of their local students to visit Lions Clubs and camps in the United States, Canada, Australia, Hawaii, Finland, Sweden, Denmark, Italy, Spain, India, Taiwan, Germany, Belgium and France among others. President Lion Stephen Sherring explains: “Lions International Youth Camps are such an exciting

scheme offering, each year, hundreds of places to young people of every nationality. It is available to all young people who wish to expand their horizons, make new friends from other countries and travel abroad in a safe, relaxed and independent way. Each year the feedback about the scheme from those attending has been exceptional. “



The Ringwood & Fordingbridge Lions president is also the District Officer for the Lions International Youth Camp & Exchange and he can help Clubs offer the scheme to students at local schools and colleges in their area at very little cost to the Club as the students themselves will meet the costs of their own air fare and the Lions Clubs in the country they visit will meet the cost of their food and accommodation while there. There is also the opportunity for anyone in the District to act as an international ambassador for Lions in this country by offering to be a host family to someone

just like Holly visiting the UK camp from abroad next year.

For further information about this scheme and how a Club can get involved, please call Lion Stephen Sherring on 07341 275176 and/or contact him at youthexchange@lions105sc.org.uk.



“More is lost by indecision than by the wrong decision.” - Cicero

WHEN THE SUN SHONE - THE FUN NEVER STOPPED!

Remember those heady days of summer when carnivals and fetes provided great entertainment for all the family?

Bishops Waltham Carnival, Swanmore Fete, Droxford Fair, Colden Common Fair and the Rainbow Centre Fareham were just a few of the events the Meon Valley Lions' BBQ and Games turned up to this summer. They helped provide a great day out while raising essential funds for those who need the Lions' help. It was so lovely to see so many people out enjoying themselves after the last few years of restrictions.



In particular the Swanmore Fete, where the Meon Valley Lions organise the whole show, was such a fantastic day. From the dog show, to racing pigs, traditional fairground attractions, over 40 stall holders, storytelling for the little ones, music all day, beer tent and of course the BBQ - what a day! And a massive thanks to the 40 helpers, without whom we just couldn't put on the show.



WINDSOR LIONS BACK IN THE SADDLE

Windsor Lions' popular Cross Country Horse Ride in Windsor Great Park will take place on the weekend of Friday and Saturday 9 and 10 September. Sadly the event was cancelled last year due to the health of our much-loved Queen, but such is the popularity of the ride that entries have already closed: the weekend is fully booked with more than 750 riders.

The ride, in its fifth decade, allows riders of all ages and mixed abilities to enjoy the nine mile course around beautiful parkland.

Event organiser Lion Richard Vaughan says: "We are so pleased to welcome riders back and even more so as we have a number of new and exciting jumps to be tried. The event takes place with the kind permission of the authorities in Windsor Great Park for which we are always very grateful. All the entry fees and sponsorship moneys from our riders and generous commercial sponsor, the Shanley Foundation, provides funding for the work the Windsor Lions do in the community such as the Prostate Cancer Screening event earlier this year and the Santa Sleigh which will be back on the streets in December."



A graphic for the Lions District 105SC Convention 2024. The background is a desert landscape with a cactus and a "WANTED" sign. The text reads: "District 105SC", "Convention 2024", "8th - 10th March 2024", "The Wild West", "DoubleTree by Hilton Swindon". A photo of a man is shown on the "WANTED" sign with a "REWARD £5000" label.

“Facts can exist without human intelligence, truth cannot.” - Toni Morrison

All ducks in a line for Swanwick and Eastleigh Lions



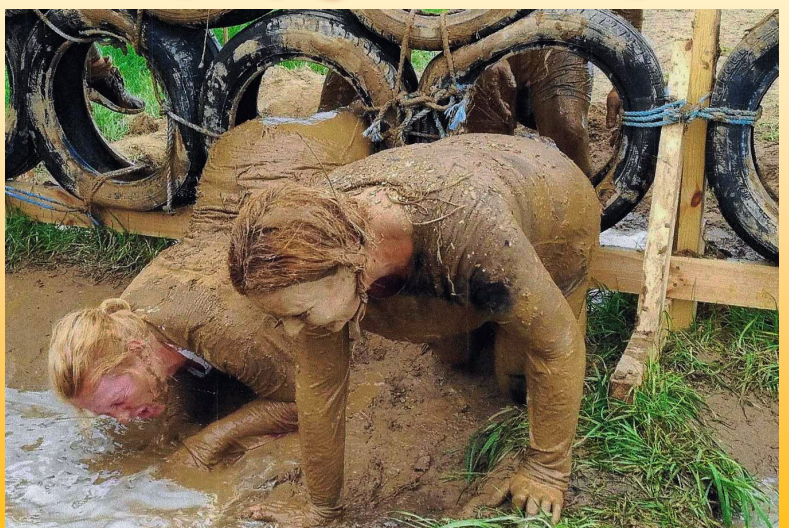
Swanwick and Eastleigh Lions held their 34th Annual Duck Race on Bank Holiday Monday. It was a hugely successful event again this year with all 2,500 tickets being sold out long before the ducks came under starter's orders. The course wasn't straightforward this year as several trees had been brought down during the storms earlier in the year and would cause hazards for the ducks to negotiate. Thankfully members of a local canoe club were on hand to help the ducks from getting lost in the undergrowth.

“This is a great event for us and our partners at Swanwick, since it would be too much for one Club.” says Eastleigh's Lion Charles Lewry. The course is just over a kilometre and the fastest duck completed it in around three quarters of an hour.“

The great Bank Holiday weather meant the riverside was crowded with hundreds of excited spectators and the highlight is always the communal countdown to the dropping into the river of the 2,500 ducks when the river literally turns yellow..

Jersey Lions revel in Mud, glorious Mud!

The Jersey Lions held their fifth Muddy Fun Run on Saturday 26 August. Almost 500 participants slithered, scrambled and even tried to swim over parts of the 3.2 km course with its 21 obstacles. The event started at 10.00 am (just after a heavy rain shower) and the last participants emerged at around 3.00 pm. Altogether the event raised circa £7,500 and was generously sponsored by Dandara Jersey who not only covered all the setting up costs but also provided a crew to help assemble the obstacles.



“They tried to bury me. They didn’t realise I was a seed.” - Sinead O’Connor

Warminster Lions’ pride at the inaugural Warminster Book Festival

After a year of planning, Warminster Lions Club staged a highly successful first-time Book Festival.

In two days in late July, more than a thousand members of the public had opportunities to chat with local authors, learn about talking books for the blind and purchase works from the Warminster Lions Bookshop, and many other dealers and retailers.

There were many events and activities for young people and these included craft, illustration and poetry competitions. Adults were involved with illustration and compiling 500 word short stories. Book token prizes for children and adult competitions were donated by the Warminster Lions Club.



Advertising banners in the town and social media have raised the profile of Warminster Lions which was further enhanced by the great interaction with the public on both days. To quote one visitor to the Festival: “I’ve known about Lions all my life but never really understood how much they do until today.”

Warminster Lions aim to repeat this venture in two years’ time.



Jersey Lions-supported project opens after £3.8 million refurbishment

In the mid-1960s, not long after their own Charter, the Lions Club of Jersey adopted a small guest house who owner had adapted it to cater for people with disabilities. By its 50th anniversary that guest house had grown to Maison des Landes, a hotel catering for 50 guests, all people with disabilities and their carers. Also by that time it had also become a charitable trust in its own right with the eight Trustees (who are all Lions and actually own the hotel) being appointed by the President of the Jersey Lions Club.

Late in 2019, with Covid causing daily cancellations for the 2020 season, the Trustees decided to close the hotel and have the premises refurbished. The cost of the project has been £3.85 million, all of which has been raised by the Trustees.

The refurbishment was completed in March this year and with entirely new staff, the hotel re-opened late in June.

Having been closed for almost three years, it will take time for the hotel to rebuild its clientele but a new Community Hub now incorporated in the complex and offering respite holidays to local carers, the Trustees believe that the hotel’s public areas and 23 guest rooms will be in almost constant use.



Sentinel's eye on...

The Events Calendar

Club events for the next three months and updated month by month are listed here

Club Events: September, October and November 2023

- ◆ **ALTON** - Second Saturday of the month, **Lions Craft Markets**
- ◆ **BASINGSTOKE** - Friday 29 September, **Macmillan Coffee Morning**; Saturday 30 September, **Charity Race Night**; Monday to Sunday 9 to 15 October, **Specs Collection**; Thursday 12 October, **World Sight Day**
- ◆ **BRADFORD ON AVON** - Sunday 17 September, **Family Fun Run and 5k Race**; Saturday 7 October, **Comedy Evening**; Sunday 5 November, **Charter Anniversary Lunch**
- ◆ **CHIPPENHAM** - Saturday 14 October, **Slightly Blue Concert**
- ◆ **DEVIZES** - Saturday 14 October, **Lions Arts Coaching Day**
- ◆ **JERSEY** - Wednesday 4 October, **Opening of the Lions Community Hub at Maison des Landes**
- ◆ **ROMSEY & WATERSIDE** - Wednesday 13 September, **Club Business Meeting**; Saturday 16 September, **Bookstall in Romsey Cornmarket**
- ◆ **WESTBURY** - Sunday 3 September, **Vehicle Show**
- ◆ **WINDSOR** - Saturday and Sunday 9 and 10 September, **Lions Cross-Country Horse Ride**; Sunday 29 October, **Swimathon**

Webpage - www.lions105sc.org.uk/events

District Diary - Finance Committee Meeting

- ◆ **Sunday 8 October via Zoom**



What could you Club do to support families and those affected by cancer through your service activities?

There are many affiliated charities that assist the Health Service such as "Make a Duck Foundation", "Beads of Courage", "Sophie's Legacy" and the "Teenage Cancer Trust".

Please contact me for more information.

Lion Paula Thorpe
District Childhood Cancer
Awareness Officer 105SC

pmthorpe60@gmail.com

LIONS WIT

**A Lion pinned a Rolex to a post just outside the house.
It's the neighbourhood watch.**



OLD MONARCH

The Editor has the last word...

It's said that the older you get, the faster time flies. I am still trying to work out where August went. When I was a fulltime newspaperman August was always known as the 'silly season' as the local media scrabbled for stories while most of those who usually made the news went on holiday.

As you will see from this edition, for Lions there has been no 'silly season' and Clubs are as active as ever, although my own Club managed to convince 450 people, aged from seven to seventy, to get really silly and cover themselves with mud.

And just to remind me how time flies, there's even a reminder that we should start thinking about next year's District Convention. I just hope it doesn't come round too soon.

Lion Peter Tabb



**Lions
tail...**



Overheard at the Fleet Lions Beerfest

Please send all articles and pictures for publication in the
DISTRICT 105SC SENTINEL
to the Editor, Lion Peter Tabb, email : news@lions105sc.org.uk
ideally at least a week before the end of the month